

OFFICIAL TOURIST GUIDE 2026-2027

ENGLISH

Bonjour / Montreal

Biosphère, one of the
5 Espace pour la vie museums

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Montréal 1976



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Montréal 1976

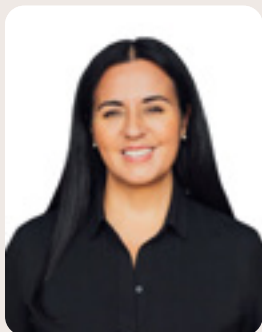


Anniversary

**Montréal
Olympique™**

The 50th anniversary celebrations
of the Olympic Games Montreal 1976

Bonjour!



Welcome to Montréal, the French-speaking metropolis of the Americas!

With its blend of European and North American influences, Montréal shines as brightly under the summer sun as it does in the winter snow. This city has an incomparable energy and an atmosphere that is both lively and relaxed. Its historical heritage coexists with its cosmopolitan neighbourhoods, which rival a dynamic and modern downtown: a mosaic worthy of a UNESCO City of Design.

The vibrant artistic life of Québec's cultural capital is a testament to Montréal's creativity and takes particular shape in the bustling Quartier des Spectacles.

Well known for its world-renowned events, such as the Festival International de Jazz de Montréal, the Francos de Montréal, and Montréal en Lumière, this city sparkles with a thousand lights throughout its territory. In every neighbourhood, cultural centres and libraries offer unique programming, in addition to the MEM, Montréal's Centre des mémoires montréalaises, and a multitude of museums, each as fascinating as the next.

Legendary parks such as Mount Royal, Jean-Drapeau, and La Fontaine are favourite spots for enjoying a moment of calm in the heart of the urban wilderness or attending exciting cultural or sporting events.

Make the most of your stay by exploring Montréal's renowned food scene, from MICHELIN-starred restaurants to cozy neighbourhood bistros. The city's trademark diversity comes alive through its restaurants, each offering a flavour of Montréal's open and festive spirit.

Montréal is a city on a human scale, nestled between the river and the mountains, that is a pleasure to visit and revisit. We are delighted to welcome you and wish you a memorable stay!

A handwritten signature in black ink, reading "Soraya Ferrada".

Soraya Martinez Ferrada
Mayor of Montréal



Welcome to Montréal!

Get ready to explore a lively and welcoming city, where culture, gastronomy and a distinctive *art de vivre* come together to offer you an unforgettable experience.

Rich in history and diversity, Montréal reveals itself through its streets and neighbourhoods. Old Montréal charms with its heritage and cobblestone lanes, while downtown stands out for its energy, skyline and lively shopping streets. The city shines on the international stage as a preferred host for major gatherings, artistic festivals, business conventions and large-scale sporting events.

In 2026, Montréal celebrates two milestone anniversaries: the 50th of the 1976 Summer Olympic Games, as well as the 150th of Mount Royal Park, a city landmark that offers exceptional panoramic views of the metropolis.

We wish you a most inspiring stay and invite you to visit our Tourist Information Office for advice and recommendations to help you make the most of your time with us.

Sincerely,

Yves Lalumière
President and CEO
Tourisme Montréal

Answer a short survey and you could win
a \$500 prepaid credit card!
See survey on page 7

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MONTREAL**

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

Social media

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in the city and share your best
#MTLmoments.

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Legend

-  Companion Leisure Card (CAL)
-  Family activity
-  Free admission
-  Metro station
-  Passeport MTL
-  Partial access for persons with disabilities
-  Parking
-  Permanent Tourist Information Office
-  Restaurant on site
-  Total access for persons with disabilities
-  Wi-Fi



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We value your opinion



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MONTRÉAL**



Welcome to Montréal



Experience Montréal's unique
vibe and discover how its
seasons, festivals, good food and
joie de vivre come together to
create truly magical moments.

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to experience the city

Portrait of Montréal /

Montréal is an exciting urban centre with countless things to see and do. In this vibrant and welcoming city, there's always something fun and creative happening.

Tiohtià:ke, the Montréal of the First Nations

Its name comes from its key position in the St. Lawrence River. The island of Montréal was once a strategic trading hub for First Nations peoples, particularly the Atikamekw to the north, the Anishinaabeg (Algonquins) to the west, and the Kanien'kehá:ka (Mohawks) from the Haudenosaunee Confederacy to the south. With the present-day communities of Kahnawá:ke on the South Shore and the Kanehsatà:ke territory near Oka, the Kanien'kehá:ka are the First Nations people most closely linked to the island of Montréal, which they called Tiohtià:ke. The first French colonists were soon followed by the English, Scottish and Irish, then by myriad peoples from around the globe who came to settle on the lush land at the foot of Mount Royal.

Proud of its roots, with its eyes on the future

Today with more than 4 million inhabitants and no less than 120 different nationalities, Montréal boasts a rich and vibrant cultural fabric. The second-largest Francophone city in the world after Paris, Montréal has rightly earned its title as a cosmopolitan metropolis. A world leader in many sectors—from aerospace to information technologies, biotechnologies to video games—the city has also been garnering attention for its innovation in medicine, multimedia, arts and major cultural events. Thanks to its avant-garde outlook, it was named a UNESCO City of Design in 2006.



**Did you
know?**

The 2025 GDS-Index rankings named Montréal as the number one city in North America for sustainable tourism, and also ranked Tourisme Montréal second worldwide for destination management in the metropolis category.

Global Destinations Sustainability Index, 2025



Nature, culture and good food

Season after season, Montréal satisfies millions of visitors' cravings for culture, nature and excitement. Not only is Montréal recognized for its world-class culinary scene, but its wildly creative artisans and artists continue to bring crowds to its concert halls, designer ateliers, art galleries and pretty boutiques.

A warm and friendly city

Life is good in Montréal, every day of the week. Soak it up with a leisurely stroll along its lively streets and in its vast parks or explore the underground pedestrian network. To get a feel for the city, stop off in its colourful neighbourhoods, where markets, businesses and restaurants are buzzing with locals. Friendly and quite often multilingual, Montrealers easily strike up conversations. And it's this innate sense of warmth and hospitality that has made the city renowned as an exhilarating festival destination. Charming, multifaceted and relaxed—is it any wonder so many people fall in love with Montréal?



Did you know?

Skyscrapers must not be taller than Mount Royal on the island of Montréal.



Tourisme
Kahnawà:ke
Tourism

Visit the **MOHAWK TERRITORY OF KAHNAWÀ:KE**

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**In Montréal,
we love visitors
and we love...**

**when they
discover
our local
businesses.**



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LOCAL**



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Moments in history



The oldest trace of Indigenous occupation in the area of Old Montréal dates back at least 4,000 years.

Between 1000 and 1535

Several First Nations populated the territory. The island, now known as Montréal, was inhabited by the Anishinaabeg (Algonquins), the Wendats (Hurons), and the Kanien'kehá:ka (Mohawks) at least 1,000 years before the arrival of Europeans.

1535

While exploring the St. Lawrence River, Jacques Cartier discovers an island where cornfields border a village called Hochelaga. Members of the First Nations lead Cartier to the summit of a mountain that he names "Mont Royal," the origin of the name "Montréal."



1611

On the island, Champlain clears a tract of land that he names "Place Royale," site of the present-day Pointe-à-Callière Archaeology and History Complex. It is here that Montréal is founded in 1642.

1642

Paul de Chomedey, Sieur de Maisonneuve, and Jeanne Mance found Ville-Marie. However, the settlement gradually becomes known as Montréal and nearly 25 years after its founding, the colony begins to prosper as a military and trading centre.

1701

At Pointe-à-Callière, more than 30 Indigenous nations sign a peace treaty—The Great Peace of Montréal—with the governor of New France, putting an end to the conflicts between the French and the Indigenous Peoples.

1760

War rages on the continent and Montréal falls into the hands of the British. New France, with 60,000 colonists, is officially ceded to Great Britain.

1840 to 1930

Canada's Anglophone upper class, representing 70% of the country's wealth at the time, moves into downtown's Golden Square Mile, establishing cultural institutions, elegant stores, mansions and monuments that stretch from McGill University to west of the Montreal Museum of Fine Arts.

1867

Canada becomes a nation with the Dominion of Canada, uniting the British North American colonies and the Province of Canada (Ontario and Québec) through the Confederation Declaration in Charlottetown on July 1, 1867, now celebrated as Canada Day.

1930s

During the Great Depression, manufacturing output is halved and over a quarter of workers lose their jobs. Re-elected in 1930, Mayor Camillien Houde offers financial assistance to the unemployed and launches major public works, including the Jardin botanique de Montréal, chalets in Mount Royal Park and Parc La Fontaine, viaducts and other infrastructure projects.

1945

The French-speaking community of Montréal starts to make its mark in the arts, sciences and business in a movement that will culminate in the Quiet Revolution, a transformation of Québec society throughout the 1960s. Montréal opens to the world.



1967

From April 27 to October 29, the world came to Montréal for Expo 67, the Universal and International Exhibition, which was the highlight of Canada's centennial celebrations in 1967. Expo 67 was considered the most successful World's Fair of the 20th century, with over 50 million attendees and 62 countries participating.



1976

Montréal hosts the XXI Olympiad from July 17 to August 1, with over 6,000 athletes from 92 nations. Montréal was the first, and remains the only, Canadian city to have ever hosted the Summer Olympics.

1980s

Montréal's festival scene sees explosive growth with the founding of the Festival International de Jazz de Montréal, Just For Laughs and Les FrancoFolies.

1992

Montréal celebrates the 350th anniversary of its founding with festivities that run from May until October, leaving legacies such as the Pointe-à-Callière Archaeology and History Complex and the Montréal Biodôme.

2006

Montréal is officially designated a UNESCO City of Design, joining the UNESCO Creative Cities Network.



2017

In 2017, Montréal celebrates its 375th anniversary, leaving legacies like a new flag for the city and the illuminated Jacques Cartier Bridge.

Montréal today

Welcoming and festive, Montréal is constantly reinventing itself. Its creativity and unique culture continue to inspire both locals and visitors alike.

Montréal's communities

Here's a trip through history that gives a peek at some of Montréal's main communities.

When Montrealers talk about the Main, they're talking about Saint-Laurent Boulevard, the city's main north-south thoroughfare (and shopping mecca) that divides the city into east and west. The Main is a street rich in history, and through the years, it's been home to many of the cultures that give Montréal its unique personality.

JEAN-TALON STREET

The Greeks

Montréal first welcomed immigrants from Greece around the end of the 19th century. Many opened businesses and restaurants in various areas of the city, including in Mile End, off the Main.

The Jews

Jews from Eastern Europe began to arrive in Montréal at the turn of the 20th century, while many more also arrived from Sephardic countries by the 1950s. Jewish culture is at the heart of the Main.

DU MONT-ROYAL AVENUE

The Irish

Montréal's St. Patrick's Day parade is the oldest in Canada and—technically—the oldest continuously held in North America (every March since 1824). Immigration began in 1815, and by 1900, they formed the second largest cultural group in the city.

Mile End

The Scottish

Street names in the city's Golden Square Mile are a veritable who's-who of Scottish families responsible for the city's boom years, from 1840 to 1930.



SHERBROOKE STREET

The English

Montréal surrendered to British forces in 1760 during the Seven Years' War. Residents of British origin were the majority in the city around 1831, due to large-scale immigration.

The First Nations

Because of its position in the St. Lawrence River—where the Main begins, and after which it's named—Montréal was a place where First Nations had been coming together for millennia.

NOTRE-DAME STREET

South

North

Villeray

The Haitians

The small Haitian community of 500 in 1967 grew so quickly that by 1978, Haiti was the country with the largest immigrant population in Montréal: 14.7% of all immigrants that year. The influx continues, especially after the country's devastating earthquake of 2010.

Little Italy

The Italians

On the northern stretch of the Main, Little Italy is still the heart of Italian culture. The first Italian immigrants came in the 19th century, and in 1971, Italian was Montréal's third most-spoken language.

The Latin Americans

The end of the 1950s marked the first boom in Latin American immigration to Montréal, featuring mainly students and skilled workers who set down roots in a variety of neighbourhoods, including Villeray, adjacent to the Main.

Saint-Laurent Boulevard



The Portuguese

Portuguese immigrants began arriving in the 1950s and settled around the lower Plateau section of the Main, where you can still find many famous restaurants today.

Plateau-Mont-Royal

From the Middle East

Middle Eastern immigration to Montréal started at the end of the 19th century, leading to the formation of Little Syria, then located on the Main. In the last three decades, many more Arab immigrants have put down roots in Montréal.

The Eastern Europeans

Immigrants from Eastern Europe began joining in the Montréal workforce in the 19th century, but the influx really picked up after the Second World War. They established themselves in various areas, including the lower Main.

Downtown

The Chinese

Go up the Main from the Old Port, and you'll hit Chinatown. In 1825, the Census listed only one single Montrealer of Chinese descent! By the early 20th century, there were over a thousand.

The French

Montréal was founded in 1642 by the French. In the 19th century, French Canadians in search of work poured into the city from rural areas. By 1865, Francophones made up most of the city's population.

Old Montréal



Montréal's iconic landmarks

Discover the soul of Montréal through its iconic landmarks. These unique places tell the story of the history, culture and heritage of the city, and give a fascinating peek into its evolution.

Colour in the bookmark icon if you've visited the landmark.

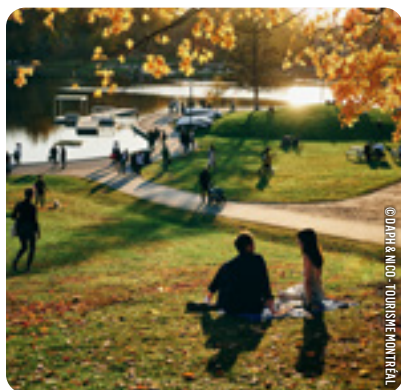


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Downtown

The Ring

The Ring is an art installation suspended above the entrance to Esplanade PVM at Place Ville Marie that symbolizes Montréal's resilience and vibrant character. Inaugurated in 2022, it offers a spectacular view, symbolically linking historic sites of the city, and is illuminated nightly.

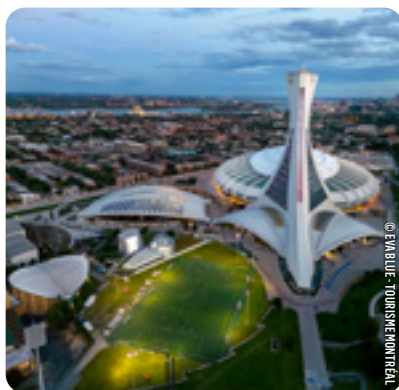


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Mount Royal, Outremont and Westmount

Mount Royal

Mount Royal, or “the mountain” as locals call it, is the lungs of the city. From the famous cross at its summit to the green slopes at its foot, this beautiful park offers four-season activities ranging from summer walking to winter skating as well as panoramic city vistas.



© EVA BLUE - TOURISME MONTRÉAL

Olympic District and Hochelaga

The Olympic Stadium

The Olympic Stadium, which was built for the 1976 Summer Olympics, is an international Montréal monument. It is host to a wide range of activities, from concerts to sports games, and is an architectural icon of the city.





Parc Jean-Drapeau

The Jacques Cartier Bridge

Inaugurated in 1931, the Jacques Cartier Bridge has become an emblematic city structure. In 2017, it became the world's first "connected" bridge when it was equipped with an LED lighting system that pulses to Montréal's energy and seasons.



Pôle des Rapides

Farine Five Roses

The famous Farine Five Roses sign is an integral part of Montréal's urban landscape. Towering over the city's Old Port, it adds a unique element to the panoramic views you can enjoy from lookout points across the metropolis.



Mount Royal, Outremont and Westmount

Saint Joseph's Oratory

Saint Joseph's Oratory is Canada's biggest church, attracting millions of pilgrims each year. It was founded by Brother André in 1904 and is celebrated for its majestic dome and magnificent organs.



Old Montréal and Old Port

Bonjour, Montréal

The *Bonjour, Montréal* structure on the Grand Quay of the Port of Montreal is a fitting reflection of the city's warm welcome. Bright red on one side, mirrored on the other, it offers an arresting view of downtown and has become a popular meeting point.

Montréal musts for first-time visitors

To simplify your initial Montréal visit, we've compiled a list of crowd-pleasing to-dos and attractions that promise to give you a sense of the city. In no particular order, here are a few absolute must-sees.



Play by the water in the Old Port

Enjoy the mighty St. Lawrence River from the shores of the Old Port, where you can explore the Grand Quay terminal, the scenic boardwalk and activity-packed piers. Enjoy exhibitions at the Montréal Science Centre, attend a show by the Cirque du Soleil under its famous big top, ride the zip line, take a river cruise and relax on the beach in summer. In winter, don't miss Igloofest, where you can dance under the stars to electronic music. Day or night, year-round, view the entire city from the observation wheel, La Grande Roue de Montréal.

Head back in time in Old Montréal

See how the city first began along the cobblestone streets of Old Montréal, with architecture dating back as far as 1685. Watch street performers from a terrace at historic Place Jacques-Cartier before you stop by Notre-Dame Basilica for the stained glass art and, by night, the incredible multimedia creation AURA.

Roam from the river to the mountain

Starting at the Pointe-à-Callière Archaeology and History Complex in Old Montréal, enjoy a river-to-mountain walk featuring spacious sidewalks, greenery, rest stops and public art. Stroll northward to the foot of Mount Royal, "the mountain" in local parlance. Its park was designed by Frederick Law Olmsted of Central Park fame. Give yourself a breezy two hours to reach the lookout at the top, alone or with a guided tour. Nearby, visit one of the most popular Catholic pilgrimage sites in the world, Saint Joseph's Oratory. It's a Montréal masterpiece and home to a magnificent Rudolf von Beckerath organ, ranked among the 10 most prestigious in the world. Ride the metro to Côte-des-Neiges station and then climb the famous staircase to the oratory.



Shop along Sainte-Catherine Street

As one of the longest commercial strips in Canada, Sainte-Catherine Street is the perfect place for retail therapy. You'll find street-level shops, a handful of great malls, styles ranging from streetwear to formal wear and international fashion mainstays – and don't miss the local, only-here retailers and pop-up shops.

Bite into iconic Montréal cuisine

To truly taste Montréal, sink your teeth into a juicy smoked meat sandwich, taste our unique wood-fired bagels, sample our notorious poutine and quench your thirst with a locally brewed beer. To explore the full range of regional products, head to one of the city's public markets. Jean-Talon Market, located in the heart of Little Italy, is the largest and most culturally diverse, while the Art Deco style Atwater Market is located beside the picturesque Lachine Canal.

Get a dose of local culture

Start by picking up a Passeport MTL to explore museums and galleries aplenty. Next, a public art tour is sure to wow, before you browse through show listings and buy tickets for dance, theatre, opera and circus performances, film screenings and concerts. For what's sure to be a memorable night out, settle into one of Montréal's many live music venues.

Discover Montréal's "underground"

Montréal contains a vast network of pedestrian walkways—33 km (20 miles) of connecting passageways, to be exact—below street level. Particularly popular in the winter, this network—officially called the RESO ("network" *en français*), but known as the "Underground City"—connects offices, trains, restaurants, the city's convention centre, major hotels and a handful of shopping malls!

Reach a new Plateau

The colourful spiral staircases typical of the Plateau-Mont-Royal neighbourhood make for an iconic image of Montréal. Meet the predominantly French-speaking community of artists, students and professionals, with a healthy dose of other cultures and languages. Stroll along Du Mont-Royal Avenue, and, if it's a sunny day, do as the locals do and grab a picnic to enjoy in peaceful Parc La Fontaine.

Go east for a feast of attractions

Montréal's east side neighbourhood of Hochelaga-Maisonneuve is home to the Olympic Stadium. Also in the neighbourhood are four of the five internationally-lauded Espace pour la vie museums, which include the Jardin botanique de Montréal and the Insectarium, the Planétarium and the Biodôme.

Which Montréal neighbourhood are you?



Montréal has got a neighbourhood for everything and everyone, whether you love shopping, strolling, exploring vast parks or living it up in clubs. But which neighbourhood is the most YOU? Take our quiz and find out.



1. You've set aside an hour for shopping. What catches your eye?

- A. A tailored item from a luxury department store. It's all about the brand.
- B. A single, perfect, elegant piece of art from a gallery.
- C. A 1970s vinyl record, a bag of vintage clothes and a book of obscure poetry.
- D. A frankly unreasonable amount of cheese and a cannoli. What do you mean 'that's not shopping'?
- E. A screen print from a "struggling artist" who's probably more successful than I am.



2. Your stomach is rumbling and it's time to grab a bite. What are you craving?

- A. At least 20 different fancy options in a high-end food hall.
- B. A romantic meal in a 100-year-old building. With French wine.
- C. Probably just a bagel or a bag of artisan chips and a locally brewed beer.
- D. Something I can cook myself after shopping for 3 hours at the farmers' market.
- E. The star dish at that hot new restaurant everyone's talking about.



Did you know?

Montréal is home to about 450 green alleys. These charming spaces aren't just for a stroll—they're hubs for socializing, safe play areas for kids, and help improve air quality. They also reduce heat islands and help abate traffic. Perfect for a peaceful stroll to soak up the local vibe!



3. You're trying to plan a fun day for the family. What's your playbook?

- A. A major museum, a street festival, and a mall. We'll sleep when we're home.
- B. A ghost walk! Or a boat tour! Or a zipline! An adventure is in store.
- C. Low-key, local experiences. We'll grab pastries, browse a cool bookshop and just soak up the vibe.
- D. Food. We'll hit the market, go to a park and have a 3-hour picnic as we watch the bocce players.
- E. Burning off energy. We'll rent bikes and ride the entire canal, then enjoy a well-deserved snack.



4. Your ideal night out on the town looks like...

- A. Cocktails at a sleek rooftop bar on the 40th floor before a main-stage show at a festival.
- B. A quiet, sophisticated drink at a hidden bar. I want to talk to my date, not yell over a DJ.
- C. Seeing an avant-garde band in someone's loft, then heading to a beloved dive bar.
- D. A 4-hour dinner with 15 of my closest friends.
- E. Cheering with the locals watching a game or taking part in a quiz night at a pub.



5. Your version of "getting some fresh air" is...

- A. Standing in a crowd of 15,000 people for a free outdoor festival.
- B. A romantic stroll, hand in hand, stopping every 10 feet to take a golden hour pic.
- C. Sitting in a park with a new book, quietly people-watching.
- D. A high-stakes game of dominos in the park, followed by an espresso at a nearby café.
- E. Taking a stroll along the canal, grabbing some snacks and watching a stunning sunset.

MOSTLY A.S: DOWNTOWN
You're so "downtown": you love that endless entertainment and a vibe that never sleeps. You're in the perfect place.

MOSTLY B.S: OLD MONTRÉAL
A little classic, a lot innovative: you're an Old Montréal type. There's something to discover around every historic corner.

MOSTLY C.S:
Plateau-Mont-Royal and Mile End
You're Plateau-Mont-Royal and Mile End through and through. Community initiatives and the next wave of cool are your jam.

MOSTLY D.S: Little Italy and Villieray
Euro-foodies, unite! You're a Little Italy and Villieray type. Take a bite out of a neighbourhood rich with heritage and flavour.

MOSTLY E.S: Quarters du Canal
You're a Quarters du Canal person all the way. You love a waterfront stroll, especially when it leads to something mind-blowing.

Pick your itinerary

Montréal's got something for everyone.

So here's a helping hand: we've compiled some essential to-do lists to tailor your perfect trip. Get ticking — and feel free to mix and match!



The adventurer

- ☐ Hike up Mount Royal with Les Amis de la montagne
- ☐ Rent a kayak with H2O Adventures and hit the Lachine Canal
- ☐ Take the leap at Montréal Bungee
- ☐ Grab a picnic lunch at Le P'tit Dep
- ☐ Surf off the shores of the St. Lawrence with KSF
- ☐ Join in the skateboarding at the Olympic Stadium
- ☐ Try the rock climbing wall at Parc Jean-Drapeau
- ☐ Shop for gear at Centre Eaton de Montréal
- ☐ Recover with a killer massage at Spa Scandinave
- ☐ Refuel and rehydrate with a feast at Club Chasse et Pêche



The family tripper

- ☐ Learn and play at the Montréal Science Centre
- ☐ Get spills and chills at La Ronde
- ☐ Find food the whole fam will love at Time Out Market
- ☐ Take a ride on La Grande Roue de Montréal
- ☐ Get immersed in light and colour at Oasis Immersion
- ☐ Discover the critters at the Biodôme
- ☐ Lose yourself at SOS Labyrinthe
- ☐ Do an art workshop at the Montreal Museum of Fine Arts
- ☐ Chow down on a hearty poutine at La Banquise
- ☐ Catch a circus show at TOHU



The music lover

- ☐ Wake up to a jazz brunch at Modavie
- ☐ Dance in the park at Pknic Électronik
- ☐ Soak up the free entertainment at the Jazz Fest
- ☐ Watch great new live acts at PHI
- ☐ Hear the latest in electronic music at MUTEK
- ☐ Let sounds and projections wash over you at the SAT's immersive Satosphere
- ☐ Clink glasses at Bazarette before a show at the Bell Centre
- ☐ Discover the next generation of hit makers at one of the city's music festivals
- ☐ Catch dinner and a show (before trying your luck) at Cabaret du Casino
- ☐ Party the night away at New City Gas



The history buff

- ☐ Get a coffee at the architecturally stunning Crew Collective & Café
- ☐ Take a walking tour of Old Montréal with one of the city's awesome accredited tour guides
- ☐ Enjoy the *AURA* show at the Notre-Dame Basilica
- ☐ Explore the city's past at the McCord Stewart Museum
- ☐ Slurp oysters at the Art Deco restaurant Le 9°
- ☐ Shop for history-in-the-making objets d'art at La Guilde
- ☐ Experience life in the 18th century at Château Ramezay
- ☐ Stroll through Mount Royal Park, designed by Frederick Law Olmsted
- ☐ Tuck into osso buco at the city's oldest restaurant, Auberge Saint-Gabriel
- ☐ Clink glasses to the view of the city from the Terrasse William Gray



The foodie

- ☐ Pick up some legendary bagels at St-Viateur Bagel or Fairmount Bagel
- ☐ Explore the city's independent cafés like Café Saint-Henri
- ☐ Take a guided tour of fine alcohol maker Distillerie de Montréal
- ☐ Brunch at the charming Olive et Gourmando bakery
- ☐ Master new kitchen techniques with a workshop at Atelier & Saveurs
- ☐ Chill with a massage and light lunch at Bota Bota, spa-sur-l'eau
- ☐ Savour a stellar salad at Maman Montréal
- ☐ Hop from buvette to buvette, starting with Annette bar à vin
- ☐ Load up on fine pastries at Pâtisserie Mélilot
- ☐ Enjoy steak tartare at Foiegwa before sidling over to Atwater Cocktail Club



Itineraries

Set off on an adventure!

Scan the QR code to learn more.



Four seasons, four ways to experience the city



Shining in cool weather

When the city dons its white coat, exploring is that much more enchanting. Whether you want to dance in fluorescent 90s snow gear in the city centre (there's a festival for that) or soak up the seasonal magic while enjoying a hot chocolate with extra marshmallows at the Great Christmas Market, once you're all wrapped up warm, nothing can stop you.

You won't want to miss:

- The MONTRÉAL EN LUMIÈRE arts and lights festival
- The Esplanade Tranquille skating rink
- Cross-country skiing or snowshoeing on Mount Royal (rentals available)
- A Montréal Canadiens hockey match at the Bell Centre
- The city's countless museums

Make sure to pack:

- A retro tuque with an oversize pompom
- Nice warm boots
- Your camera (aka your phone)
- Your charger
- Your curiosity

Once upon a time...

Between 1944 and 1979, Mount Royal was home to a small urban ski resort that allowed ski enthusiasts to hit the slopes without even leaving the city.

Springing into adventure

Even winter lovers still eagerly await the first buds and the opening of the city's legions of terraces. Discover the city by visiting the magnificent Jardin botanique (botanical gardens), and why not get there by BIXI, our famous bike-share system? In spring, there's no shortage of events, from the Art Souterrain contemporary art festival to the MURAL public art festival. Here, beauty surrounds you wall to wall.

You won't want to miss:

- A Cirque du Soleil performance under the big top
- MUTEK, the festival of digital creativity and electronic music
- A drink or two at the Casino de Montréal's Le Jardin terrace
- A mini-golf game at Mini-Golf Montreal
- The Blue Metropolis International Literary Festival

Make sure to pack:

- Your favourite sweater
- Comfortable walking shoes
- Sunglasses
- A reusable water bottle
- Some childlike wonder

Once upon a time...

Created in Montréal in 2009, BIXI has become a global success in bike sharing models, inspiring major cities such as New York, London, Chicago and Toronto. Here, the service is even available year-round.





Savouring summertime explorations

Ah... summertime. Montréal bursts with energy during the summer months with its many festivals and famously overactive nightlife. Every occasion is a good excuse to play outside, grab a bite to eat at a food truck, or bask in the sun in the city's beautiful green spaces.

You won't want to miss:

- The International des Feux Loto-Québec fireworks competition
- The National Bank Open presented by Rogers tennis tournament
- The Festival International de Jazz de Montréal
- The beautiful Jean-Doré beach
- The Osheaga music festival

Make sure to pack:

- Your swimsuit
- Sunscreen
- Comfortable sandals
- Your favourite hat
- A thirst for adventure

Once upon a time...

Founded in 1987, the Festival International Nuits d'Afrique has become a summer staple. More than 700 artists from some 30 countries perform in venues and on free outdoor stages.

Celebrating colourful fall

It's so easy to fall for the city in autumn. With cooler weather on the horizon and colours that dazzle everywhere you look, it's magical. Whether you're visiting the city's various public markets or indulging in a decadent feast at a neighbourhood restaurant, you're in for a flavourful stay.

You won't want to miss:

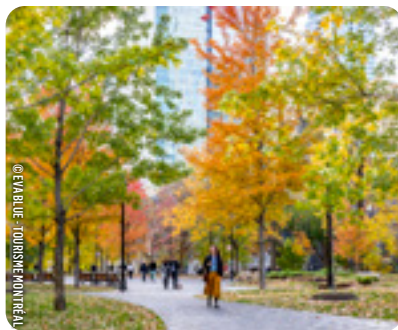
- The UCI Road World Championships Montréal 2026 cycling competition
- Royalmount, a huge luxury mall
- The POP Montréal music festival
- A snack from La Fabrique de Bagel Montréal
- An adventure in SOS Labyrinthe

Make sure to pack:

- Waterproof walking shoes
- An umbrella
- Your nicest scarf
- A windbreaker
- Your appetite

Once upon a time...

Since 2008, the Ville de Montréal has been gathering fallen leaves for compost to maintain its green spaces. We love it!



Did you know?

There are nearly 1,500 parks in Montréal's boroughs, covering an area of over 6,000 hectares.



General information



Discover Montréal, a city full of life and diversity. Check out these practical tips to make the most of your stay.

30 Tourist information
31 Practical information
32 Transport

37 Québec tourism regions
38 Public transit
39 Metro map

Tourist information /

Montréal

mtl.org | info@mtl.org

Montréal Tourist Information Office

174 Notre-Dame Street East
☒ Champ-de-Mars



Tourism information
about Montréal. Tourist
bus and transit fares
and Passeport MTL.

Neighbourhood Hospitality Network

Hospitality teams wander
through Place des Festivals,
Plateau-Mont-Royal, and
Old Montréal from June 1
to September 30. Look out
for the team wearing red
T-shirts with the “Bonjour”
logo. Schedules depend
on the weather.

Québec regions

514 873-2015 | 1 877 BONJOUR
(1 877 266-5687)
bonjourquebec.com

Montréal Infotourist Centre

Le Repaire – Pavillon de l'esplanade
Tranquille | 1442 Clark Street
☒ Saint-Laurent, Place-des-arts



Tourist information on all
regions of Québec from
May 1 to August 30.

Indigenous tourism

Kahnawà:ke Tourism Welcome Center

Ad p. 12

1 River Road, Kahnawà:ke
450 635-2929
kahnawaketourism.com

Indigenous Tourism Québec

indigenisquebec.com
info@tourismeautochtone.com



Accommodation

Discover where to stay and relax in the neighbourhood
before heading back out to explore.

Scan the QR code to learn more.



Practical information /

Access to wireless Internet

ZAP

ville.montreal.qc.ca/cartemtlwifi



Consult the network map of free Wi-Fi public access areas (in French).

City pass

The Passeport MTL

Ad p. 67

1 844 685-3544 | passeportmtl.com



Looking for fun activities at a friendly price? From museum visits to exciting adventures, make the most of your getaway with these all-in-one passes.

Cannabis

quebec.ca/cannabis

According to the law, you must be at least 21 years old to purchase or consume cannabis (be prepared to show ID if asked). The legislation also includes other measures, such as prohibiting drug use (cannabis or any other drug) in a road vehicle, on an off-road vehicle or on a bicycle.

Driving to Montréal

It's easy to get to Montréal by car: it's just 75 km (46 miles) from the U.S. border. Access to the island is via one of the major bridges—Samuel-de-Champlain, Jacques-Cartier or Victoria—or the Louis-Hippolyte-La Fontaine bridge-tunnel to head downtown. Drivers should note that Montréal is undergoing a major renaissance, with many ongoing construction and infrastructure projects; there will be orange cones and possible detours in different neighbourhoods. The best way to get around once in the city? Walk, bike, use public transit or take a taxi.

Metric system

Québec uses the metric system, so speeds are indicated in kilometres (100 km/h = 62 mph) and gas is sold in litres (1 US gallon = 3 3/4 litres).

Right turn

Although turning right on a red light is authorized across Québec (except at intersections where a sign indicates this is not permitted), rights on reds are strictly prohibited on the island of Montréal.

Cell phones

Use of a hand-held cell phone that does not have a hands-free function is prohibited while driving. Cell phones must be fixed to a mount attached to the vehicle.

Parking

There are many paid parking lots and automatic pay stations.

Mobicité

514 868-3737

agencemobilitedurable.ca

The Mobicité app allows you to pay street parking fees and to visualize the offer on a map.

Electric vehicles

There are many charging stations located around the city: lecircuitelectrique.com/en/find-a-station.

Languages courses

LaSalle College

2000 Sainte-Catherine Street West

☎ Atwater | 514 939-2006

collegelasalle.com

EC Montréal

1610 Sainte-Catherine Street West

Suite 401 | ☎ Guy-Concordia

514 939-9911 | ecenglish.com

Concordia University

1455 De Maisonneuve Blvd. West

☎ Guy-Concordia | 514 848-2424

concordia.ca

UQAM – Non-Credit Language Courses

209 Sainte-Catherine Street East

Office V-4105 | ☎ Berri-UQAM

514 987-3000 | immersion.uqam.ca

Transport /

Making a comment or conveying dissatisfaction

If you wish to comment on or are dissatisfied with the tourism services you received in Québec, please contact:

Alliance de l'industrie touristique du Québec

1 877 686-8358, option 7
info@allianceturistique.com

Canadian currency

Canadian currency is the Canadian dollar, which is divided into 100 cents. There are 5, 10, 20, 50 and 100 dollar bills. Coins include 1 and 2 dollars and the smaller 5, 10 and 25 cent pieces. Banking and credit cards are also welcome almost everywhere.

Canada Post

800 René-Lévesque Blvd. West
📧 Bonaventure | 1 866 607-6301
postescanada.ca

There are also lots of postal outlets located within other businesses, like pharmacies.

Tips

It is customary to tip restaurant waiters, taxi drivers and hairdressers 15% of the bill, before taxes. Bellhops, porters, doormen, etc., generally receive at least \$2 per suitcase or per service rendered. Coffee and food counters often have a tip cup next to the cash register; spare change is always appreciated.

Taxes

There are two applicable taxes in Québec: a federal goods and services tax (GST) of 5% and a Québec sales tax (QST) of 9.975%. A 3.5% accommodation tax is also in effect in Montréal.

Emergency

Info-Santé: 811
In case of emergency: 911
Québec Poison Control Centre:
1 800 463-5060

Airport and airlines

YUL Montréal-Trudeau International Airport

Ad on back cover

514 394-7377 | admtl.com



The airport offers full ground transportation and features five parking lots, a hotel accessible from inside the complex, five VIP lounges in the international terminal, as well as over 90 shops and restaurants. Self-service check-in is available for all flights.

MET – Montreal Metropolitan Airport

450 678-6030 | metmtl.com



Strategically located just 15 km from downtown Montreal, the Montreal Metropolitan Airport is the second largest airport in the Montreal region. With nine boarding gates on a 21,000 m² surface area able to accommodate 4 million passengers a year, and a rapid shuttle service between the terminal and downtown, the MET aims to improve the experience of travellers and citizens alike.

Air Canada

514 393-3333 | aircanada.com

Air Transat

514 636-3630 | airtransat.com

WestJet

1 888 937-8538 | westjet.com

Buses

Autobus Galland

1717 Berri Street | 📍 Berri-UQAM
450 687-8666 | galland-bus.com

Enjoy comfortable and reliable bus service with a flexible daily schedule offering a number of stops between Montréal and Mont-Laurier.

Coach Canada (Gray Line Montréal)

1255 Peel Street | 📍 Peel
514 398-9769 | grayline.com

Gray Line Montréal/Coach Canada offers a variety of guided tours of Montréal, along with day trips to Québec City or the beautiful Laurentian Mountains and Mont-Tremblant.

Gare d'autocars de Montréal

1717 Berri Street | 📍 Berri-UQAM
514 842-2281 | gamtl.com



Montréal's Bus Central Station welcomes regional, national and transborder travellers. It is the terminus for the airport shuttle.

Orléans Express

514 395-4000 | orleansexpress.com

Providing travellers with safe and reliable transport services across the Québec and Ontario region, all in a sustainable manner.

Limousines

LIMOTOUR – Phénix Limousine

514 875-8715 | limotour.net



Limousines, minibuses, luxury cars and more which can accommodate anywhere from 1 to 57 passengers.

Limousine MontRoyal

514 363-6360 | montroyal.com

A fleet of cars, minibuses and buses that can accommodate between 3 and 55 passengers.

Airport transportation

747 YUL Aéroport Montréal-Trudeau/ Downtown shuttle

📍 Berri-UQAM | 514 786-4636
stm.info/747



Featuring 24-hour service, 365 days a year. One-stop route, terminus at Lionel-Groulx metro station, or downtown route including 11 stops in each direction, terminus at the corner of Berri Street and René-Lévesque Boulevard West.

Taxis

Taxelco

Ad p. 34

514 836-0000 | taxelco.com

Next time you hail a cab, go green and enjoy an eco-urban transportation experience like no other!

Véco Taxi

450 671-9999 | vecotaxi.com

Véco Taxi is a responsible platform that provides companies with the freedom to plan and book trips for their customers and employees through a variety of services powered by electric vehicles.

Trains

Central Station

895 De La Gauchetière Street West
📍 Bonaventure | 514 871-0925
garecentrale.ca



Central Station links Montréal to over 450 Canadian towns and to many American destinations.

VIA Rail Canada

895 De La Gauchetière Street West
📍 Bonaventure | 1 888 842-7245
viarail.ca



The Canadian intercity rail transporter. VIA Rail brings you directly to downtown Montréal.



www.taxi-coop.com

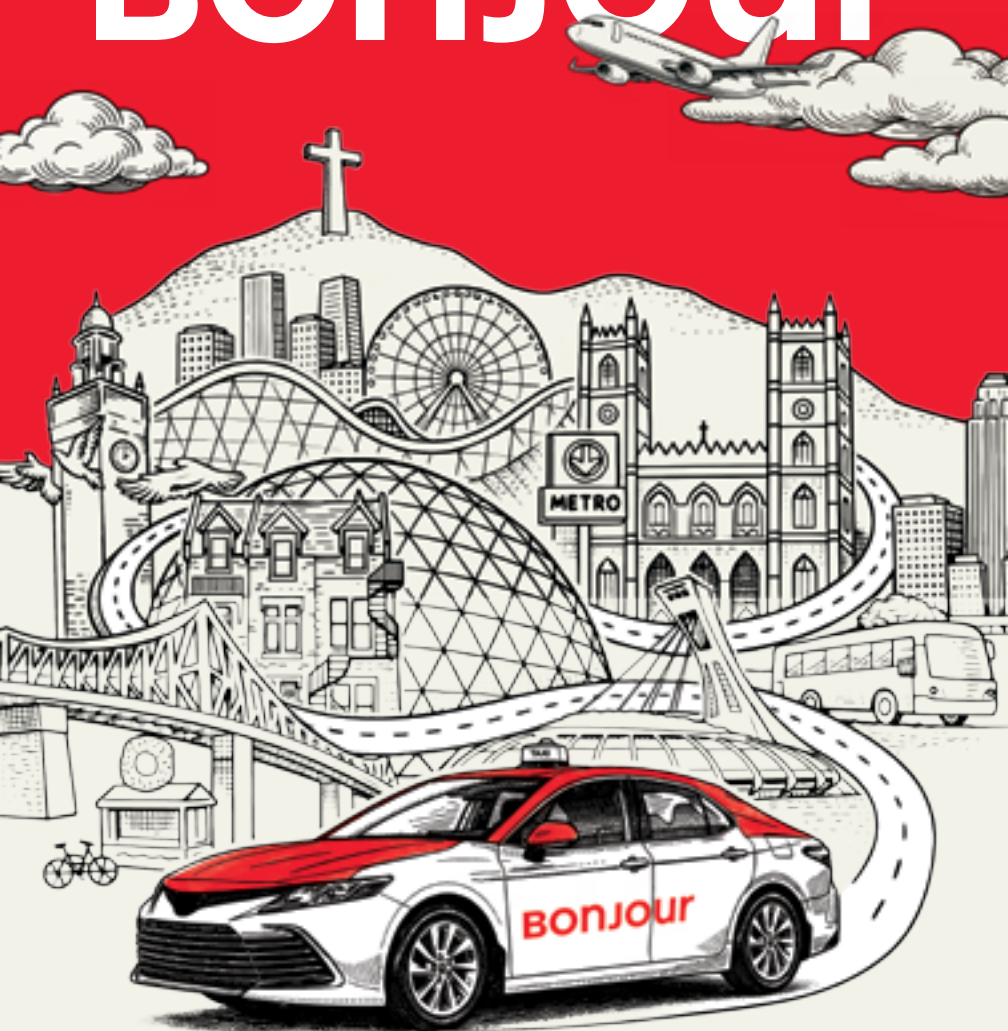
Serving Montrealers since 1980



**Share your
#MTLmoments**

**TOURISME /
MONTREAL**

HERE, FOR A TAXI, JUST SAY
Bonjour



Let us help you
get around,
the Montreal way.



Waterway transport

Maritime Shuttles

Jacques-Cartier Pier
Old Port of Montréal

📍 Champ-de-Mars | 514 281-8000
navettesfluviales.com

From mid-May to the beginning of October, this river shuttle service for pedestrians and cyclists links the Old Port to Parc Jean-Drapeau and Longueuil.

Grand Quay – Cruise Terminal

Grand Quay of the Port of Montreal
Old Port of Montréal

📍 Place-d'Armes | 514 283-7011
port-montreal.com

The Port of Montréal welcomes thousands of cruise ship passengers each year.

Navark

514 871-8356 | navark.ca



Navark provides a shuttle service between different points along the island of Montréal and on both shores.

Bike share service

BIXI Montréal

514 789-2494 | bixi.com

Offered year-round, this service enables citizens and tourists to borrow a bike from one station and re-dock the bike at another station close to their destination (1,000 stations, providing 12,600 bikes including 2,600 electric bikes).

Bicycle network map

Explore the city by bike!

Scan the QR code to learn more.



Accessibility

Accessibility for people with disabilities – Kéroul

514 252-3104 | keroul.qc.ca



Location accessible to persons with disabilities.



Location partially accessible to persons with disabilities.

Establishments' accessibility is assessed according to criteria set by Kéroul and approved by the Ministère du Tourisme du Québec. For people with restricted physical ability, Kéroul provides information on tourism and culture.

Companion Leisure Card (CAL)

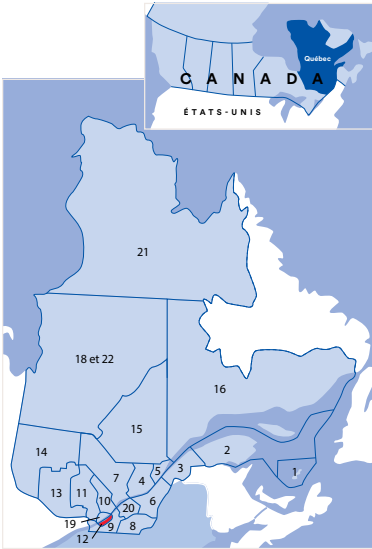
1 833 693-2253 | carteloloisir.ca



The CAL, identified by this pictogram, grants free admission to the companion of the person with a disability. It is valid at leisure, cultural and tourist partner organizations. Go online to find out all CAL eligibility details and to apply.

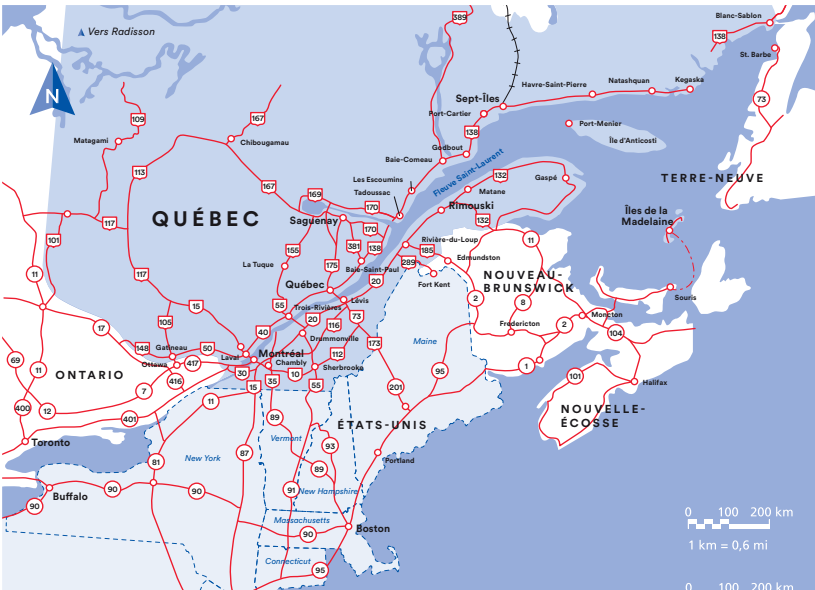


Québec tourism regions



| | |
|-------------------------------------|--|
| 01 Îles-de-la-Madeleine | tourismeilesdelamadeleine.com |
| 02 Gaspésie | tourisme-gaspesie.com |
| 03 Bas-Saint-Laurent | bassaintlaurent.ca |
| 04 Québec | quebec-cite.com |
| 05 Charlevoix | charlevoixtourism.com |
| 06 Chaudière-Appalaches | chaudiereappalaches.com |
| 07 Mauricie | tourismemauricie.com |
| 08 Eastern Townships | eastertownships.org |
| 09 Montérégie | tourisme-monteregie.qc.ca |
| 10 Lanaudière | lanaudiere.ca |
| 11 Laurentians | laurentians.com |
| 12 Montréal | mtl.org |
| 13 Outaouais | tourismeoutaouais.com |
| 14 Abitibi-Témiscamingue | abitibi-temiscamingue-tourism.org |
| 15 Saguenay-Lac-Saint-Jean | saguenaylacsaintjean.ca |
| 16 Côte-Nord-Duplessis, Manicouagan | tourismecote-nord.com |
| 18 Baie-James | escapelikeneverbefore.com |
| 19 Laval | tourismelaval.com |
| 20 Centre-du-Québec | tourismecentreduquebec.com |
| 21 Nunavik | nunavik-tourism.com |
| 22 Eeyou Istchee | escapelikeneverbefore.com |

Access to the region



Using and carrying a radar detector is illegal in Québec.

Public transit /

Société de transport de Montréal (STM)

514 786-4636 | stm.info

From the underground city to the top of Mount Royal, from the Old Port to the Olympic Stadium—the bus and metro have got you covered day and night, anywhere in Montréal. The STM offers tourists a variety of transit passes valid for one day, three days, an evening or an unlimited weekend, allowing them to use its network as often as desired. And now, kids 11 and under ride for free when in the care of someone at least 14 years old with a valid transit fare.

Leashed dogs are authorized in the metro under certain conditions.

Bikes are also authorized aboard the metro, provided safety rules are followed.

Réseau express métropolitain (REM)

rem.info

Operating 20 hours a day, 7 days a week, the Réseau express métropolitain (REM) is a fully electric and automated light rail transit system. This allows passengers to enjoy a unique view from the front or back of the train, particularly when crossing the Samuel De Champlain Bridge, which offers a breathtaking view of Montréal's skyline. It currently connects Brossard Station to Deux-Montagnes and Anse-à-l'Orme. Construction is ongoing to extend the network towards YUL Montréal-Trudeau International Airport. Once completed, the REM will feature 26 stations and 67 km of track, serving Greater Montréal.



Metro hours of operation

Line 1—Green

Sunday to Friday:
05:30 to 00:35
Saturday: 05:30 to 01:05

Line 2—Orange

Sunday to Friday:
05:30 to 00:30
Saturday: 05:30 to 01:00

Line 3—Blue

Sunday to Friday:
05:30 to 00:45
Saturday: 05:30 to 01:15

Line 4—Yellow

Sunday to Friday:
05:30 to 01:00
Saturday: 05:30 to 01:30



Bus hours of operation

Day: 5:30 to 01:00
Night: 01:00 to 05:00

Fares:

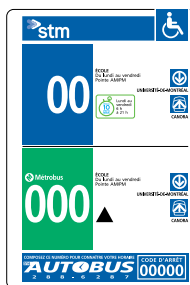
The agglomeration of Montréal is in zone A.

REM

1 833 736-4636 / rem.info

EXO

1 833 255-6396 / exo.quebec



This is a bus stop sign

Metro map /



Métro

Info



METROPOLITAN NETWORK

ARTM Autorité régionale de transport métropolitain



- Line 1 - Green
- Line 2 - Orange
- Line 4 - Yellow
- Line 5 - Blue



Line A

- Brossard
- YUL-Aéroport-Montreal-Trudeau
- Anse-à-l'Orme
- Deux-Montagnes



- Line 11 - Vaudreuil/Hudson
- Line 12 - Saint-Jérôme
- Line 13 - Mont-Saint-Hilaire
- Line 14 - Candiac
- Line 15 - Mascouche

LEGEND

- BRT Bus rapid transit
- Intercity train - VIA Rail - Amtrak
- Intercity bus - Gare d'autocars de Montréal

- Parking
- Elevator
- Elevator Orange Line 2
- Elevator Green Line 1

- YUL-Montreal-Trudeau Airport
- Transfers
- Planned line

FARE ZONES

- A Agglomération de Montréal
- B Agglomération de Longueuil and Laval





Montréal

neighbourhoods

Get to know each of Montréal's unique neighbourhoods. They're the beating heart of a charming and eclectic city you'll want to take the time to discover.

-
- 44 Downtown
 - 48 Old Montréal and the Old Port
 - 58 Parc Jean-Drapeau
 - 60 Mount Royal, Outremont and Westmount
 - 62 Plateau-Mont-Royal and Mile End
 - 64 Olympic District, Rosemont and Hochelaga-Maisonneuve
 - 68 The Village
 - 72 Little Italy and Villeray
 - 74 Les Quartiers du Canal
 - 76 Pôle des Rapides
 - 78 East End, West Island and Montréal North

Neighbourhood map



From historic to bohemian, from busy to trendy, Montréal's neighbourhoods each offer a unique atmosphere. See for yourself!

1. Downtown

Business, fun, entertainment – downtown buzzes with excitement.
page 44

2. Old Montréal and the Old Port

There's always something new in the city's historic district.
page 48

3. Parc Jean-Drapeau

One park, two islands: lush green spaces and exhilarating events and festivals.
page 58

4. Mount Royal, Outremont and Westmount

A nature haven at the heart of the city with chic boutiques and luxury buildings next door.
page 60

5. Plateau-Mont-Royal and Mile End

Hip neighbourhoods that eat, sleep and breathe artistic creativity.
page 62

6. Olympic District, Rosemont and Hochelaga-Maisonneuve

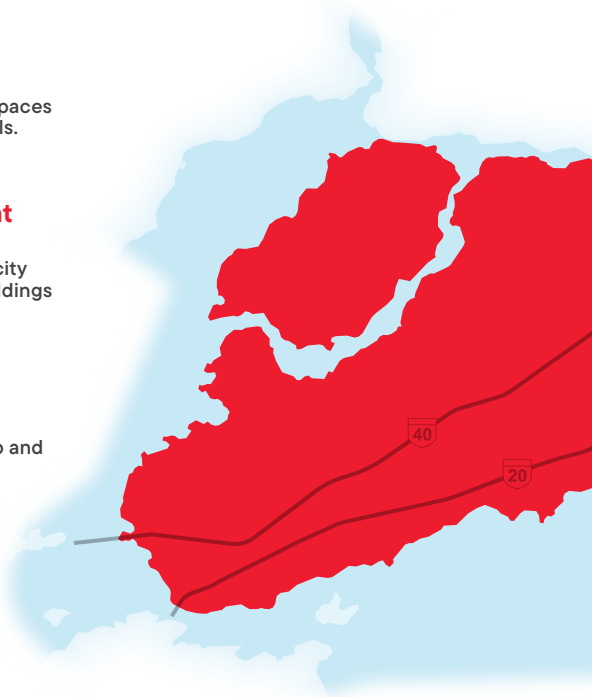
Family-friendly and home to the Olympic Park and four of the five Espace pour la vie museums.
page 64

7. The Village

The biggest LGBTQ+ Village in North America welcomes everyone with open arms.
page 68

8. Little Italy and Villeray

Tree-lined streets, cozy cafés and a public market bursting with flavours from around the world.
page 72



9. Les Quartiers du Canal

Waterfront views, aquatic adventures and up-and-coming spots to shop, eat and drink.

page 74

10. Pôle des Rapides

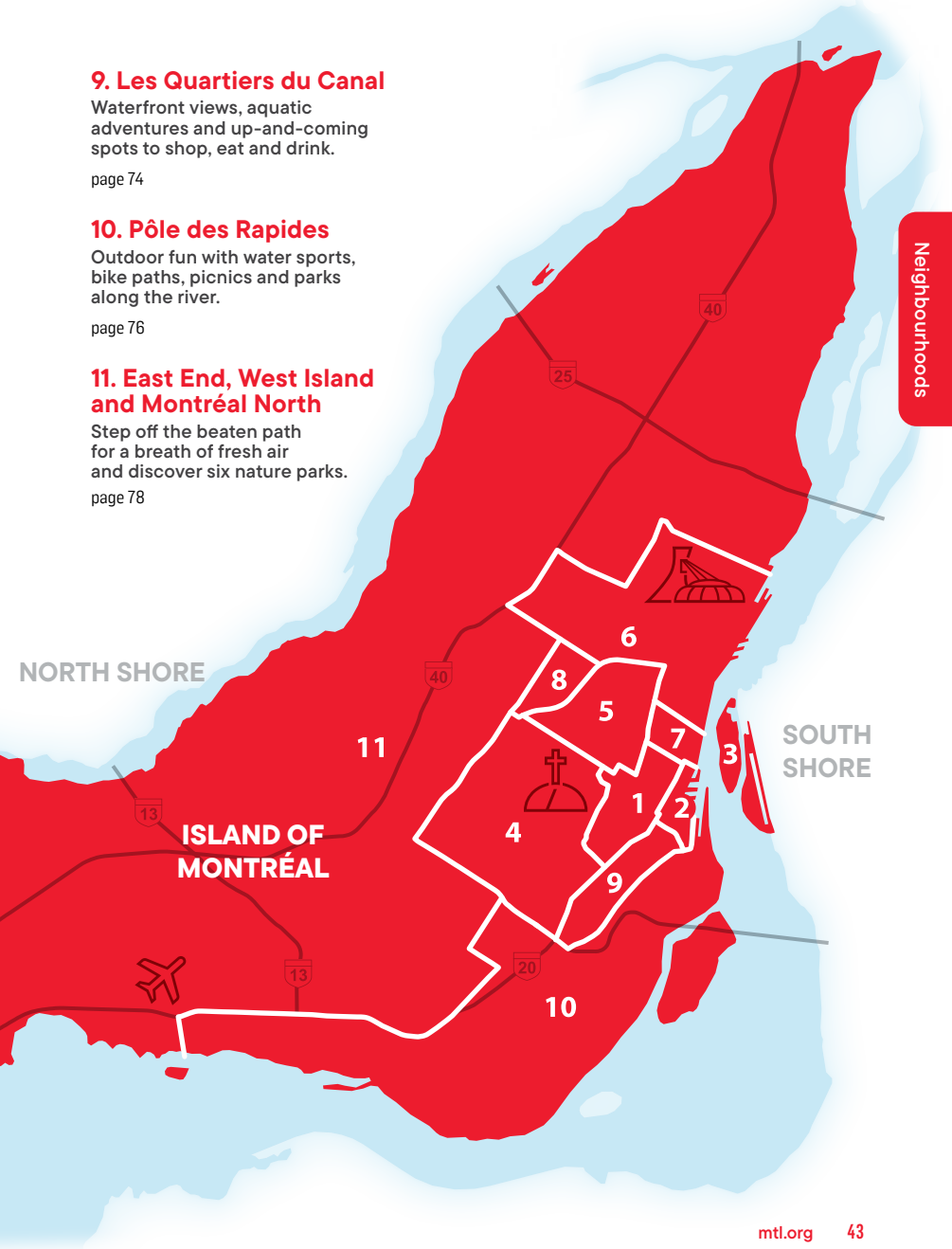
Outdoor fun with water sports, bike paths, picnics and parks along the river.

page 76

11. East End, West Island and Montréal North

Step off the beaten path for a breath of fresh air and discover six nature parks.

page 78



Downtown



Between the mountain and the river, our dynamic downtown blends together business, shopping, fine dining and entertainment.



Going shopping downtown



Catching an exhibition at a major Montréal museum



Sipping cocktails on an outdoor terrace

Discovering the “Underground City”



Admiring *The Ring* on Esplanade PVM at Place Ville Marie

From skyscrapers to beautiful Victorian houses and chic boutiques to neo-Gothic churches, downtown Montréal is an exciting study in contrasts.

Tucked between the St. Lawrence River and the mountain (Mount Royal), downtown moves to the beat of the many different communities that live here. The “centre-ville” is where people come to work, study, shop, dance, catch a movie, have dinner or drinks, or simply stroll leisurely. In summer, its streets are closed to traffic to make room for outdoor festivals.



Sainte-Catherine Street

📍 Atwater, Guy-Concordia, Peel, McGill, Place-des-Arts, Berri-UQAM

Sainte-Catherine Street is Montréal’s main commercial artery. People flock here for its myriad stores, restaurants and malls as well as cultural events and festivals.

Place Ville Marie

📍 McGill, Bonaventure

An iconic downtown structure famous for its cross-shaped tower, Place Ville Marie is much more than a business centre. Esplanade PVM is a must-see meeting hub that is illuminated and enhanced by *The Ring*, its suspended art installation.

Phillips Square

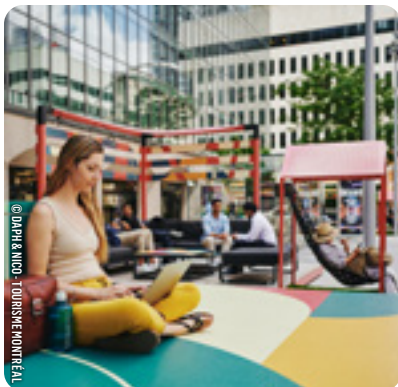
📍 McGill

Phillips Square is a historic downtown space bordered by iconic buildings like the beautiful Maison Birks. The monument to Edward VII at its centre invites passersby to stop and take a break from downtown’s hustle and bustle.

Dorchester Square

📍 Peel, Bonaventure

Dorchester Square is a lovely green urban space formerly known as Dominion Square. It is surrounded by historic buildings such as the Sun Life building and the Mary, Queen of the World Cathedral.



Golden Square Mile

📍 Peel, McGill

The Golden Square Mile is a historic quarter at the foot of Mount Royal. Renowned for its Victorian homes and commercial buildings from the 1850s, it includes McGill University and the McCord Stewart Museum. Here, you can go for a stroll down memory lane at the heart of a modern city.



Quartier des Spectacles

📍 Place-des-Arts, Saint-Laurent, Berri-UQAM

The Quartier des Spectacles is the nerve centre for Montréal's cultural events and festivals, and boasts many concert halls, art galleries and cultural venues. The Place des Festivals, a public space dedicated to outdoor events, is the pulse of this lively neighbourhood, hosting shows and festivals year-round.

Quartier Latin

📍 Berri-UQAM

The Quartier Latin is a dynamic and artistic neighbourhood chock full of cafés, boutiques and theatres. It is home to Université du Québec à Montréal (UQAM), with a large student population that contributes to its young and energetic ambiance. Thanks to its many festivals and events, it is also a popular destination for night owls and culture lovers.



Did you know?

The Mary, Queen of the World Cathedral is a scale model of Saint Peter's Basilica in Rome.



EXPERIENCE THE DYNAMISM
AND REFINEMENT OF OUR
BOUTIQUE HOTEL IN
MONTREAL!

Visit our
website:



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Old Montréal and the Old Port /

Past and future come together in Old Montréal and the Old Port, as witnessed in its cobblestone streets, historic monuments and stunning river vistas.

For over 400 years, this historic city quarter has been reinventing itself, and is home to the city's oldest and newest tourist attractions.

Immerse yourself in the history of every Old Montréal street corner. Its cobblestone streets are dotted with historic buildings that are home to art galleries, museums, artisan ateliers, fashion boutiques, restaurants and cafés.

In the Old Port, you can enjoy recreational activities along the promenade and soak up panoramic views of the city and the St. Lawrence River all year long.



Strolling along
Saint-Paul Street



Admiring the
Notre-Dame Basilica



Enjoying breathtaking
views from La Grande Roue
de Montréal

Going on a walking tour



Exploring relics from the
past at Pointe-à-Callière
Climbing to the top of the
Port of Montreal Tower



Old Montréal

Saint-Paul Street

📍 Champ-de-Mars, Place-d'Armes

Saint-Paul Street is Montréal's oldest street. This charming cobbled artery, with its ambiance evocative of Old Europe, teems with boutiques, art galleries and historic buildings. Travel back in time to Montréal's beginnings as you stroll along.

Place Jacques-Cartier

📍 Champ-de-Mars

Site of the historic Nelson Monument, this dynamic space in Old Montréal is renowned for its street artists, outdoor terraces and restaurants that lend it a festive ambiance throughout the year. The Montréal Tourist Information Office is also located here.

Marché Bonsecours

📍 Champ-de-Mars

The Marché Bonsecours is an iconic Neoclassical building that was inaugurated in 1847. For over 100 years, it served as a public market. Today, it is home to boutiques featuring creations by Québécois artisans, cafés and exhibition halls. A must-see if you're interested in discovering local craftsmanship and Montréal history.

Montréal City Hall

📍 Champ-de-Mars

Montréal City Hall, which was built in the Second Empire style, is a national historic site that wows with its impressive architecture. It was here, in 1967, that General de Gaulle declared his famous "Vive le Québec libre!" This magnificent building is a symbol of Montréal's political and cultural heritage.



Notre-Dame Basilica

📍 Place-d'Armes

Montréal's Notre-Dame Basilica is a neo-Gothic church famous for its sumptuous interior and stained glass windows. *AURA* is an immersive light show that transforms the basilica into a living canvas with breathtaking lighting effects and projections.

Pointe-à-Callière

📍 Place-d'Armes

Pointe-à-Callière is a history and archaeology museum located on the site where Montréal was founded. It offers a unique underground circuit that showcases captivating archaeological digs and exhibitions. The museum gives people the chance to discover the city's roots and dive into its fascinating past.



Did you know?

In his song “Suzanne,” Leonard Cohen refers to the statue of the Virgin Mary atop the Notre-Dame-de-Bon-Secours Chapel (“Our Lady of the Harbour”).

MY FAVOURITES





Old Port

***Bonjour, Montréal* structure**

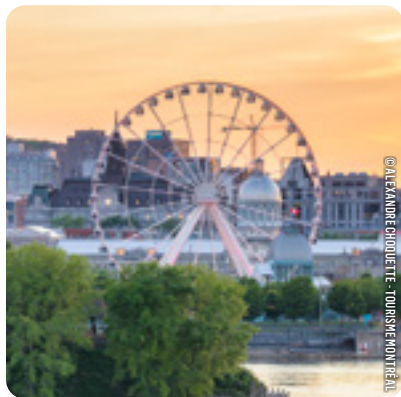
📍 Place-d'Armes, Champ-de-Mars

The *Bonjour, Montréal* sign welcomes visitors with giant letters made from the city's reclaimed ash wood. Gracing the green roof of the Grand Quay, it offers a spectacular view of downtown, and symbolizes the city's warmth and hospitality.

La Grande Roue de Montréal

📍 Champ-de-Mars

La Grande Roue de Montréal, Canada's highest observation wheel, offers panoramic views from 60 m in the air. Day or night, it's the perfect spot to admire Old Montréal and the St. Lawrence River.



Montréal Science Centre

📍 Place-d'Armes, Champ-de-Mars

The Montréal Science Centre has interactive exhibitions and an IMAX® theatre. It's a must-visit for families and science geeks who love fun educational experiments.

Clock Tower

📍 Champ-de-Mars

The 45 m tall Clock Tower pays homage to Canadian sailors who perished during the First World War. Overlooking an urban beach, it is a national historic site and major Old Port tourist attraction.

Port of Montreal Tower

📍 Place-d'Armes, Champ-de-Mars

Standing at 65 m tall, the Port of Montreal Tower offers scenic views of the city and the river.



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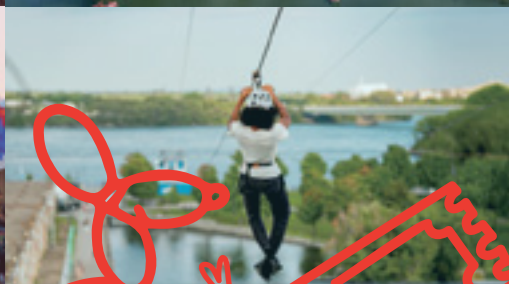
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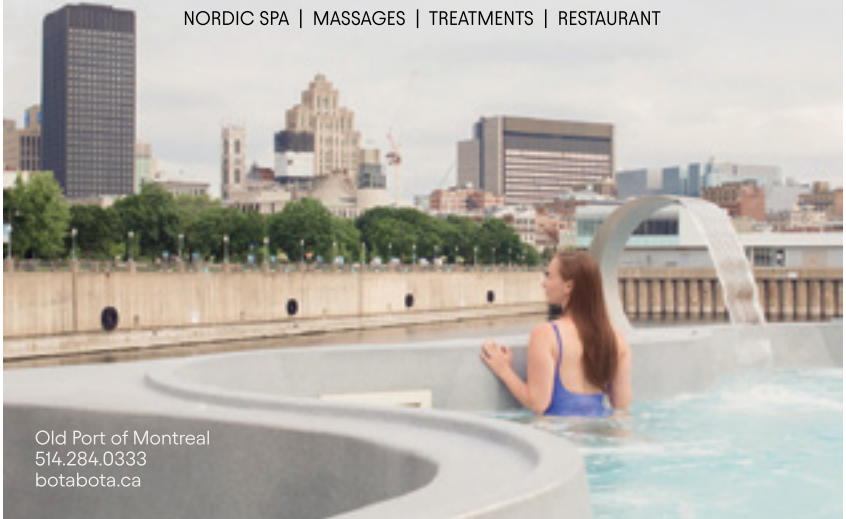
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Parc Jean-Drapeau /

Made up of two islands in the St. Lawrence River, Parc Jean-Drapeau offers a multitude of attractions and activities for everyone to enjoy year-round.

Its multipurpose trails, which include 25 km of bike paths, offer beautiful views of the river and downtown. Some 15 prized public artworks—including Alexander Calder's gigantic stabile *Trois disques*, also known as *Man*—are permanently on display. Parc Jean-Drapeau welcomes many music festivals, a fireworks competition, international sports events and public celebrations throughout the seasons. It is also home to the Casino de Montréal, built in the former pavilions of France and Québec at Expo 67. Quite the architectural legacy!



Swimming at the Aquatic Complex



Sunbathing at Jean-Doré Beach



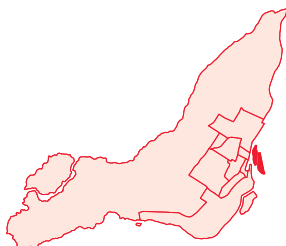
Cycling around the Circuit Gilles-Villeneuve



Exploring the Biosphère's geodesic dome



Admiring the avant-garde architecture of Habitat 67



Alexander Calder's *Man*

📍 Jean-Drapeau

This monumental sculpture created by Alexander Calder for Expo 67 is a symbol of modern art. It depicts the theme "Man and His World" and is a must-see for art lovers.

Biosphère

📍 Jean-Drapeau

The former United States pavilion at Expo 67, the Biosphère is now a museum dedicated to the environment. Its unique architecture and interactive exhibitions make it a fascinating place for anyone to visit.



Jacques Cartier Bridge

📍 Jean-Drapeau

This iconic bridge links Montréal to Longueuil and offers a spectacular view of the St. Lawrence River. Illuminated at night, it is a symbol of the city and landmark for people visiting Montréal.

Tour de Lévis

📍 Jean-Drapeau

Built in the 1930s, the tower offers a 360-degree view of Montréal and its surroundings. There's no better place than here to watch the fireworks.

Jean-Doré Beach

📍 Jean-Drapeau

What better spot than this urban beach when the mercury starts to climb in summer? With its golden sand and excellent water quality, it offers a refreshing escape just minutes from downtown.

Casino de Montréal

📍 Jean-Drapeau

Located in what was the France Pavilion at Expo 67, the Casino de Montréal is one of Canada's largest casinos. It's well worth adding to your itinerary: its geometric shapes and unique architecture make for a fascinating visit. And it offers a diverse range of entertainment options, making this an experience you won't soon forget.

La Ronde

📍 Jean-Drapeau

With over 40 rides and attractions, La Ronde is the biggest amusement park in Québec. Families and thrill seekers alike flock to this popular destination each summer.

MY FAVOURITES



Mount Royal, Outremont and Westmount



No visit to Montréal would be complete without a walk on Mount Royal, a green gem at the heart of the city.

Mount Royal was given its name by Jacques Cartier in 1535. The “mountain” is the go-to spot for nature lovers, amateur bird watchers and sports enthusiasts of all ages. Not only is it criss-crossed with walking trails, but its lookouts offer superb views of the city. Mount Royal is flanked by two universities, two enormous cemeteries as well as Saint Joseph's Oratory. Down below, Outremont and Westmount, leafy upscale neighbourhoods with opulent houses, offer an exquisite choice of boutiques.

Kondiaronk Belvedere

📍 Mont-Royal

The Kondiaronk Belvedere graces the front of the Mount Royal Chalet and offers spectacular views of Montréal. Tourists as well as locals love coming here to take pictures and soak up the cityscape below.

Beaver Lake

📍 Mont-Royal

This artificial lake offers visitors a four-season destination to relax and have fun. In summer, you can rent pedal boats; in winter, you can skate on the refrigerated rink right next door. It's an excellent spot to enjoy the outdoors at the heart of the city.



Admiring downtown from the belvedere



Getting a close-up view of the Mount Royal Cross



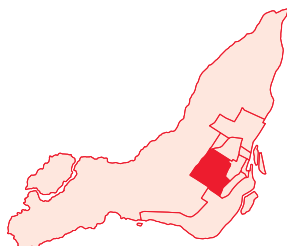
Tobogganing down its snowy hills



Visiting (or making a pilgrimage) to Saint Joseph's Oratory



Enjoying a delicious meal in Outremont



Bernard Avenue West

📍 Outremont

This charming avenue is renowned for its specialty boutiques, refined restaurants and upbeat ambiance. There's no better place for strolling and discovering Outremont's hidden treasures.



© DAVID LAMICO - TOURISME MONTRÉAL



Côte-des-Neiges streets

📍 Côte-des-Neiges

Located near Saint Joseph's Oratory, the streets of Côte-des-Neiges are a vibrant cultural and commercial hub. They feature a variety of shops and restaurants that showcase Montréal's multicultural diversity. A stroll through this dynamic and welcoming neighbourhood is an experience not to be missed.



Saint Joseph's Oratory

📍 Côte-des-Neiges

Saint Joseph's Oratory is the largest shrine in the world dedicated to Saint Joseph. Founded by Saint André of Montréal (Brother André), it attracts millions of people who come here each year to enjoy its panoramic views, immerse themselves in its rich heritage and take part in its religious celebrations.

Mount Royal Cross

📍 Mont-Royal

Erected in 1924, this iconic 33 m cross overlooks Montréal from atop Mount Royal. On a clear day, it is visible from up to 80 km away.

Sir George-Étienne Cartier Monument

📍 Mont-Royal

This imposing monument pays tribute to one of the Fathers of Canadian Confederation. Located at the foot of Mount Royal, it is the starting point for endless walks and gatherings, especially the famous Tam-Tams on Sundays.



Did you know?

Mount Royal Park was designed by landscape architect Frederick Law Olmsted, who also designed Central Park in New York City. It will be celebrating its 150th anniversary on May 24, 2026.

Plateau- Mont-Royal and Mile End /

This trendy neighbourhood north of downtown is famous for its picturesque residential streets and vibrant nightlife.

What's not to love about the eclecticism, energy, creativity and bohemian spirit of these two urban hubs? Here, cafés, bars, boutiques, bookstores and restaurants rub shoulders with former textile factories and repurposed churches. The epicentre of Montréal's artistic milieu, the Plateau is renowned for its busy commercial avenues, charming and leafy residential streets, colourful houses and spiral staircases. Just next door, the cosmopolitan Mile End always has the pulse of the city. Go there for retro finds and one-of-a-kind meals, and be sure to try Montréal's famous bagels.

Du Mont-Royal Avenue

☒ Mont-Royal

Du Mont-Royal Avenue is the Plateau's beating heart, and home to eclectic boutiques, lively cafés and trendy eateries. Go there to hang out and immerse yourself in the neighbourhood's unique ambiance.

Parc La Fontaine

☒ Sherbrooke

Parc La Fontaine is a vast green space with ponds, walkways and picnic areas. This relaxing park is a go-to for families and sports enthusiasts who come here for activities year-round, including ice skating in winter.



Biting into a bagel pulled fresh from a wood-fired oven



Catching a show



Enjoying a local beer on an outdoor terrace



Discovering a new side to the city on a guided tour



St. Michael the Archangel Church

☒ Laurier

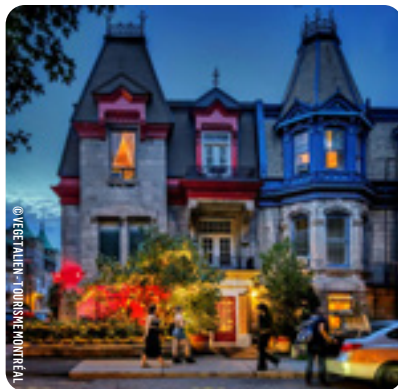
The architecture and frescoes inside this Neo-Byzantine church built in 1915 are absolutely stunning. It has served different communities over the years and stands as a symbol of Mile End's cultural diversity.



Saint-Laurent Boulevard

📍 Sherbrooke, Mont-Royal

This legendary boulevard, which runs through many Montréal neighbourhoods, is a cultural and culinary nexus. “The Main,” as locals know it, is famous for its boutiques, restaurants, nightlife and festivals.



Laurier Avenue West

📍 Laurier

Laurier Avenue West is a go-to for its chic boutiques, gourmet restaurants and pretty outdoor terraces. Go there for a leisurely stroll and soak up its friendly and sophisticated ambiance.

Square Saint-Louis

📍 Sherbrooke

A popular meeting spot for artists and poets, this charming square is bordered by colourful Victorian-style houses. It offers an oasis of calm at the heart of the busy Plateau.

Duluth Street

📍 Mont-Royal

Duluth Street is renowned for its numerous restaurants, cozy cafés and charming cobblestones. Car-free in summer, it gives pedestrians a great place to wander leisurely and soak up the neighbourhood's feel-good vibe.



Did you know?

A young Frenchman by the name of Asseline de Ronval was the first tourist to visit Montréal in 1662.

Olympic District, Rosemont and Hochelaga- Maisonneuve



Nature museums, the Olympic Park, green alleyways, cafés and bistros come together to lend this Montréal sector its atypical yet irresistible charm.

Originally a working-class Francophone neighbourhood, Hochelaga-Maisonneuve (HoMa, to locals) continues to diversify and renew, without ever losing sight of its identity. The merging of past and present is evident here in its revamped factories and warehouses, imposing churches and the pretty Maisonneuve Market. Further north lays the neighbourhood of Rosemont, which is dotted with many parks, murals, outdoor workspaces and community gardens. With four institutions dedicated to nature, green spaces and the must-see Olympic Stadium, the Olympic District is absolutely discovery-worthy.



Reliving the magic of the 1976 Summer Olympic Games



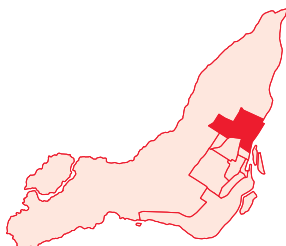
Luxuriating in the horticultural paradise of the Jardin botanique



Strolling along the charming Promenade Masson



Tasting local products at the Maisonneuve Market



Promenade Ontario

📍 Pie-IX, Joliette

Promenade Ontario is a vibrant pedestrian street renowned for its local boutiques, cafés and cultural events. Residents and visitors alike meet up here to soak up its friendly and dynamic ambiance.

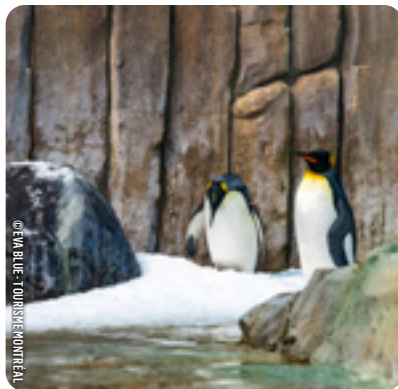
Olympic Stadium

📍 Pie-IX, Viau

Built for the 1976 Summer Olympic Games, the Olympic Stadium is one of Montréal's architectural landmarks and host to a wide range of sports and cultural events.



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Olympic Village

📍 Viau

The Olympic Village is a distinctive twin-towered residential complex that was built to house the 1976 Olympic athletes. It is both an example of modern architecture and a symbol of Montréal's Olympic heritage.

Maisonneuve Market

📍 Pie-IX

This historic public market offers a wide range of local products, fresh fruit and vegetables as well as artisanal specialties. Housed in a Beaux-Arts style building, it is a popular spot among foodies who seek out its ultra-fresh products.

Espace pour la vie

📍 Pie-IX, Viau

The Espace pour la vie includes the Biodôme, Jardin botanique, Insectarium and the Planétarium. The museums offer immersive and educational experiences about nature and the universe, making this complex a must-see for families and science enthusiasts.

Parc Maisonneuve

📍 Pie-IX, Viau

This sprawling urban park features pathways, picnic areas and gardens and is perfect for outdoor activities. It is adjacent to the Jardin botanique, another superb green oasis at the heart of the city.

Plaza Saint-Hubert

📍 Jean-Talon, Beaubien

The recently renovated Plaza Saint-Hubert is an iconic shopping destination that has over 400 businesses. From fashion boutiques to modern bistros, all reflect Montréal's energy and diversity.



Did you know?

In 2026, the city will be celebrating the 50th anniversary of the Montréal Summer Olympic Games.



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Montréal 

The Village

The Village is one of the largest LGBTQ+ neighbourhoods in North America and a hub for diversity and inclusion.

A refreshing cocktail of exciting urban nightlife and fine dining, the Village is where you'll also find sweet B&Bs in centuries-old buildings, antique shops and other unique boutiques as well as many public art installations. Sainte-Catherine Street runs through the neighbourhood, stretching west to east from the Berri to Papineau metro stations. The entrance to the Beaudry metro station, located in the middle of the Village, boasts six ornamental rainbow-coloured pillars.



Having drinks or dinner at its unique cafés and restaurants



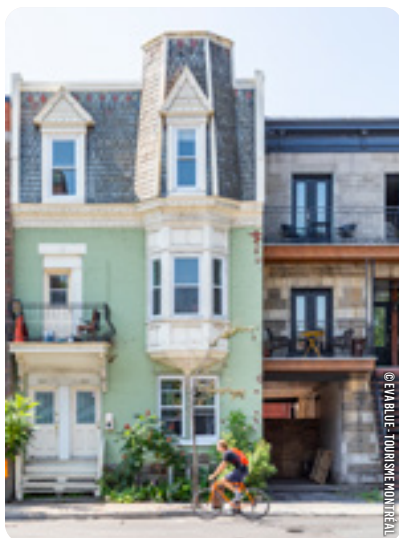
Meeting Mado, Québec's most famous drag queen



Showing your pride during the Fierté Montréal parade



Travelling back in time in Atateken Street's antique shops



Sainte-Catherine Street

📍 Beaudry, Papineau

Sainte-Catherine Street is the main Village thoroughfare. In summer, it becomes pedestrian-only, with boutiques, events and outdoor terraces adding to the festive, feel-good ambiance. This artery is the pulse of a vibrant neighbourhood that truly champions diversity and inclusion.

Place Émilie-Gamelin

📍 Berri-UQAM

Place Émilie-Gamelin is a lively public space that is renowned for its cultural events and urban gardens. People flock to this popular spot for concerts and activities throughout the year.



Parc de l'Espoir

📍 Beaudry

Parc de l'Espoir (Hope Park) is dedicated to the memory of people who have died from HIV/AIDS. It symbolizes the resilience and solidarity of the LGBTQ+ community, right at the heart of the Village.

Bar Le Cocktail

📍 Papineau

A popular cocktail/karaoke bar, Le Cocktail offers a diverse line-up of shows and high-energy atmosphere. It's a must-visit for a wild night out in the Village!

Chez Mado

📍 Beaudry

Chez Mado is an iconic Village cabaret that is renowned for its drag queen shows. Founded by the legendary Mado Lamotte, the nightclub offers a nightly line-up of fun and entertaining performances.

Église Saint-Pierre-Apôtre

📍 Beaudry

The Saint-Pierre-Apôtre church, which is located on De la Visitation Street, is famous for its chapel that honours the memory of HIV/AIDS victims.



village



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Little Italy and Villeray /

Little Italy and Villeray form a neighbourhood that celebrates Montréal's good food and fun-loving nature.

Villeray and Little Italy developed at the end of the 19th century with the arrival of industrialization and the tramway. *Ristoranti, trattorie, pasticcerie and caffè* can all be found at the heart of Piccola Italia, or Little Italy, which was given its name after a major wave of Italian immigrants settled here. Villeray, for its part, is renowned for its cultural diversity and typical Montréal residential architecture. Browse the colourful Jean-Talon Market, order an espresso at a neighbourhood café or enjoy a delicious meal at its many restaurants to really appreciate this foodie paradise.

De Castelnau Street

📍 De Castelnau

De Castelnau Street is pedestrian-only in summer, making it an ideal destination for strolling, popping into its many boutiques or going for a coffee. It's the perfect spot to soak up the neighbourhood's friendly and inviting atmosphere.

Saint-Laurent Boulevard

📍 Jean-Talon, De Castelnau

Saint-Laurent Boulevard, which runs through Little Italy, is lined with trattorias, cafés and boutiques. Be sure to stop at Milano, an iconic Italian grocery store, and Caffè Italia, a popular local hangout. In summertime, the boulevard comes alive with ItalfestMTL, a festival which celebrates Italian culture.



Tasting flavours from around the world at the Jean-Talon Market

Sipping an espresso at Caffè Italia



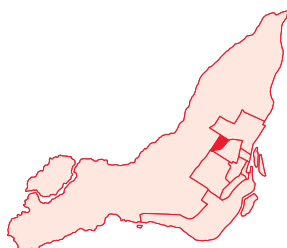
Picking up Italian products at Milano



Watching ground-breaking circus shows at TOHU



Visiting the Madonna della Difesa Church



Jean-Talon Market

📍 Jean-Talon, De Castelnau

The Jean-Talon Market is one of the biggest public markets in Montréal, and is teeming with a wide range of fresh local products. It's an absolute must for foodies and fans of terroir products.





Madonna della Difesa Church

📍 Jean-Talon

The Madonna della Difesa Church, one of the Italian community's historic gems, is famous for its stunning frescoes. Just next door in Parc Dante, people get together to play bocce, the Italian version of lawn bowling.

Parc de la Petite-Italie

📍 Jean-Talon, De Castelnau

The word *Benvenuti* on the park entrance archway says it all, with its warm welcome to everyone. This relaxing green space embodies the relaxed feel and hospitality of the neighbourhood.



Parc Frédéric-Back

📍 D'Iberville

A former quarry that was converted into an urban recreational area, Parc Frédéric-Back is dedicated to the environment and recreational activities. Its expansive fields and winding paths make it perfect for outdoor fun.

Parc Jarry

📍 De Castelnau

Parc Jarry is an immense park that features numerous sports facilities, pathways and a pond. It is home to the IGA Stadium, which hosts an international tennis tournament each year.



Les Quartiers du Canal

A revitalized and dynamic zone that is home to art galleries, trendy boutiques and excellent restaurants.

Connected by the Lachine Canal, Les Quartiers du Canal is comprised of three popular Montréal neighbourhoods: Griffintown, Little Burgundy and Saint-Henri. What do you want to explore first? Notre-Dame Street's many trendy eateries? Going antiquing? Or how about strolling around the beautiful Atwater Market? Brick chimneys and revamped warehouses are a nod to the rich industrial heritage of the area. Walk, run or bike along the canal or discover it by kayak, canoe or electric boat.



Cruising down the Lachine Canal in an electric boat



Buying local products at the Atwater Market



Going shopping in Griffintown, Little Burgundy and Saint-Henri



Riding the waves with KSF



Booking a table at a hot new eatery





Notre-Dame Street

📍 Lionel-Groulx, Place-Saint-Henri

Notre-Dame Street is renowned for its antique shops, trendy boutiques and talked-about restaurants. This lively artery is a treasure trove of discoveries and characterizes the charm and history of Saint-Henri and Little Burgundy.



Lachine Canal

📍 Lionel-Groulx, Charlevoix

The Lachine Canal is not only a historical area, but a hub for leisure activities like cycling, walking or picnicking along its banks. In summer, you can kayak or rent an electric boat and enjoy superb views of the city.

Atwater Market

📍 Lionel-Groulx

The Atwater Market is an Art Deco style architectural gem that has been in operation since 1933. Butcher shops, cheesemongers, florists and more offer a variety of fresh, local products. A must-visit for foodies!

Square Sir-George-Étienne-Cartier

📍 Place-Saint-Henri

A tranquil green space at the heart of Saint-Henri, the park's lush lawns and majestic trees offer a wonderful oasis of relaxation. It is also host to numerous community events and festivals throughout the year.



Pôle des Rapides



A must-visit place for cycling, water sports and luxuriating in its great green spaces.



Bird watching at Parc des Rapides



Travelling back in time at the Musée de Lachine

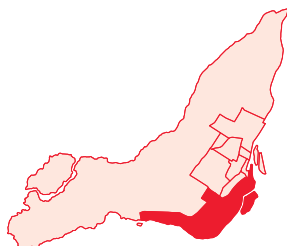


Tackling the Lachine Rapids in a tandem kayak



Fishing for pike at Lac Saint-Louis

Once a bastion of the fur trade, Pôle des Rapides is now a prime water sports destination. Thrill seekers can crash through the waves on a jet boat or paddle the frothy swirls on a rafting adventure, while contemplative types will love watching a multitude of bird species swoop and fly on the banks of the St. Lawrence River. You'll also be charmed by the small-town feel of the borough of Verdun, where homes with typical spiral staircases, new businesses and lively cafés and restaurants create a vibrant hub for hanging out.



Verdun Beach

De l'Église

Verdun Beach, which is just behind the Verdun Auditorium, is a great place to splash it up in the St. Lawrence River. The auditorium is host to a wide range of sports, cultural and artistic events: from professional basketball games to major music shows to public markets, it all happens here!

Farine Five Roses

A stone's throw from the Lachine Canal, the brightly-lit neon Farine Five Roses sign is one of Montréal's most beloved beacons. It harks back to the city's industrial past and is a cherished landmark for Montrealers.

Parc Angrignon

Angrignon

With 97 hectares of forests, glades and a lake that spans 1.1 km, Parc Angrignon is an urban oasis for nature lovers. You can enjoy walking paths, picnic areas and seasonal activities here.

Lachine Light Tower

LaSalle

The Lachine Light Tower in Parc des Rapides is a historic landmark that offers a breathtaking view of the Lachine Rapids. This spot is ideal for birdwatching and doing some forest bathing right in the city.



Guy's Wave

📍 LaSalle

Located near the Parc des Rapides, Guy's Wave is a standing wave revered by surfing and kayaking enthusiasts. It's a superb spot to enjoy non-motorized water sports on the St. Lawrence River.

Promenade Wellington

📍 De l'Église, Verdun

The Promenade Wellington, voted the "the coolest street in the world" by Time Out magazine, is the nucleus of Verdun. People go there for its trendy boutiques, cafés and cultural events as well as its unique and friendly ambiance.

Notre-Dame-des-Sept-Douleurs church

📍 De l'Église

A Catholic church at the heart of Verdun, the Église Notre-Dame-des-Sept-Douleurs is an architectural jewel. It is an important place of worship for the local community and a symbol of the area's religious heritage.

The Fur Trade at Lachine National Historic Site of Canada

📍 Angrignon

This historic site takes you back to the heyday of the fur trade at the beginning of the 19th century. The stone warehouse, which was built in 1803, offers interactive exhibitions and guided visits that let you discover more about this key period in Montréal's history.



East End, West Island and Montréal North /

**Lakes, rivers, ponds,
picturesque neighbourhoods
and lush nature parks,
all just a few minutes
from downtown.**

Ready for some outdoor fun? It's all waiting in the East End, West Island and Montréal North. Stroll through the lush greenery of the nature parks, observe the flora and fauna, get a live history lesson at the Église La Visitation-de-la-Bienheureuse-Vierge-Marie, Montréal's oldest church (1749), or hit the links on a golf course. Hop on a bike and ride the 70 km West Island Heritage Bicycle Trail, where you can discover the old-world architecture of some 100 buildings while enjoying panoramic views of Lac Saint-Louis and Lac des Deux-Montagnes.

Seeing a black bear at
the Ecomuseum Zoo



Strolling along the promenade
in Sainte-Anne-de-Bellevue



Riding your bike along
the Heritage Trail

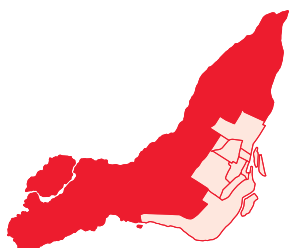


Going for a dip at the
Cap-Saint-Jacques nature
park beach



Practicing your swing at
a Montréal golf club

Picnicking in a nature park



East

Promenade-Bellerive

📍 Honoré-Beaugrand

This linear park along the St. Lawrence River offers a breathtaking view of the Îles de Boucherville. It's a fabulous place to go for a walk, picnic or water fun in the summer.

Parc-nature de la Pointe-aux-Prairies

This vast 261-hectare green space is ideal for hiking, biking and observing wildlife. In winter, you can go cross-country skiing and snowshoeing. Discover a beautiful sanctuary at the eastern tip of the island.



© SUSAN MOSS - TOURSME MONTREAL



© ELA BLUE - TOURSME MONTREAL

West

Gouin Boulevard

Gouin Boulevard is the longest artery on the island of Montréal, stretching a whopping 57.6 km along the Rivière des Prairies. A pleasant ride by car or bike, it runs through many picturesque neighbourhoods, offering panoramic views of the river and the surrounding countryside.

Sainte-Anne-de-Bellevue

Sainte-Anne-de-Bellevue is a charming waterfront municipality that is home to the Montréal Aviation Museum and the Ecomuseum Zoo, which is dedicated to local wildlife.

North

Parc-nature de l'Île-de-la-Visitation

📍 Henri-Bourassa

A blend of nature and history, the park is home to the Maison du Pressoir where you can see the remains of old mills. It's a perfect spot for biking and hiking, and offers picturesque views of the Rivière des Prairies.

La Visitation-de-la-Bienheureuse-Vierge-Marie church

📍 Henri-Bourassa

Built between 1749 and 1752, it is Montréal's oldest church and a religious heritage jewel. Go there to see its richly decorated interior and learn more about its architectural history.



Things to do /

Explore Montréal, a vibrant city full of hidden gems and exciting surprises! Take advantage of personalized activity suggestions for unique experiences you'll never forget.

82 Culture, arts and heritage
102 Festivals and events
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140 Leisure activities, nature and relaxation

Culture, arts and heritage

Montréal, North America's first UNESCO City of Design, is known for its stunning architecture, museums, vibrant arts scene and lively cultural events.



The essentials



Architectural landmarks

Montréal boasts an array of architectural gems, from the iconic Habitat 67 with its distinctive modular design to the Art Deco buildings that grace the city. Visiting these landmarks offers a fascinating journey through history and innovative design.



Art galleries

Wander through the art galleries of Old Montréal, where a rich blend of contemporary and classic works awaits. These creative spaces highlight the exceptional talent of both local and international artists.

Digital arts

Montréal is a dynamic hub for digital arts. Venues like PHI, OASIS immersion, and the Society for Arts and Technology [SAT] offer immersive and interactive experiences. The city is also home to many other innovative spaces that push the boundaries of creativity.



Museums

Montréal is home to world-renowned museums like the Musée d'art contemporain (MAC), Pointe-à-Callière — Montréal Archaeology and History Complex, the Montreal Museum of Fine Arts, the McCord Stewart Museum, and MUMAQ—Musée des métiers d'arts du Québec, a historical and contemporary craft museum. Each offers a unique perspective on art, history, and culture through captivating exhibitions.



Circus arts

Montréal is the world capital of circus arts and the birthplace of the internationally renowned Cirque du Soleil. Throughout the year, various circus companies offer breathtaking performances that captivate audiences of all ages.



Religious heritage

Explore Montréal's religious heritage through its historic churches and basilicas. Landmarks like Notre-Dame Basilica and Saint Joseph's Oratory are architectural and spiritual treasures.

Address book

Downtown

Canadian Centre for Architecture (CCA)

1920 Baile Street | ☎ Guy-Concordia | 514 939-7026
cca.qc.ca



The CCA includes the Shaughnessy House, one of the rare 19th-century Montréal houses open to the public. The sculpture garden reflects the history of architecture as well as the city that surrounds the site. The CCA organizes a wide variety of activities: guided tours, films, lectures and workshops.

Christ Church Cathedral

635 Sainte-Catherine Street West | ☎ McGill
514 843-6577 | montrealcathedral.ca



Nestled between the modern buildings of the downtown core, the cathedral stands atop an underground shopping center. A fine example of Gothic Revival architecture, it was built between 1857 and 1859. The garden behind is dedicated to Raoul Wallenberg, who saved thousands of Jews during World War II.

Mary, Queen of the World Cathedral

1085 De la Cathédrale Street | ☎ Bonaventure
514 866-1661 | marierinedumonde.org



Inspired by St. Peter's Basilica in Rome, this Catholic cathedral was built at the end of the 19th century in the heart of what was then the city's Anglo-Protestant sector. Do not miss the superb gilded Baroque Revival baldachin and the paintings illustrating the historic beginnings of Montréal.

Museum of Illusions Montreal

44 Saint-Antoine Street West | ☎ Place-d'Armes
514 665-7073 | moimontreal.com



A mind-bending museum dedicated to the world of illusions that features over 70 visual exhibits including holograms, optical illusions, fully immersive rooms and more. Perfect for groups or individual visitors.

Phillips Square

Corner of Sainte-Catherine Street West and Union Avenue
☎ McGill | montreal.ca



It is around this square, named after its donor, that the first downtown stores were established on Sainte-Catherine Street. Today, we still find the famous Birks jewellery store, housed in a magnificent building dating back to 1864.

Square Viger

Bordered by Viger Avenue and Berri, Saint-Antoine and Guy-Frégault Streets | ☎ Champ-de-Mars
montreal.ca/en

The transitional green space and gathering area sits between bustling downtown and historic Old Montréal. A public square in the space hosts seasonal activities such as neighbourhood parties, concerts and outdoor screenings.

Sherbrooke Street West

☎ Guy-Concordia

This neighbourhood's specialized shops are housed in Victorian-style buildings with a distinct and luxurious British ambiance. This posh area is lined with designer boutiques, antique stores and galleries where you can pick up high-end trends.

St. Patrick's Basilica

460 René-Lévesque Blvd. West | ☎ Square-Victoria-OACI
514 866-7379 | stpatricksmtl.ca



Better known as "The Irish Church," the Basilica was constructed between 1843 and 1847, and is a fine evocation of the Gothic style of the 14th and 15th centuries. It is characterized by its huge pine columns, the oak carving in the nave as well as the carved pulpit and choir loft.

Windsor Station

Corner of Des Canadiens-de-Montréal Avenue and Peel Street | ☎ Bonaventure | garewindsor.com



Built in the late 19th century, this former train station is considered one of Canada's oldest and most striking examples of Romanesque Revival architecture. At one time, it was the hub of Canada's railway system. Not surprisingly, it has been designated a provincial historic site.

GOLDEN SQUARE MILE

Dorchester Square — Place du Canada

Corner of Peel Street and René-Lévesque Blvd. West

 Peel | patrimoine-culturel.gouv.qc.ca

Oases of greenery in the very heart of Montréal, Dorchester Square and Place du Canada are lined by heritage churches and superb buildings, old and new. On the north side of René-Lévesque Boulevard, Dorchester Square was formerly the site of the Montréal Catholic Cemetery, between 1799 and 1854.

Esplanade PVM

Place Ville Marie, Corner of McGill College Avenue

and Cathcart Street |  Bonaventure

placevillemarie.com

Enjoy the outdoors in the heart of the city at this vibrant downtown terrace, a space that blends wellness, culture and community. With street-level restaurants, lush trees, outdoor seating and more, the Esplanade invites people to meet, recharge and explore.

La Guilde

1356 Sherbrooke Street West |  Peel

514 849-6091 | 866 477-6091 | laguilde.com

A visual arts charity supporting boundary-pushing, Canadian artists for more than a century. Alongside a permanent collection, it presents temporary exhibitions and offers striking contemporary works for purchase, connecting audiences with top craft.

McCord Stewart Museum

690 Sherbrooke Street West |  McGill

514 861-6701 | musee-mccord-stewart.ca

For over 100 years, the McCord Stewart Museum has shed light on Montréal by championing the city's history, diversity and creativity. The museum creates a number of exhibits and activities that look at social history and more with over 2.5 million images, objects and works of art at its disposal.

McGill College Avenue

 McGill

From Esplanade Place Ville Marie heading north, the Avenue offers a striking view of the main entrance of McGill University and Mount Royal. Lined with modern buildings, its wide sidewalks accommodate throngs of locals and visitors who enjoy outdoor cafés.

McTavish Street

Between Des Pins Avenue West and Sherbrooke Street West

 Peel

This pedestrian street, part of the Promenade Fleuve-Montagne on McGill University's campus, was named after Simon McTavish, a prominent fur trader. Stroll through and explore over a century of artistic and architectural heritage.

McGill University

805 Sherbrooke Street West |  McGill | 514 398-6555

mcgill.ca



Founded following a bequest from James McGill, a Montréal fur trader born in Glasgow, McGill University received its charter from King George IV in 1821. The downtown campus comprises more than 80 buildings on 80 acres of land.

Musée d'art contemporain de Montréal (MAC)

514 847-6226 | macm.org

Dedicated to contemporary art, the MAC is undergoing a major transformation ahead of its planned reopening in 2028. In the meantime, it remains active on the cultural scene, offering a range of programs and activities in various venues.

Place Ville Marie

Corner of McGill College Avenue and Cathcart Street

 McGill or Bonaventure | 514 861-9393

placevillemarie.com

P 

PVM is more than a tower; it is where you can expect the unexpected every day, in the very heart of Montréal. It has a business campus, a calendar of enriching events on its esplanade, and a modern take on a food hall concept surrounded by shops in its revamped retail gallery.

Redpath Museum, McGill University

859 Sherbrooke Street West | 📍 McGill | 514 398-4861
mcgill.ca/redpath

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Discover the natural history and diversity of Québec through exhibits on palaeontology, mineralogy, zoology and biodiversity, as well as through an impressive variety of cultural displays from antiquity (Egypt and the Mediterranean Basin) and around the globe.

The Church of St. Andrew and St. Paul

3415 Redpath Street | 📍 Guy-Concordia | 514 842-3431
standrewstpaul.com

📶

A historic gem since 1803, this church offers a serene retreat with its neo-Gothic architecture and “Quiet Garden.” Explore the stunning sanctuary, enjoy free tours, concerts, and recitals, and experience the rich Presbyterian Scottish heritage.

The Montreal Museum of Fine Arts (MMFA)

Jean-Noël Desmarais Pavilion, 1380 Sherbrooke Street West
📍 Guy-Concordia or Peel | 514 285-2000
800 899-6873 | mbam.qc.ca

♿️ 👤 🚫 📶 📶

Showcasing centuries-old works of art, including ancient artefacts and modern masterpieces by Rodin, Monet, Rembrandt, and more. With global and Canadian art, world-class exhibitions, and events for all ages, this cultural landmark offers a rich and memorable experience.

The Ring

Esplanade PVM, Corner of McGill College Avenue and Cathcart Street | 📍 McGill | artpublicmontreal.ca/en/

The installation is a 30-metre wide steel circle suspended above the grand staircase leading to Esplanade PVM. *The Ring* serves as a window to more than 200 years of history.

QUARTIER DES SPECTACLES

Centre for Sustainable Development

50 Sainte-Catherine Street West | 📍 Place-des-Arts or Saint-Laurent | 514 394-1108 | lamdd.org

♿️ 👤 P 📶

An interpretation centre that serves as a hub for sharing thoughts and ideas. This green building's mission is to promote sustainable development to the real estate sector and the general public. The program includes several free activities for the general public and experts.

MEM — Centre des mémoires montréalaises

1210 Saint-Laurent Blvd. | 📍 Saint-Laurent
514 872-3207 | memmtl.ca

♿️ P 📶 📶

This museum and civic space is created by, for, and with the people of Montréal. It tells the story of the metropolis through the testimonials of Montrealers, inviting visitors to experience the city through personal stories and unique perspectives.

Place des Arts

175 Sainte-Catherine Street West | 📍 Place-des-Arts
514 842-2112 | 866 842-2112 | placedesarts.com

♿️ P 🚫 👤 📶

Featuring local and international artists, a program of music, theatre, dance, opera, comedy, and musicals is presented all year round. As Canada's premiere entertainment destination, the centre has six venues (capacity: 8,000). The outdoor esplanade is the meeting place for great festivals.

Place des Festivals

Corner of Jeanne-Mance and Sainte-Catherine Streets
📍 Place-des-Arts | quartierdesspectacles.com

👤

This is a public space entirely dedicated to festivals, urban entertainment and leisure. It serves as a stage for free artistic activities of all shapes and sizes throughout the year. It also features a 235-jet fountain — the biggest interactive fountain in Canada.

Quartier des Spectacles

Bordered by René-Lévesque, Sherbrooke, City Councillors and Saint-Hubert | 📍 Place-des-Arts | 514 879-0009
quartierdesspectacles.com



Night or day and all year long, the Quartier des Spectacles welcomes all walks of life to its over 80 cultural venues and 8 public spaces offering a diverse array of activities, including no less than 40 festivals. The Quartier is a world-class cultural destination.

Quartier Latin

Saint-Denis Street and its surroundings, from Sherbrooke Street to René-Lévesque Blvd.
 📍 Berri-UQAM | quartierlatin.ca



A cultural hotspot, brimming with history, creativity and energy, this vibrant neighbourhood's bustling streets are lined with cafés, boutiques, renowned institutions and more. Festivals and events keep the atmosphere dynamic year-round.

Saint-Denis Street — from Viger Square to Saint-Louis Square

📍 Berri-UQAM | quartierlatin.ca

Main artery of the Quartier latin, known for Victorian architecture, with over 100 restaurants, cafés and boutiques, plus two iconic squares: Viger and Saint-Louis. Pedestrian-only in summer between Sherbrooke East and Sainte-Catherine East.

Society for Arts and Technology [SAT]

1201 Saint-Laurent Blvd. | 📍 Saint-Laurent
 514 844-2033 | sat.qc.ca



A hub for digital culture since 1996, this versatile venue in downtown Montréal features a 360° dome, a modular hall, and on-site dining. Ideal for 20 to 1,000 guests, it hosts conferences, concerts, exhibitions, and more — offering cutting-edge technology and an unforgettable experience.

VOX, centre de l'image contemporaine

2 Sainte-Catherine Street East, 4th Floor
 📍 Saint-Laurent | 514 390-0382 | centrevox.ca



Founded in 1985, this artist-run centre has free exhibitions devoted to image practices from 1960 to today. The centre is on the 4th floor of the iconic 2-22 building, at the corner of Saint-Laurent Boulevard and Sainte-Catherine Street.

QUARTIER INTERNATIONAL

International Civil Aviation Organization (ICAO)

999 Robert-Bourassa Blvd. | 📍 Square-Victoria-OACI
 514 954-8219 | icao.int

This 15-storey office tower houses the headquarters of the International Civil Aviation Organization and a museum dedicated to the history of civil air transport.

OASIS immersion

Palais des congrès de Montréal (convention centre), access via Saint-Antoine Street | 📍 Place-d'Armes
 438 813-7878 | 888 978-4463 | oasis.im



Located on the ground floor of the Palais des congrès de Montréal (Montréal convention centre) in a 2,000 m² (21,500 sq. ft.) space, discover this walkable, contact-free experience featuring three immersive galleries, two dazzling light installations and a boutique.

Palais des congrès de Montréal (Montréal convention centre)

1001 Jean-Paul-Riopelle Place | 📍 Place-d'Armes
 514 871-8122 | 800 268-8122 | congresmtl.com



This internationally renowned convention centre drives innovation, hosts major events, and fosters progress. Committed to sustainability, it delivers high-impact initiatives while enhancing the city's global reputation. A hub of creativity and Montréal know-how.

Place Jean-Paul-Riopelle

📍 Square-Victoria-OACI | artpublicmontreal.ca

This public square was named after the famous painter Riopelle and features his sculpture-fountain titled *La Joute*. This transition point between the modern hub and the peaceful historic city features some of Montréal's most daring urban planning projects.

Square Victoria

Corner of Viger Avenue and Côte du Beaver Hall

📍 Square-Victoria-OACI | vieux.montreal.qc.ca

Created during the 19th century, the Square was named after Queen Victoria (1819–1901). The monument dedicated to her was the work of British sculptor Marshall Wood and was unveiled in 1872. The entrance to the metro station in the Square bears an authentic Art Nouveau Paris metro railing.

World Trade Centre Montréal

747 Du Square-Victoria Street | 📍 Square-Victoria-OACI
alliedreit.com

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Its modern architecture blends restored heritage buildings with a section of the former Ruelle des Fortifications. Connected to Montréal's underground network, this glass-covered space features a fragment of the Berlin Wall, a striking fountain, the mural *Circulations*, shops, and restaurants.

Old Montréal

Château Ramezay — Historical Site and Museum of Montréal

280 Notre-Dame Street East | 📍 Champ-de-Mars
514 861-3708 | chateauramezay.qc.ca

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A portal to Montréal's past, this prestigious 18th-century residence was the first building in Québec to be classified a historic monument. Relive more than 500 years of history through numerous exhibits, multimedia portrayals of historical figures (in six languages) and a French colonial garden.

Fonderie Darling

745 Place Sable-Gris | 📍 Square-Victoria-OACI
514 392-1554 | fonderiedarling.org

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This contemporary art centre and visual arts venue supports the creation and production of emerging artists. Located in a former metalworks foundry, it now hosts performances, workshops and temporary exhibits.

Gare Viger

700 Saint-Antoine Street East | 📍 Champ-de-Mars
vieux.montreal.qc.ca

📶

Built in 1897, Viger Station was a château-style Canadian Pacific terminus with a hotel where trains arrived in the lobby. Expanded in 1910–12, the hotel closed in 1935 and the station in 1951. Today, the site is being redeveloped with offices, restaurants and housing.

Montréal City Hall

275 Notre-Dame Street East | 📍 Champ-de-Mars
514 872-0077 | ville.montreal.qc.ca

📶 P 📶

Montréal City Hall, restored and modernized, has a more turbulent history than its peaceful façade suggests. Built between 1872 and 1878, it survived a severe fire in 1922. It was from this balcony that French President General de Gaulle uttered his famous “Vive le Québec libre!”

Notre-Dame Basilica of Montréal

110 Notre-Dame Street West | 📍 Place-d'Armes
514 842-2925 | 866 842-2925 | basiliquenotredame.ca

📶

Built between 1824 and 1829, the basilica is the first neo-Gothic church in Canada. It impresses with its striking interior decoration. Discover its sculptures, its gilding and its organ, among the most imposing on the continent, and experience *AURA*, a luminous experience created by Moment Factory.

PHI

407 Saint-Pierre Street | 📍 Square-Victoria-OACI
514 225-0525 | phi.ca



For over 20 years, PHI has been at the forefront of important transformations at the intersection of art, technology and human nature, creating spaces for dialogue and exploration, enabling us to connect with ourselves and others in an authentic and sustainable way.

Place d'Armes

📍 Place-d'Armes | vieux.montreal.qc.ca

Built at the end of the 17th century, Place d'Armes has become a prestigious address in Montréal. The surrounding buildings are remarkable mementos of all the major milestones in the city's history. In the centre stands a statue of Paul de Chomedey, "Sieur de Maisonneuve," the founder of Montréal.

Place D'Youville

📍 Square-Victoria-OACI | ville.montreal.qc.ca

The major events that impacted the colony and the emerging city are recalled in a stunning synthesis of history at this Place. It was built above the bed of the Little Saint-Pierre River, which was canalized in 1832. An obelisk on the site commemorates its first pioneers.

Place Jacques-Cartier and Place De La Dauversière

📍 Champ-de-Mars | patrimoine-culturel.gouv.qc.ca

Built in 1804, Place Jacques-Cartier was used as a public market for many years. It now draws passers-by and visitors who enjoy street artists. Facing City Hall, Place De La Dauversière is a magnificent public garden.

Place Royale

📍 Place-d'Armes | vieuxmontreal.ca

The contemporary structure of the museum of Pointe-à-Callière is linked to the Old Customs House by an underground archaeological circuit, which explains why part of the place Royale — the marketplace of the 17th and 18th centuries—is elevated.

Pointe-à-Callière — Montréal Archaeology and History Complex

Mariners' House, 350 Place Royale | 📍 Place-d'Armes
514 872-9150 | pacmuseum.qc.ca



Designated a National Historic Site, Pointe-à-Callière is a spectacular museum complex built atop an authentic archaeological site located at Montréal's birthplace. Enjoy a multimedia show projected above the ruins and take part in a captivating underground archaeological tour.

Saint-Jacques Street and the Royal Bank

📍 Place-d'Armes | vieuxmontreal.ca

This street was also known as Canada's "Wall Street." Its heyday in the 1920s is reflected in the Royal Bank's former head office at 360 Saint-Jacques Street, erected in 1928, next to the attractive Molson Bank, built in 1866.

Saint-Sulpice Seminary

116 Notre-Dame Street West | 📍 Place-d'Armes
514 849-6561 | universculturelsaintsulpice.ca

Built in 1683 in the heart of Old Montréal, this building is the oldest in Montréal to have maintained its original status.

Marguerite Bourgeoys Historic Site

400 Saint-Paul Street East | 📍 Champ-de-Mars
514 282-8670 | margueritebourgeoys.org



The Sailors' Church, Montréal's oldest chapel, is a captivating history museum. Visit the 18th-century stone vault and climb the tower to admire the spectacular views. The archaeological site reveals over 2,400 years of history. Discover the chapel and museum through a downloadable audio guide.

Marché Bonsecours

350 Saint-Paul Street East | 📍 Champ-de-Mars
marchebonsecours.com



A jewel in Montréal's heritage crown, this market was inaugurated in 1847. A symbol of Montréal's heyday, this imposing building served as the city's main agricultural marketplace for over a century. Recent renovations have once again transformed it into a bustling marketplace.

Saint-Paul and De la Commune Streets

📍 Champ-de-Mars | sdcvieuxmontreal.com

Formerly Montréal's main street, Saint-Paul Street, with 19th-century buildings turned into boutiques, art galleries, studios, and residences, also boasts inviting restaurants, lively bars, nightclubs, and seductive lounges along its cobblestone streets.

Sir George-Étienne Cartier National Historic Site

458 Notre-Dame Street East | 📍 Champ-de-Mars
514 283-2282 | 888 773-8888 | From June to September



Sir George-Étienne Cartier, a key architect of Confederation, championed civil reform, industrialization and transportation, including the Victoria Bridge. Explore his legacy at Montréal's only Victorian interior open to the public, with exhibitions and restored 1860s decor.

OLD PORT

Les Forges de Montréal — Heritage Space — Traditional Blacksmithing

227 Riverside Street | 438 386-9182

lesforgesdemontreal.org



Housed in a 19th-century industrial building, this non-profit organization aims to preserve traditional forging. Enjoy guided tours, family activities, events and workshops. Passionate guides and skilled blacksmiths share their expertise, offering a captivating glimpse into this ancient craft.

Montréal Science Centre

King-Edward Quay, 2 De la Commune Street West

📍 Place-d'Armes | 514 496-4724 | 877 496-4724

montrealsciencecentre.com



Interactive, dynamic, and exciting exhibitions that explore the science and technology shaping our lives! At the IMAX®TELUS theatre, immerse yourself in lifelike worlds and embark on unforgettable adventures on the big screen through spectacular imagery.

Bonjour, Montréal structure

Grand Quay of the Port of Montreal, across from the Pointe-à-Callière Museum | 📍 Place-d'Armes

Enjoy this new four-season attraction and gathering place in the heart of the Grand Quay of the Port of Montréal. The *Bonjour, Montréal* structure represents the inviting and welcoming atmosphere of the city in a location that's only steps from the attractions, cafés, restaurants, shops and bars.

The Clock Tower

Clock Tower Pier | 📍 Champ-de-Mars | 514 496-7678
800 971-7678 | oldportofmontreal.com

Primarily a commemorative monument, the Tower was famous for its clock, a replica of London's Big Ben. The Tower can be admired from the outside but is not open to visitors. Located at the foot of this Tower, the Clock Tower Beach is a veritable window on the St. Lawrence River.

Parc Jean-Drapeau

Biosphère — Espace pour la vie

160 Du Tour-de-l'Isle Road (Île Sainte-Hélène)

📍 Jean-Drapeau | 514 868-3000 | 855 518-4506

espacepurlavie.ca



An architectural landmark of Montréal since the 1967 World's Fair, the Biosphère is a dynamic and inclusive place. Its exhibitions and artistic installations invite dialogue between science, culture, social innovation and the environment.

Habitat 67

Cité-du-Havre, 2600 Pierre-Dupuy Avenue

habitat67.com/en

Discover a residential complex designed by Moshe Safdie as part of Expo 67. Your guide will lead you through the various areas of the complex, such as the walkways, pedestrian streets and suspended terraces during this unique 90-minute visit.

The Jacques Cartier Bridge

📍 Jean-Drapeau | jacquescartierchamplain.ca

Inaugurated in 1930 as the Harbour Bridge, this link between Longueuil and Montréal was renamed in 1934 in honour of Jacques Cartier, the French explorer. Its digital and interactive lighting smoothly forms part of its structure, in harmony with the seasons and the energy of the city.

Mount Royal, Outremont and Westmount

Bernard Avenue

📍 Outremont | montreal.ca

With its turn-of-the-century architecture, ample greenery, and gardens, Bernard Avenue is a pleasant, enticing spot. Tucked away in a warm neighbourhood, culinary treasures await discovery—from gelato to fine dining with international accents—making this Avenue one of the city's most inviting corners.

Du Parc Avenue

📍 Mont-Royal | montreal.ca/toponymie

Once a residential avenue turned commercial, Avenue du Parc welcomed the Greek community and its restaurants from the 1950s. Here you'll find the Rialto Theatre, inspired by Paris's Opéra Garnier, and Jeanne-Mance Park, a hub of activities and Sunday tam-tam gatherings.

Greene Avenue and Westmount Square

📍 Atwater | quartiergreene.ca

Fashionable boutiques, superb art galleries, libraries and antique shops line Greene Avenue. At the corner of Wood Street, three black towers of steel and tinted glass, designed by the celebrated modernist architect Mies van der Rohe, soar up around Westmount Square shopping centre.

Notre-Dame-des-Neiges Cemetery

4601 De la Côte-des-Neiges Road | 📍 Côte-des-Neiges
514 735-1361 | cimetierenotredamedesneiges.ca

📍 P

This is Canada's largest Catholic cemetery and a significant part of our historical and environmental heritage. Situated on the magnificent Mount Royal, this site has, over the years, become not only a natural haven for local flora and fauna but also a sanctuary for rare tree species.

Montréal Holocaust Museum

5151 De la Côte-Sainte-Catherine Road
📍 Côte-Sainte-Catherine | 514 345-2605
museeholocauste.ca

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This Museum tells the story of Jewish communities before, during and after the Holocaust. Through the life stories of Montréal survivors, visitors are invited to reflect on the destruction engendered by prejudice, racism and antisemitism.

Mount Royal Cemetery

1297 De la Forêt Road | 📍 Mont-Royal | 514 279-7358
cimetieremontroyal.com

📍 P

Founded in 1852, this cemetery is one of the oldest rural cemeteries in North America. Visitors can observe around 145 species of birds and century-old trees along trails or amid gardens and terraces. Historical guided tours recount the lives of famous figures who are buried here.

Museum of Saint Joseph's Oratory of Mount Royal

Saint Joseph's Oratory, 3800 Queen-Mary Road
📍 Côte-des-Neiges | 514 733-8211 | saint-joseph.org

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Tucked within the heart of the basilica, this museum is dedicated mainly to sacred art. Renowned for its exceptional collection of crèches of the world, the museum displays works of religious, historical and artistic heritage from Québec and abroad.

Saint Joseph's Oratory of Mount Royal

3800 Queen-Mary Road | 📍 Côte-des-Neiges
514 733-8211 | 877 672-8647 | saint-joseph.org



A place of culture and spirituality, this basilica and shrine welcomes visitors in the heart of Montréal. Its architecture and imposing dome endow this pilgrimage site with a remarkable symbolic presence. Be inspired by the gardens, the exhibits, organ concerts and carillon recitals.

Plateau-Mont-Royal and Mile End

Avenue Duluth

Between Du Parc and Du Parc-La Fontaine Avenues
📍 Saint-Laurent | 514 843-4356 | avenueduluth.ca

A quaint cobblestone street lined with restaurants, microbreweries, cafés and boutiques, Duluth Avenue is ideal for an afternoon stroll or a lively night out. An array of restaurants — many of which are BYOW, or Bring Your Own Wine — can be found along this charming artery.

Laurier Avenue

📍 Laurier

Running from the neighbourhood of the Plateau-Mont-Royal through Outremont, where you will reach the base of Mount Royal, you'll find charming, typically designed Montréal homes lining the sidewalks. Bustling shops, quaint cafés and tantalizing restaurants give plenty to see and do.

Laurier West Avenue

From Saint-Laurent Blvd. to
De la Côte-Sainte-Catherine Road | 📍 Laurier
514 653-7817 | destination.laurierouest.com

Laurier West charms with French flair, gourmet shops for pastries, chocolate, cheese, and fresh bread, plus designer boutiques and upscale kids' stores. Local restaurants offer international fine dining. At the west end of the Avenue, a staircase provides access to Mount Royal.

Musée des Hospitalières de l'Hôtel-Dieu de Montréal

201 Des Pins Avenue West | 📍 Sherbrooke or
Place-des-Arts | 514 849-2919
museedeshospitalieres.qc.ca



This museum retraces four centuries of Montréal's rich hospital care history. It showcases one of the best-preserved convent ensembles in the city. The complex, built in 1861, includes the former monastery and garden, the hospital, three chapels, a crypt and the museum.

Museum of Jewish Montreal

H. Fisher & Fils, 4129 Saint-Laurent Blvd. | 📍 Mont-Royal
514 840-9300 | museemontrealjuif.ca

This museum takes a fresh, unconventional approach. It's a lively space that hosts special events and temporary exhibitions. Visitors can explore its heritage through guided tours, food-themed outings, and visits to historic sites tied to the local community.

Prince-Arthur Street and Square Saint-Louis

📍 Sherbrooke

Once a hippie hotspot in the '60s, Prince-Arthur Street is now a lively pedestrian area in summer, filled with cafés, street performers, and vibrant energy. It leads to Square Saint-Louis, known for its stunning 19th-century architecture.

Olympic District

Château Dufresne, museum and historical heritage site

2929 Jeanne-d'Arc Street | 📍 Pie-IX
514 259-9201 | chateaudufresne.com



Built between 1915 and 1918, this Beaux Arts style private mansion was owned by the Dufresne brothers, two important members of Montréal's French bourgeoisie. The building boasts interior decor painted by artist Guido Nincheri and is a testament to the tastes of the roaring twenties' bourgeoisie.

Planétarium — Espace pour la vie

4801 Pierre-De Coubertin Avenue | 514 868-3000
855 518-4506 | espacepouurlavie.ca



The planetarium boasts a spectacular design and an innovative, completely original approach to astronomy. Its cutting-edge equipment guarantees visitors a unique experience.

Promenade de la Ville-de-Québec du parc Guido-Nincheri

Corner of Jeanne-d'Arc Avenue and Rachel Street
East | Pie-IX | montreal.ca



This green space is the site of Jean-Robert Drouillard's public artwork, *Le contour des conifères dans la nuit bleue et les étoiles derrière ma tête sont dans tes yeux*, donated by Québec City to celebrate Montréal's 375th anniversary.

The Village

Écomusée du fier monde

2050 Atateken Street | Berri-UQAM | 514 528-8444
ecomusee.qc.ca



Historical museum where you can explore little-known facets of Montréal culture, learn about the daily life of the working class and follow the inspiring journeys of grassroots groups. Also visit the former Généreux public bath, a magnificent example of 1920s architecture.

Église Saint-Pierre-Apôtre

1201 De la Visitation Street | Beaudry | 514 596-6485
saintpierreapotre.ca



This church, built in 1851 and the first work of architect Victor Bourgeois, is a Neo-Gothic landmark that hosts the Chapel of Hope, the first chapel in the world dedicated to victims of AIDS. Since 1996, an eternal flame has burned there in their memory.

Les Quartiers du Canal

GRIFFINTOWN

Arsenal Contemporary Art

2020 William Street | Georges-Vanier
514 931-9978 | arsenalcontemporary.com



Located in a former 19th century shipyard, this cultural initiative supports, promotes, and develops contemporary Canadian art through a range of projects. Its vast exhibition spaces host a diverse range of programming.

Bonaventure City Entrance

Block formed by Nazareth, Duke, Wellington and Saint-Jacques Streets | Square-Victoria-OACI
montreal.ca

This urban boulevard, a major gateway to the city, features welcoming spaces for pedestrians, over 300 trees, two public artworks (Dendrites and Source), picnic tables, loungers, a play area, an outdoor exercise zone, and table tennis tables.

Espace VERRE

1200 Mill Street | Square-Victoria-OACI
514 933-6849 | espaceverre.qc.ca



This gallery devoted exclusively to glass is located in an old fire station. Not only will you admire glass in all its forms — blown, cast, painted and etched — you might also have the chance to see glassblowers ply their craft in the studios.

Pôle des Rapides

Dorval Museum of Local History and Heritage

1850 Du Bord-du-Lac-Lakeshore Road, Dorval
514 633-4314 | ville.dorval.qc.ca



Housed in the former stables of the Forest and Stream Club, this museum showcases three centuries of local history through objects, photographs, and archives that reveal daily life and the evolution of one of Montréal's oldest communities.

Fleming Mill Historical Interpretation Centre

9675 LaSalle Blvd. | 📍 Angrignon | 514 367-6439
montreal.ca

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Built in 1827, this five-storey high windmill is the only Québec mill of Anglo-Saxon influence. Registered as a Québec heritage building in 1983, its exterior has been completely renovated to restore its authentic character.

Jardin de sculptures de Lachine

Parc René-Lévesque, waterfront parks and site du Musée de Lachine | 📍 Angrignon | 514 367-6423
museedelachine.com

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With a collection of over 50 monumental sculptures, the Jardin de sculptures de Lachine is among the largest open-air museums in Canada. By foot or bicycle, visitors have access to major works by artists such as André Fournelle, Michel Goulet, David Moore and Bill Vazan.

Maison Saint-Gabriel, Museum and Historic Site

2146 Place Dublin (Pointe-Saint-Charles) | 📍 Charlevoix
514 935-8136 | maisonsaintgabriel.ca

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A magnificent example of 17th-century architecture, this house, bought by Marguerite Bourgeoys in 1668, was the home of the King's Wards. Enjoy the talent of its guides in period costume, its thematic gardens and the authenticity of its historical site.

The Fur Trade at Lachine National Historic Site of Canada

1255 Saint-Joseph Blvd. | 📍 Angrignon | 514 637-7433
888 773-8888 | parks.canada.ca/lachine

From June to September

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Retrace the hectic history of the early 19th-century fur trade in the heart of Old Lachine. Interactive presentations and self-guided or guided tours allow visitors to better understand this industry so essential to the colony's growth.

VERDUN

Maison Nivard-De Saint-Dizier, musée et site archéologique

7244 LaSalle Blvd. | 📍 Verdun | 514 765-7284
maisonnivard-de-saint-dizier.com | From May to October

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Located along the St. Lawrence River in Verdun, this historical house (1710) is an outstanding example of the rural architecture of New France. It's also located on the island's largest prehistoric archaeological site, with First Nations occupation dating back nearly 6,000 years.

East End, West Island and Montréal North

EAST ISLAND

Vieux-Moulin de Pointe-aux-Trembles

11630 Notre-Dame Street East | 📍 Honoré-Beaugrand
514 872-2240 | montreal.ca

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Located along the St. Lawrence River, this mill is a true relic of New France's feudal regime. Built around 1720, it is one of the oldest and tallest windmills in Québec. The Parc du Vieux-Moulin is a site where culture, heritage and the environment commingle, offering presentations and activities.

WEST ISLAND

Montréal Aviation Museum

Macdonald Campus of McGill University (between Highways 40 and 20, entrance near White Cottage Campus Street), Sainte-Anne-de-Bellevue
📍 Lionel-Groulx | 514 398-7948 | mam.quebec
Closed from February to mid-June 2026

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The museum is dedicated to the preservation and promotion of the aviation heritage of Québec and Canada. It includes an art gallery, documentation centre and workshops used for the restoration of various aircraft and the manufacture of replicas.

NORTH OF THE ISLAND

Église La Visitation-de-la-Bienheureuse-Vierge-Marie

1847 Gouin Blvd. East | 📍 Henri-Bourassa
514 388-4050 | eglisedelavisitation.org

📞 P

Built in 1752 on the banks of the Rivière des Prairies, this is the only remaining church from the French Régime on the Island of Montréal. The tabernacle and the polychrome portals leading to the sacristy, carved in Louis XV style, are some of features of this historic monument.

MUMAQ — Musée des métiers d'art du Québec

615 Sainte-Croix Avenue | 📍 Du Collège
514 747-7367 | mumaq.com

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Reflecting the cultural diversity of Québec, the Musée values the best that can be accomplished when we work with our hearts and hands, all for the benefit of the community. The museum's permanent exhibition tells the story of a multitude of trades and time-honoured traditions.

Around Montréal

MONTÉRÉGIE

Exporail, the Canadian Railway Museum

110 Saint-Pierre Street, Saint-Constant
450 632-2410 | exporail.org

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Museum featuring the largest railway collection in Canada. Climb aboard several of the vehicles on exhibit, and take a ride aboard a streetcar, a passenger train and the miniature railway located outdoors. This is the perfect opportunity to discover the evolution of railway transportation!



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pacmusee.qc.ca

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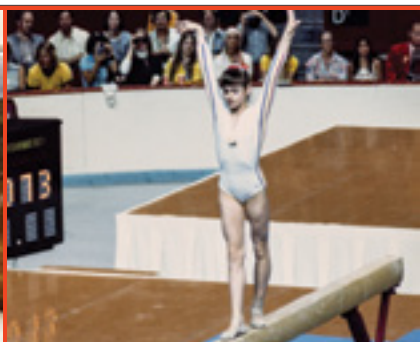
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MUSEUM
OF FINE ARTS

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MONTREAL

Québec 

*This offer cannot be combined with any other promotion. | Alfred Pellán (1906-1988), *Still Life with Checkered Tablecloth*, 1942. MMFA, gift of Marcel Dufour, Eng. Photo MMFA



From the everyday to the exceptional



**McCord
Stewart
Museum
Montreal**

Telling Montreal Stories

Schwartz Deli, 2025 – Photo: Laura Dumitriu, © McCord Stewart Museum
Pierre McCann, Nadia Comăneci earns a perfect score on the balance beam, Montreal July 19, 1976. Gift of La Presse Inc., M2020.95.15.75266, McCord Stewart Museum



TOURISME /
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The Gazette



Montreal

Québec



CONCERTS EXHIBITIONS GARDENS VISITS



saint-joseph.org



LION D'OR X AU PETIT EXTRA

Experience the culture of Montréal!

1930s cabaret
dinner-show
French bistro



© Frederic Young

cabarettliondor.com



Medicine and Charity

The hôpels-Dieu
From the Middle Age
To New France

Until
September 13th, 2026



Musée des Hospitalières de l'Hôtel-Dieu de Montréal
201, avenue des Pins Ouest

Looking  for things
to do  this  week
 in  Montréal 



TOURISME /
MONTREAL



Festivals and events /

Montréal pulses with festivals all year long: music, circus arts and comedy, among so many others, create a one-of-a-kind festive atmosphere.



© DAVID BÉGIN - TOURISME MONTRÉAL

Performing arts /

Downtown

Agora de la danse

Wilder Building — Espace danse 1435 De Bleury Street
 ☎ Place-des-Arts | 514 525-1500 | agoradanse.com



A catalyst for creation, Agora de la danse was the first permanent venue in Québec devoted specifically to contemporary dance and has been at the forefront of new dance creation and performance for over 30 years.

Cabaret de cirque by Le Monastère

1439 Sainte-Catherine Street West | ☎ Guy-Concordia
 514 668-1869 | le-monastere.ca



A local circus experience to make you feel a full range of powerful emotions! Le Monastère hosts original circus cabaret evenings in the exceptional downtown setting of a 19th-century church.

Bell Centre

Tickets: 1909 Des Canadiens-de-Montréal Avenue
 ☎ Bonaventure or Lucien-L'Allier | 855 219-0576
centrebells.ca



Inaugurated in 1996 and home of the Montréal Canadiens Hockey Club, the Bell Centre has been designed to seat more than 21,000 sports enthusiasts. It is also a venue for rock concerts, classical music performances and family entertainment.

Creation and Production Centre The 7 Fingers

2111 Saint-Laurent Blvd. | ☎ Saint-Laurent
 514 521-4477 | 7doigts.com

The Creation and Production Centre The 7 Fingers in the Quartier des Spectacles is an exceptional venue for original, turnkey events.

Danse Danse

Tickets: 175 Sainte-Catherine West | ☎ Place-des-Arts
dancedanse.ca



Enjoy inspiring, exciting and innovative contemporary dance pieces from here and abroad that explore the depth and scope of the human experience.

Espace St-Denis

1594 Saint-Denis Street | ☎ Berri-UQAM
 514 849-4211 | espacestdenis.com



This complex is an entertainment and gastronomic destination located in the heart of the Quartier Latin. It features a theatre with over a hundred years of history, a studio cabaret with a 180-degree virtual environment, a French brasserie-style restaurant, and a rooftop restaurant with a terrace.

Le Balcon

463 Sainte-Catherine Street West | ☎ Place-des-Arts
 514 528-9766 | 888 528-9766 | lebalcon.ca



Situated within St. James United Church, Le Balcon, a cross between a New York cabaret and Parisian dinner theatre, offers an exclusive dining and entertainment experience.

Le Studio TD

305 Sainte-Catherine Street West | ☎ Place-des-Arts
 514 288-8882 | lestudiotd.com



Part of the Maison du Festival, Le Studio TD is a prime destination in the Quartier des Spectacles for staging shows of any genre.

Les Grands Ballets Canadiens de Montréal

Tickets: 175 Sainte-Catherine West | 📍 Place-des-Arts
514 849-0269 | grandsballets.com



Their repertoire includes classical and avant-garde ballets directed by renowned choreographers.

Monument-National

1182 Saint-Laurent Blvd. | 📍 Saint-Laurent
514 871-9883



The Monument-National is the second most important complex offering a wealth of show venues in downtown. It is the stage of various concerts and theatrical performances. Built in 1893, its architecture integrates elements of the Baroque Revival and Mannerist styles.

MTELUS

59 Sainte-Catherine Street East | 📍 Saint-Laurent
514 844-3500 | mteplus.com



This major concert venue in Montréal hosts renowned artists, both local and international. As one of the oldest and largest performance spaces in the city, it is ideal for launch events, conferences, conventions, and more.

Opéra de Montréal

Tickets: 175 Sainte-Catherine West | 📍 Place-des-Arts
514 985-2222 | operadumontreal.com



Founded in 1980, it is the largest Francophone opera company in North America.

Orchestre Métropolitain

Tickets: 175 Sainte-Catherine West | 📍 Place-des-Arts
514 598-0870 | orchestremetropolitain.com



Pursuing its goal of making music more accessible, the orchestra offers multidisciplinary concerts and conferences.

Orchestre symphonique de Montréal (OSM)

1600 Saint-Urbain Street | 📍 Place-des-Arts
514 842-9951 | 888 842-9951 | osm.ca



This international arts organization presents the world's symphonic repertoire and world-class artists.

Théâtre du Nouveau Monde (TNM)

84 Sainte-Catherine Street West | 📍 Place-des-Arts
or Place-d'Armes | 514 866-8668 | tnm.qc.ca



The TNM offers theatre that is sometimes classic, sometimes modern, and always innovative and exhilarating. With reception areas equipped with a bar, an intimate theatre and a rehearsal space, the TNM is perfect for every occasion.

Old Montréal

Cirque Éloize

Gare Dalhousie, 417 Berri Street | 📍 Champ-de-Mars
514 596-3838 | cirque-eloize.com



A Montréal-born creative force, this contemporary circus pioneer blends acrobatics, music, dance, theatre, and technology. For over 30 years, it has inspired audiences worldwide through shows, immersive experiences, and custom events that connect art, community, and imagination.

Centaur Theatre

453 Saint-François-Xavier Street | 📍 Place-d'Armes
514 288-3161 | centaurtheatre.com



Home of the former Montréal Stock Exchange, Centaur is Québec's premier English-language theatre company. Founded in 1969 by Maurice Podbrey and Herbert C. Auerbach, Centaur presents a piece lineup ranging from contemporary Canadian dramas and Broadway hits to international talent.

Parc Jean-Drapeau

Le Cabaret du Casino

1 Du Casino Avenue | 📍 Jean-Drapeau | 514 392-2746
800 665-2274 | casinodemontreal.ca

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Deep in the heart of the casino, a performance hall boasting a varied, top-notch lineup features popular stand-up comedians, hit local and international singers—and even boxing galas. Come see where entertainment is king!

Mount Royal, Outremont and Westmount

The Segal Centre for Performing Arts

5170 De la Côte-Sainte-Catherine Road
📍 Côte-Sainte-Catherine | 514 739-7944

segalcentre.org

♿ P 📶

Not-for-profit organization dedicated to nurturing, producing and presenting world-class English-language theatre and to showcasing the best professional artists from Montréal and beyond. It is also a favourite spot for jazz concerts, enriching educational programming and Jewish cultural events.

Orchestre classique de Montréal

514 487-5190 | orchestre.ca

A long-standing chamber orchestra, the OCM offers concerts characterized by intimacy and refined musicality. It presents a wonderfully eclectic repertoire composed of traditional, rare, and contemporary works, while celebrating Québec, Indigenous, and Canadian music and talent.

The FILMharmonique Orchestra

Tickets: 175 Sainte-Catherine West | 📍 Place-des-Arts
filmharmonique.ca

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The FILMharmonique Orchestra, made up of world-class Canadian musicians, is Canada's premier film music orchestra. Every year at Salle Wilfrid-Pelletier of Place des Arts, FILMharmonique presents cine-concerts.

Rialto Theatre

5723 Du Parc Avenue | 📍 Place-des-Arts
theatrerialto.ca

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Built in 1923-24 to plans by Montréal architect Joseph-Raoul Gariépy, the Rialto is inspired by Le Palais Garnier (Opéra de Paris) and is one of the jewels of Montréal's heritage. Activities include concerts, theatre, cinema, dance performances, exhibitions and private events.

The Village

Cabaret Lion d'Or

1676 Ontario Street East | 📍 Papineau | 514 598-0709
cabaretliondor.com

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An authentic 1930s cabaret with a welcoming Art Deco style, this venue has hosted a wide variety of events over the years. Specializing in concerts, comedy shows, burlesque, and cabaret, it focuses on emerging artists. Intimate rooms are available for meetings, launches, and more.

Théâtre La Comédie de Montréal

1113 De Maisonneuve Blvd. East | 📍 Beaudry or Berri-UQAM
514 303-2535 | lacomedie.ca

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Théâtre La Comédie de Montréal, located in the dynamic Quartier Latin, is a space dedicated to comedy and vaudeville. This independent venue, nestled between the Quartier des Spectacles and The Village, offers a warm café-théâtre atmosphere. Throughout the year, it hosts comedy plays and shows.

Little Italy and Villeray

TOHU

2345 Jarry Street East | 📍 Jarry | 514 376-8648
888 376-8648 | tohu.ca

♿ P 📶

This creation and performance centre presents an exciting variety of innovative shows, festive events and contemporary circus-related exhibitions. Canada's first circular performance hall is equipped among other things with retractable and moveable bleachers.

Les Quartiers du Canal

New City Gas

950 Ottawa Street | ☎ Bonaventure or
Square-Victoria-OACI | 514 879-1166 | newcitygas.com



The New City Gas building has lit up Montréal since 1849. This historic building still shines through art, music, and gastronomy. Hosting events, concerts, and Canada's first crypto art gallery, it's a hub of innovation.

Beanfield Theatre

2490 Notre-Dame Street West | ☎ Lionel-Groulx
855 310-2525 | theatrebeanfield.ca



This heritage theatre is set in a magnificent building that was constructed in 1912 and decorated in 1922. It hosts a variety of events, including a full program of music shows. It is also a comfortable, friendly site for holding corporate events.



© FREDY ARCHINCIGAS - ARCHIVE - TOURISME MONTRÉAL



Calendar of events

Performing arts

The AURA Experience | Notre-Dame Basilica of Montréal
Permanent

Cirque du Soleil ECHO | Grand chapiteau
May 23 to June 28, 2026

The Arts Put on a Show at the Garden
Montreal Botanical Garden | July to August 2026

Les Guinguettes by Le Monastère | Le Jardin – Le Monastère
July 31 to August 28, 2026

The OM Alfresco | August 5 to 15, 2026

La Virée classique | August 6 to 12, 2026

Serge Fiori – Seul ensemble | Theatre St-Denis
August 29 to September 13, 2026

Arts and exhibitions

Medicine and Charity: Hotels-Dieu from the Middle Ages to New France | Musée Hospitalières de l'Hôtel-Dieu de Montréal
Until September 2026

FUNNY CREATURES – A Wildly Hair-larious Photo Safari!
Montreal Science Centre | Until October 2026

Rising Suns: Art from the Confederacies of the Great Lakes and Rivers | The Montreal Museum of Fine Arts (MMFA)
Until October 11, 2026

Detours – Urban Experiences | MEM – Centre des mémoires montréalaises | Until January 2027

Alley-oop – An Interactive Adventure | Pointe-à-Callière – Montréal Archaeology and History Complex
Until January 10, 2027

Emolab | Biosphère – Espace pour la vie | Until 2028

The Torlonia Collection: Masterpieces of Roman Sculpture
The Montreal Museum of Fine Arts (MMFA) | Until July 19, 2026

Montreal 1976: an Olympic feat | McCord Stewart Museum
Until September 7, 2026

Paola Pivi: Come check it out. Lies lies lies – Jakob Kudsk Steensen: Otherworlds | PHI | Until September 13, 2026

On the Menu – Montreal: A Restaurant Story
McCord Stewart Museum | Until October 18, 2026

Panorama Experience – Living Waters
Grand Quay of the Port of Montreal | Until December 31, 2026

The Great Solar System Adventure | Planétarium – Espace pour la vie | May 2026 to April 2027

From the Velodrome to the Biodôme: 50 Years of Olympic Legacy | Biodôme – Espace pour la vie
June to December 2026

Gardens of Light | Jardin botanique – Espace pour la vie
September to October 2026

Encounters in the Milky Way | Planétarium – Espace pour la vie
October 2026 to September 2027

Céline in Dior: A Dazzling Moment | McCord Stewart Museum
May 13 to September 7, 2026

Heroes of Greece. In the Days of Troy | Pointe-à-Callière – Montréal Archaeology and History Complex
June 4, 2026, to March 7, 2027

| | JUNE | JULY | AUG. | SEPT. | OCT. | NOV. | DEC. | JAN. | FEB. | MAR. | APR. | MAY |
|---|------|------|------|-------|------|------|------|------|------|------|------|-----|
| 1701 – The Great Peace of Montréal Pointe-à-Callière – Montréal Archaeology and History Complex June 20 to September 20, 2026 | | | | | | | | | | | | |
| Exposition World Press Photo Montreal De la Commune Hall – Marché Bonsecours August 26 to October 12, 2026 | | | | | | | | | | | | |
| Chiharu Shiota: The Soul Trembles The Montreal Museum of Fine Arts (MMFA) September 26, 2026, to February 14, 2027 | | | | | | | | | | | | |
| Allison Katz: Jeu d'esprit The Montreal Museum of Fine Arts (MMFA) October 9, 2026, to March 14, 2027 | | | | | | | | | | | | |
| Sovereign Stitches + Wild Weaves McCord Stewart Museum November 13, 2026, to April 18, 2027 | | | | | | | | | | | | |
| Festivals and celebrations | | | | | | | | | | | | |
| Montreal Comic Arts Festival Annually in May | | | | | | | | | | | | |
| Pouzza Fest Annually in May | | | | | | | | | | | | |
| The Contemporary Native Art Biennial (BACA) April 18, 2026, to January 10, 2027 | | | | | | | | | | | | |
| Eplanade Louvain (Aire commune) Mid-May to late September 2026 | | | | | | | | | | | | |
| Piknic Électronik Jardin Le Petit Prince – Parc Jean-Drapeau May 17 to October 18, 2026 | | | | | | | | | | | | |
| Festival TransAmériques May 28 to June 10, 2026 | | | | | | | | | | | | |
| Jardins Gamelin Mid-May to Mid-September 2026 | | | | | | | | | | | | |
| Eureka! Festival Parc Jean-Drapeau and Biosphère June 5, 6, 7, 2026 | | | | | | | | | | | | |
| Montreal Chamber Music Festival June 9 to 21, 2026 | | | | | | | | | | | | |
| Franco de Montréal June 12 to 20, 2026 | | | | | | | | | | | | |
| Festival International de Jazz de Montréal June 25 to July 4, 2026 | | | | | | | | | | | | |
| MURAL Festival June 4 to 14, 2026 | | | | | | | | | | | | |
| Holi – Festival of colours Old Port of Montréal June 28, 2026 | | | | | | | | | | | | |
| La Guinguette du Sud-Ouest Parc de l'Ancienne-cour-de-triage June 26 to 28 and July 3 to 5, 2026 | | | | | | | | | | | | |
| Village au Pied-du-Courant June 4 to August 29, 2026 | | | | | | | | | | | | |
| Les Butineries Insectarium – Espace pour la vie Annually in July | | | | | | | | | | | | |
| Montréal Asian Night Market Chinese district Annually in July | | | | | | | | | | | | |
| MONTRÉAL CIRQUE FESTIVAL July 2 to 12, 2026 | | | | | | | | | | | | |
| L'International des Feux Loto-Québec La Ronde July 2 to August 6, 2026 | | | | | | | | | | | | |
| Festival International Nuits d'Afrique July 7 to 19, 2026 | | | | | | | | | | | | |
| Startupfest July 8 to 10, 2026 | | | | | | | | | | | | |
| Fantasia International Film Festival Hall Concordia theater July 16 to August 2, 2026 | | | | | | | | | | | | |
| Echoes of a Proud Nation – Pow-wow Ile Kateri July 12 and 13, 2026 | | | | | | | | | | | | |
| Just For Laughs Montréal July 15 to 26, 2026 | | | | | | | | | | | | |
| Just For Laughs Montréal – OFF Festival July 15 to 26, 2026 | | | | | | | | | | | | |
| Osheaga, Music and Arts Festival Parc Jean-Drapeau July 31 to August 2, 2026 | | | | | | | | | | | | |
| Fierté Montréal Festival July 31 to August 9, 2026 | | | | | | | | | | | | |

| | JUNE | JULY | AUG. | SEPT. | OCT. | NOV. | DEC. | JAN. | FEB. | MAR. | APR. | MAY |
|---|------|------|------|-------|------|------|------|------|------|------|------|-----|
| International First Peoples' Festival (IPFF) August 4 to 13, 2026 | | | ■ | | | | | | | | | |
| ItalfestMTL August 7 to 16, 2026 | | | ■ | | | | | | | | | |
| ÎLESONIQ Montréal Parc Jean-Drapeau August 8 and 9, 2026 | | | | | | | | | | | | |
| Orientalys Festival August 13 to 16, 2026 | | | | | | | | | | | | |
| LASSO Montréal Parc Jean-Drapeau August 15 and 16, 2026 | | | | | | | | | | | | |
| M.A.D. Festival August 17 to 23, 2026 | | | ■ | | | | | | | | | |
| Village Numérique August 20 to September 3, 2026 | | | ■ | | | | | | | | | |
| MUTEK August 25 to 30, 2026 | | | ■ | | | | | | | | | |
| Pointe-à-Callière's 18th Century Public Market Pointe-à-Callière August 29 and 30, 2026 | | | | | | | | | | | | |
| Montreal Fashion Week Annually in September | | | | ■ | | | | | | | | |
| JOAT Festival international de street dance September 1 to 7, 2026 | | | | ■ | | | | | | | | |
| Festival Quartiers Danses September 10 to 20, 2026 | | | | ■ | | | | | | | | |
| TEMPÉO, Dance and Music Festival Place des Arts' esplanade September 16 to 20, 2026 | | | | ■ | | | | | | | | |
| MAPP_MTL – Festival international de projection mapping September 22 to 26, 2026 | | | | | | | | | | | | |
| POP Montreal International Music Festival September 23 to 27, 2026 | | | | ■ | | | | | | | | |
| Festival international de la littérature September 23 to October 3, 2026 | | | | ■ | | | | | | | | |
| Montreal International Black Film Festival September 30 to October 4, 2026 | | | | | | | | | | | | |
| Festival du nouveau cinéma de Montréal October 7 to 18, 2026 | | | | | ■ | | | | | | | |
| CINEMANIA Film Festival November 4 to 15, 2026 | | | | | | ■ | | | | | | |
| Coup de coeur francophone November 5 to 15, 2026 | | | | | | ■ | | | | | | |
| The Great Christmas Market Place des Festivals November 13, 2026, to January 3, 2027 | | | | | | | ■ | ■ | ■ | | | |
| Festival International Bach Montréal November 14 to December 6, 2026 | | | | | | | ■ | ■ | | | | |
| Mundial Montréal November 17 to 21, 2026 | | | | | | | | | | | | |
| M for Montréal November 18 to 21, 2026 | | | | | | | | | | | | |
| Montreal International Documentary Festival (RIDM) Cinémathèque Québécoise November 19 to 29, 2026 | | | | | | ■ | | | | | | |
| Montreal's Christmas Village Atwater Place du marché November 26 to December 24, 2026 | | | | | | | ■ | ■ | | | | |
| LUMINO Late November 2026 to early March 2027 | | | | | | | ■ | ■ | ■ | | | |
| Christmas in the park December 4 to 25, 2026 | | | | | | | ■ | | | | | |
| Grand Minuit de Montréal Quai Jacques-Cartier The night of December 31, 2026 | | | | | | | | | | | | |
| Igloofest Montréal Quai Jacques-Cartier Mid-January to early February 2027 | | | | | | | | ■ | | | | |
| MONTRÉAL EN LUMIÈRE February 2027 | | | | | | | | ■ | ■ | | | |
| International Festival of Films on Art (FIFA) March 2027 | | | | | | | | | | ■ | ■ | |
| Cabane Panache – Maple music festival March 2027 | | | | | | | | | | ■ | ■ | |
| Les Rendez-vous Québec Cinéma Cinémathèque québécoise April 2027 | | | | | | | | | | | ■ | ■ |
| Blue Metropolis International Literary Festival April 2027 | | | | | | | | | | | ■ | ■ |
| Festival international de cinéma Vues d'Afrique April 2027 | | | | | | | | | | | ■ | ■ |

| | JUNE | JULY | AUG. | SEPT. | OCT. | NOV. | DEC. | JAN. | FEB. | MAR. | APR. | MAY |
|--|------|------|------|-------|------|------|------|------|------|------|------|-----|
| Festival Art Souterrain: contemporary art exhibition Downtown Montreal's underground network April to May 2027 | | | | | | | | | | | | |
| Food events | | | | | | | | | | | | |
| YATAI MTL Peel Basin June 4 to 7, 2026 | | | | | | | | | | | | |
| First Fridays – The Montreal Street food festival Early June through mid-August 2026 | | | | | | | | | | | | |
| Soif de cidre Montréal Hangar 1825 June 26, 27, and 28, 2026 | | | | | | | | | | | | |
| Les Rendez-vous gourmands Jardins des Floralies Late August 2026 | | | | | | | | | | | | |
| Taco fest September 5 to 7, 2026 | | | | | | | | | | | | |
| Mondial de la bière Windsor Station September 24 to 27, 2026 | | | | | | | | | | | | |
| MTLàTABLE October 29 to November 15, 2026 | | | | | | | | | | | | |
| La Grande Dégustation de Montréal Grand Quay of the Port of Montreal November 5, 6, 7, 2026 | | | | | | | | | | | | |
| La Poutine Week Early February 2027 | | | | | | | | | | | | |
| Show and markets | | | | | | | | | | | | |
| Montreal Comiccon Montreal Convention Centre July 3 to 5, 2026 | | | | | | | | | | | | |
| MTL connect Society for Arts and Technology [SAT] October 13 to 16, 2026 | | | | | | | | | | | | |
| Salon du livre de Montréal Montreal Convention Centre November 25 to 29, 2026 | | | | | | | | | | | | |
| Salon des métiers d'art du Québec (SMAQ) Grand Quay of the Port of Montreal December 15 to 20, 2026 | | | | | | | | | | | | |
| Plural Contemporary Art Fair Grand Quay of the Port of Montreal April 2027 | | | | | | | | | | | | |
| Sports | | | | | | | | | | | | |
| CF Montréal Stade Saputo Until November 7, 2026 | | | | | | | | | | | | |
| Les Roses de Montréal May 2 to October 23, 2026 | | | | | | | | | | | | |
| L'Alliance de Montréal Parc Arthur-Therrien and Auditorium de Verdun May 15 to July 28, 2026 | | | | | | | | | | | | |
| Formula 1 Grand Prix du Canada Gilles-Villeneuve Circuit May 22, 23, 24, 2026 | | | | | | | | | | | | |
| Montréal Alouettes Percival Molson Memorial Stadium May 22 to October 12, 2026 | | | | | | | | | | | | |
| Go Bike Montréal Festival May 24 to 31, 2026 | | | | | | | | | | | | |
| National Bank Open presented by Rogers Stade IGA August 1 to 13, 2026 | | | | | | | | | | | | |
| Montréal Beach Pro Tour Parc Jean-Drapeau August 19 to 23, 2026 | | | | | | | | | | | | |
| JACKALOPE Jacques-Cartier Pier September 11 to 13, 2026 | | | | | | | | | | | | |
| SAIL Challenge Esprit Montréal Triathlon Notre Dame Island Olympic Basin September 11 to 13, 2026 | | | | | | | | | | | | |
| Grand Prix Cycliste de Montréal September 12 to 13, 2026 | | | | | | | | | | | | |
| UCI Road World Championships Montréal 2026 September 20 to 27, 2026 | | | | | | | | | | | | |
| Montréal Canadiens Bell Centre September 22, 2025, to April 11, 2026 | | | | | | | | | | | | |
| Marathon Beneva de Montréal October 9, 10, 11, 2026 | | | | | | | | | | | | |
| International Gymnix Complexe sportif Claude-Robillard Early March 2027 | | | | | | | | | | | | |
| Défi sportif AlterGo Complexe sportif Claude-Robillard April to May 2027 | | | | | | | | | | | | |

Gastronomy

Explore Montréal's culinary scene: festivals, markets, food trucks, fine restaurants, brunch spots, craft breweries and more await!



© DAMIANICO - TOURISME MONTRÉAL

The essentials



Bagels

Montréal-style bagels, famous at spots like Fairmount, St-Viateur, and Le Trou, are boiled in honey-sweetened water and baked in a wood-fired oven for a golden, crispy finish. This unique treat was brought to North America by Jewish immigrants from Poland and Eastern Europe, and remains a beloved part of the city's culinary heritage.



Smoked meat

Montréal smoked meat is said to have been invented by Aaron Sanft, originally from Romania. Schwartz's, located on Saint-Laurent Boulevard, is the iconic spot to enjoy this delicious sandwich, made with thin slices of beef smoked with a secret blend of spices.



Poutine

Poutine is a must-try Québécois classic, featuring crispy fries, rich gravy and squeaky cheese curds. La Banquise, a beloved institution in the Plateau-Mont-Royal, serves up dozens of creative poutine variations, making it the perfect place to explore new twists on this iconic dish.

Jean-Talon Market

Open 361 days a year, Jean-Talon Market offers fresh produce sourced from within a 60-km radius of Montréal. Located in Little Italy, it's one of the city's 20 public markets, offering a variety of fruits, vegetables, cheeses and locally made artisanal products.

New Québec cuisine

New Québec cuisine is flourishing, led by innovative chefs who highlight local ingredients. This modern "farm-to-table" approach reimagines traditional Québec flavours with a contemporary twist.



Award-winning restaurants

Montréal is Canada's top culinary destination, home to several restaurants featured in the prestigious Canada's 100 Best list. Establishments like Beba, Monarque and Montréal Plaza showcase the city's culinary excellence, offering unforgettable dining experiences that highlight the creativity and talent of local chefs.

Gourmet halls

Montréal's gourmet halls, such as Time Out Market, Cathcart, CENTRAL and the new Fou Fou at Royalmount, are must-visit spots for foodies. These venues bring together the best in culinary creativity, showcasing local talent through a variety of delicious and innovative dishes.

Gastronomy

Savour culinary delights!

Scan the QR code to learn more.





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7 locations to serve you

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our colorful take
on English teatime,
with a gourmet
and festive twist.



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OLD MONTREAL
RESERVATIONS >

PAPARMANEMTL.CA



LE CENTRAL



MANGER MONTRÉAL

GOURMET FOOD HALL
FESTIVE AMBIANCE

SAINT-LAURENT
SAINTE-CATHERINE



lecentral.ca

AUTHENTIC MONTREAL BAGELS



8 BAGEL BAKERIES
ACROSS MONTREAL



Nightlife



Montréal comes alive at night: microbreweries, stylish terraces, pubs, concerts and nightclubs create an eclectic, unforgettable atmosphere!



The essentials



Neighbourhood pubs

Neighbourhood pubs offer a cozy, homey vibe. Savour a friendly atmosphere, expertly curated natural wines and delicious nibbles.

Seasonal outdoor spaces

Seasonal outdoor spaces like Village au Pied-du-Courant and Aire Commune are summer essentials in Montréal. Enjoy a variety of activities and a vibrant, festive outdoor atmosphere.

Microbreweries

Montréal is a paradise for craft beer lovers. Explore local microbreweries and discover unique creations that showcase the passion and innovation of Montréal's brewers.



Shows of all kinds

The Quartier des Spectacles and Quartier Latin are the beating heart of Montréal's cultural scene. Enjoy concerts, theatre performances and cultural events in legendary venues.



Hidden bars

Venture into Montréal's hidden bars. These secret spots serve exquisite cocktails in a mysterious, intimate setting, offering an extraordinary night out.



Jazz bars

Step into the smooth, sultry vibe of Montréal's jazz bars. Let the soulful rhythms of talented artists transport you, where every note creates a rich, unforgettable tale.

Terraces with a view

Nothing beats sipping a drink on a terrace with a stunning view of Montréal. Enjoy the urban panorama while savouring a meal or cocktail outdoors for an unforgettable experience.

Nightlife

Follow the rhythm of Montréal's evening vibes.

Scan the QR code to learn more.



Tours and cruises



Explore Montréal: guided walking, bus or bike tours and St. Lawrence River cruises allow you to uncover the city's rich history and vibrant culture.



© FREDRIK ARCHITECTS - ARCHITECT - TOURISME-MONTRÉAL

The essentials



Food tours

Embark on a culinary adventure through Montréal! Explore Mile End for the city's best bagels or visit Jean-Talon Market. Savour local specialties and meet passionate artisans.



Guided walking tours

Discover Montréal on foot with certified guided tours. Explore historic neighbourhoods, uncover fascinating stories and admire the city's unique architecture.



St. Lawrence River cruises

Set sail on the majestic St. Lawrence River. Take in breathtaking views of the city and enjoy an unforgettable experience on the water.



Did you know?

The outer staircases that grace many Montréal homes are one of the city's distinctive features.

MY FAVOURITES



Address book

Tours with certified guides

16/42 Tours

514 430-0909 | 1642tours.com | From May to October



Company offering guided tours of Montréal to locals and visitors alike. Discover the city on foot in small groups, for an optimal experience. Enthusiastic ambassadors, your guide will tell you everything there is to know about this beautiful metropolis.

Montréal On Wheels

27 De La Commune Street East | 📍 Place-d'Armes or Champ-de-Mars | 514 866-0633 | 877 866-0633
caroulemontreal.com | From March to December



Set out on an adventure with certified guides and explore the city's neighbourhoods, history, and hidden gems on unforgettable tours—by regular or e-bike. Conveniently located on the Old Montréal bike path, Montréal On Wheels is the perfect starting point for your ride. Bike rentals available.

Claudine Montreal and Quebec Tour Guide

Departure from downtown | 438 469-1601
tourismedt.com



Discover Montréal with Claudine Montreal and Quebec Tour Guide, offering VIP walking and driving tours. Explore Montréal's downtown on foot, uncovering its sights. Opt for a three- to eight-hour driving tour (up to four people) for a deeper city experience. Plan your stay via Zoom guide service.

Fitz Montréal Bike Tours

1251 Rachel Street East | 📍 Mont-Royal
438 792-6480 | fitzmontreal.com



Offering year-round walking and cycling discovery tours of Montréal in under three hours. From VIP outings to corporate events, each experience blends fun, culture and teamwork for a variety of group sizes.

Guidatour

514 844-4021 | 800 363-4021 | guidatour.qc.ca



(Re)discover Montréal with a professional guide on these fun and fascinating walking tours full of history, architecture and anecdotes. Group tours of Old Montréal available on a regular schedule. Private tours available at all times for Old Montréal, downtown and other areas.

Spade & Palacio Tours

514 806-3263 | spadeandpalacio.com



In small groups of 10 or less, walking food tours and bike and street art excursions focus on the less-visited neighbourhoods. Walk through the open-air art gallery of murals on and around Saint-Laurent Boulevard. Private tours are also offered.

Local Food Tours – Montréal

Plateau Mont-Royal—Mile-End, Vieux-Montréal
438 600-0501 | localfoodtours.com



Company offering guided culinary walking tours along with a historical and cultural look at Montréal's neighbourhoods. The Mile End and Old Montréal food tours feature certified local guides who will take you down the paths less travelled to explore the authentic city.

Haunted Montréal

hauntedmontreal.com



Explore Montréal's haunted history with ghost walks, pub crawls and paranormal tours led by professionals. From eerie cemeteries to haunted streets, these theatrical tours offer chills, thrills, and rich stories for curious minds and brave souls.

MTL Detours

514 293-2109 | mtdetours.ca



Experience Montréal like a local with small group walking tours. Groups are limited to 10 people, ensuring everyone can ask questions and hear the guide's insights. Explore Old Montréal, the Plateau-Mont-Royal/ Mile End or the underground city. These tours showcase what makes Montréal special.

N-tours

514 549-1605 | ntours.ca



Discover Montréal through a variety of city tours and excursions into the surrounding areas. These experiences offer curious visitors in-depth knowledge about Montréal, its landmarks and its inhabitants. Ideal for individuals or small groups.

Round Table Tours

514 812-2003 | roundtablefoodtours.com



Various gastronomic tours to specialty grocers, food production sites, food trucks and exclusive restaurants. Participants get to taste refined products and meet with chefs and entrepreneurs.

VDM Global DMC

514 933-6674 | 800 455-6674 | vdmglobal.com



This receptive tour operator offers a comprehensive range of services, including guided tours, meet and greets, accommodation and transportation. They also organize group excursions, cultural and culinary activities, themed guided tours, and evening receptions, such as cocktails and galas.

Self-guided tours

Adventure City Games

adventurecitygames.com



Step into the shoes of a detective or become part of a secret mission with Adventure City Games. Offering an array of outdoor escape games around Montréal, players assume the role of a fictional character as they explore the city. Enjoy as a couple or come in groups.

Organized tours

Helicraft

6500 Savane Road, Longueuil | 514 686-7046

877 468-3431 | helicraft.ca



This company offers recreational air tours, as well as a complete pilot training program. The fleet is made up of 11 aircraft models, under the responsibility of a certified, experienced and friendly team. The company also offers its air taxi services for fast, original travel.

Guided hikes on Mount Royal

Mount Royal Chalet, 1196 Camillien-Houde Road

☎ Mont-Royal | 514 843-8240 | lemontroyal.qc.ca



Local travel agents

Airbnb

airbnb.ca

A global platform connecting hosts and travellers for short-term stays, offering authentic local experiences. From city apartments to sprawling villas and more, it fosters connection, diversity and a sense of belonging through stays and locally led activities.

Concord Tours and Travel

515 876-1680 | concordtours.ca

Accredited inbound tour operator established in 1995 and headquartered in Montréal, the company offers various transport options, including buses, limousines, minibuses and vans. Over 30 guides speaks fluent English, French and Chinese.

Expedia

514 285-6959 | expedia.ca

A company offering online booking services for flights, car rentals, hotel reservations, vacation packages, activities at destination, cruises and travel insurance.

Groupe Voyages Québec

418 525-4585 | 800 463-1598 | gvq.ca

GVQ Canada offers guided tours and vacation packages for European travellers wishing to discover Canada and the United States. All packages include an experienced guide or chaperone to ensure a smooth, safe and enjoyable experience for all travellers.

ToundriGo

514 523-873 | toundrigo.com

This receptive agency offers unique and personalized travel experiences on the American continent to travel professionals and the general public. It showcases the cultural, natural and human wealth of North America. ToundriGo is also a collective of brands specialized in different fields of travel.

Cruises and boat tours

Bateau-Mouche (cruises) at the Old Port of Montréal

Jacques-Cartier Pier | ☎ Champ-de-Mars
514 849-9952 | 800 361-9952 | bateaumouche.ca

♿ P X 🚫

This boat is a unique way to admire Montréal and the St. Lawrence. Succumb to the fresh, local cuisine offered as part of a dinner cruise (upon reservation), or enjoy the sun during a 60- or 90-minute day trip. The panoramic boat with terrace offers exclusive routes on the St. Lawrence River.

AML Cruises

Grand Quay of the Old Port of Montréal, across from the Pointe-à-Callière Museum | ☎ Place-d'Armes
866 856-6668 | croisieresaml.com

From May to December

♿ P X 🚫 ♿

Discover the best view of the city aboard the AML Cavalier Maxim, savour an excellent meal and enjoy the boat's terrace and dance floor. Guided cruises, dinner cruises, brunches and special events are available.

Croisières Navark

514 871-8356 | navark.ca | From May to October

♿ P X

Experience the St. Lawrence River through unique theme cruises. Explore gourmet itineraries, watch fireworks or be surprised by an enigmatic adventure. Ships and even a private island are available for corporate or private events.

Le Petit Navire

Jacques-Cartier Pier | ☎ Champ-de-Mars | 514 602-1000
lepetitnavire.ca | From April to October

♿ 🚫

Discover the Old Port of Montréal and the Lachine Canal aboard Le Petit Navire. See Montréal from a completely new perspective, with its electric propulsion system, and explore unique routes. Enjoy original and intimate cruises, perfect for corporate outings or fun times with friends.

Workshops

Ateliers & Saveurs Plateau-Mont-Royal

4832 Saint-Laurent Blvd. | ☎ Saint-Laurent
514 849-2866 | ateliersetsaveurs.com

This unique culinary school, the only one of its kind in North America, offers cooking, cocktail-making and wine tasting classes that will keep you tapped into the city's outstanding gourmet scene. This superb space can cater to anywhere from 12 to 125 people.

Ateliers & Saveurs Time Out Market

Centre Eaton de Montréal, 705 Sainte-Catherine Street West
☎ McGill | 514 849-2866 | ateliersetsaveurs.com

P 🚫

A unique culinary school offering fun and accessible workshops guided by seasoned professionals in one of Montréal's hottest kitchens. The team at Ateliers & Saveurs will concoct an experience that's perfectly tailored to you and your guests.

Ateliers & Saveurs Vieux-Montréal

444 Saint-François-Xavier Street | 📍 Place-d'Armes
514 849-2866 | ateliersetsaveurs.com



This unique culinary school, the only one of its kind in North America, offers cooking, cocktail-making and wine tasting classes that will keep you tapped into the city's outstanding gourmet scene. This superb space can cater to anywhere from 12 to 125 people.

Institut de tourisme et d'hôtellerie du Québec (ITHQ)

3535 Saint-Denis Street | 📍 Sherbrooke
514 282-5111 | 800 361-5111



An expert in its field for over 50 years, the ITHQ is the largest hotel management school in Canada specializing in the tourism, hotel, restaurant and sommelier professions. As gastronomy experts, the ITHQ has joined forces with the SAQ for a series of courses and tasting workshops.

Les Affûtés

6540 Waverly Street | 📍 Beaubien or De Castelnau
514 424-7457 | les-affutes.ca



This community is dedicated to developing manual skills and the ability to make everyday objects through training workshops in a variety of fields. The team also organizes team-building sessions for groups.

Public markets

Atwater Market

138 Atwater Avenue | 📍 Lionel-Groulx | 514 937-7754
marchespublics-mtl.com



Opened in 1933, the Atwater Market offers the year-round services of indoor merchants specializing in fresh meat, fish and baked goods. You will also find fresh fruits, vegetables and flowers, as well as caterers on site. The impressive Lachine Canal bike path leads up to the market.

Jean-Talon Market

7070 Henri-Julien Avenue | 📍 Jean-Talon
514 937-7754 | marchespublics-mtl.com



The multicultural flavours and sights of the Jean-Talon Market have been attracting crowds since 1933. In addition to the ubiquitous fruit, vegetable and flower stalls is a tasty array of specialty shops that feature spices, oils, cheeses, meats, pastries and exquisite local products.

Maisonneuve Market

4445 Ontario Street East | 📍 Pie-IX | 514 937-7754
marchespublics-mtl.com



Located near the magnificent former market (1912), the new Maisonneuve Market, which opened its doors in 1995, is an addition to Montréal's public markets. Full range of services offered: flowers, fruits, vegetables, meats, cheeses, baked goods and more.

Public Market of Lachine

1865 Notre-Dame Street | 📍 Angrignon
514 898-7748 | montreal.ca | From May to October



Montréal's oldest public market, Marché de Lachine, is open from May to October and features market gardeners and horticultural producers. In November and December, Christmas tree stalls await visitors. Nonnina, a restaurant-bakery offering Italian specialties, is open year-round.

Pointe-aux-Trembles' Public Market

Place du Village-de-la-Pointe-aux-Trembles, corner of Saint-Jean-Baptiste Blvd. and Notre-Dame Street East
📍 Honoré-Beaugrand | 438 788-3464
marchepublic-pat.com | From May to October



The Pointe-aux-Trembles Public Market is open on Saturdays from the end of May to mid-September where visitors and shoppers can find a variety of goods and produce from local purveyors, craftspeople and tradespeople. Various free activities and events happen during peak hours.





Did you know?

Complexe Desjardins turns 50!
Accessible by two metro stations and connecting to Montréal's vast underground network, it has been one of downtown's hubs since 1976.

DID YOU KNOW?

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Shopping



Montréal shopping is all about urban style, unique pop-up shops, handcrafted jewellery, antique treasures, gourmet delights and exceptional souvenirs.



The essentials



Local designers

Montréal is bursting with creative talent. Discover local designers' creations at spots like Marché Bonsecours, featuring unique fashion, jewellery and accessories citywide.



Underground network

The RESO, Montréal's underground pedestrian network, is home to hundreds of shops. It offers a unique shopping experience, sheltered from the elements, perfect for exploring the city in a whole new way.



Iconic shopping streets

Stroll along iconic shopping streets like Sainte-Catherine, Montréal's longest commercial artery, or explore Laurier West, Du Mont-Royal Avenue and Plaza St-Hubert to find treasures in a lively atmosphere.



Shopping malls

Montréal offers a diverse shopping experience with malls like the Eaton Centre, Montreal Trust, Complexe Desjardins and Royalmount, featuring boutiques for every taste and style.

100% Montréal souvenirs

For an authentic souvenir, explore local shops and take home maple treats, handcrafted jewellery, natural skincare products or local artwork—a perfect way to mark your time in the city!

Shopping

Find hidden gems!

Scan the QR code to learn more.





Privileged tourism offer

Up to **25%** off at participating
retailers and a gift with purchase.

More than 250 shops and restaurants
located in the heart of downtown, including
the Time Out Market, Lululemon, Nike,
Sephora, Uniqlo, Zara, and many more.

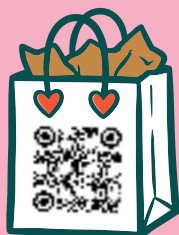
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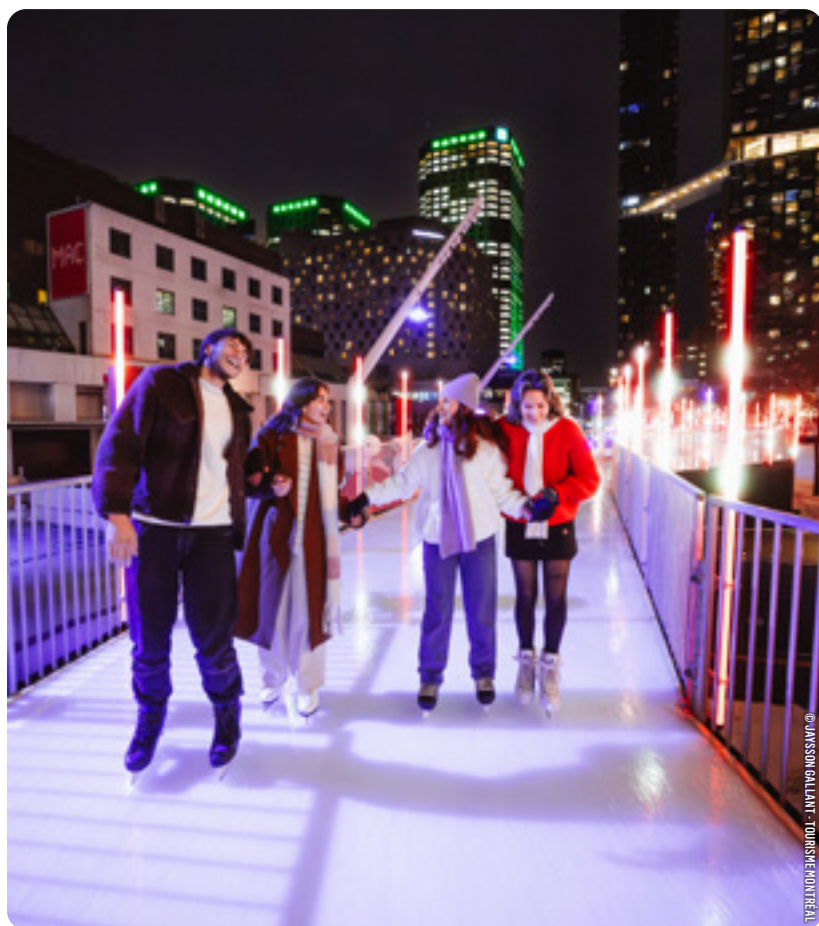


PREMIUM OUTLETS®
MONTREAL

January 15, 2017 28

Sports activities

Water activities, sports in parks, ice skating in winter... Montréal is a paradise for active people all year round.



© JANSSEN GALLANT - TOURISME-MONTRÉAL

The essentials



Lace up your skates

Come winter, Montréal's many outdoor ice rinks come alive with unforgettable skating experiences. Mount Royal and Parc La Fontaine are popular spots where you can glide gracefully through the crisp air and enjoy the city's winter charm.



Hike up Mount Royal

Mount Royal is the perfect spot to hike and soak up nature. Enjoy panoramic views of the city while exploring the many trails of this iconic park.



Explore the city by bike

Navigate Montréal on two wheels thanks to its vast network of cycling paths. Experience the city at your own pace, getting to know its lively neighbourhoods and scenic parks along the way.

Try river surfing

Test your surfing skills on the St. Lawrence River. The river's waves provide a unique and exhilarating experience for thrill seekers.

Enjoy water activities

Cruise along the Lachine Canal or around the Old Port in a pedal boat or kayak, or on a paddleboard. It's a relaxing and enjoyable way to explore Montréal from the water.

Experience thrilling adventures in the Old Port

For an adrenaline rush, head to the Old Port and try the zipline or bungee jumping. These exhilarating activities offer not only a thrill but also stunning views of Montréal.

Run a marathon

Challenge yourself to the Montréal Marathon and run through the city's streets alongside participants from around the world.

MY FAVOURITES



Address book

GUEPE

Several locations in Montréal | 514 710-6829

guepe.qc.ca



Looking for outdoor fun in Montréal? GUEPE offers a variety of activities for everyone: introductory sessions, guided hikes, and programs led by passionate naturalists. You can also take advantage of equipment rentals and loans at several locations across the island.

Downtown

QUARTIER DES SPECTACLES

Esplanade Tranquille ice skating rink

Intersection of Sainte-Catherine West and Clark Streets

Saint-Laurent or Place-des-Arts | 514 234-9366

quartierdesspectacles.com | From November to April



In the heart of the Quartier des Spectacles, Montréal's biggest refrigerated outdoor rink is free! There's daily on-ice programming, as well as a pavilion where visitors can warm up by the fireplace and sip a hot chocolate. In the evening, discover "Lumino", the interactive on-ice experience.

Old Port

Aventures Wet Set Mtl

Jacques-Cartier Pier | Champ-de-Mars | 514 701-9387

wetsetmtl.com | From May to October

P

Guided jetski rentals and boat tours with a captain to discover Montréal and its surroundings. Get to know the city and its majestic St. Lawrence River from a different perspective — an exhilarating jetski excursion! This activity is accessible to anyone looking to have an out-of this-world experience.

Ecorecreo

Jacques-Cartier Pier | Champ-de-Mars

514 465-0594 | ecorecreo.ca | From May to October



Ride with family or friends on a European-inspired multi-passenger vehicle to explore the Old Port of Montréal's nooks and crannies in a dynamic way. Then, take a break in the Bonsecours Basin by renting a pedal boat! Despite being so close to downtown, you'll feel far, far away.

Jet Boating the Lachine Rapids / Jet St-Laurent / Panorama Sightseeing Cruise

Clock Tower Pier | Champ-de-Mars | 514 284-9607

jetboatingmontreal.com | From May to September



Saute-Moutons offers expeditions on the magnificent Lachine Rapids that leave you wet and wordless. Powerful jet boats give you a fresh new take on the St. Lawrence River. Speed boating: rodeo on a high-speed boat with 360° turns.

Montreal Bungee

Convoyeurs Wharf, Old Port, 2 De la Commune Street West

Place-d'Armes | 514 664-5867 | montrealbungee.com



Take a giant leap with a 210-foot (64 m) bungee jump in Montréal's Old Port with this safe, thrilling and unforgettable adventure. Experience breathtaking downtown views with professional photos capturing every moment. Perfect for beginners and thrill seekers alike.

MTL Zipline

Place des Vestiges, Quays of the Old Port of Montréal,

Jacques-Cartier Pier Entrance | Champ-de-Mars

514 947-5463 | mtlzipline.com | From March to December



This company offers you a thrilling experience while flying over Bonsecours Island in the Old Port of Montréal. Enjoy a safe and unique zipline experience while taking in a spectacular view of the city and the St. Lawrence River. A must for the whole family!

Voiles en Voiles

Quays of the Old Port of Montréal, Jacques-Cartier Pier Entrance | 📍 Champ-de-Mars | 514 473-1458
voilesenvoiles.com | From April to October



This family adventure park transports you to the world of royal and pirate ships in the Old Port of Montréal. Tackle the aerial courses, climb the wall of the enemy's ship, practice archery and discover many more activities for an unforgettable summer.

Parc Jean-Drapeau

Aquatic Complex at Parc Jean-Drapeau

Île Sainte-Hélène, 130 Du Tour-de-l'Isle Road
📍 Jean-Drapeau | 514 872-7368 | parcjeandrapeau.com
From June to September



The former training venue for the swimming events at the 1976 Olympics, the Complex was completely renovated to accommodate the 2005 FINA Championships. Today, it has three pools: the fastest competition swimming pool in Canada, a diving pool and a recreational gradual-slope pool.

Circuit Gilles-Villeneuve

Île Notre-Dame | 📍 Jean-Drapeau | 514 872-6120
parcjeandrapeau.com



The 4.361 km-long (2.7 miles) Circuit Gilles-Villeneuve not only hosts the Formula 1 Grand Prix du Canada, but also welcomes biking, inline skating, jogging and walking enthusiasts. The first car race on the circuit took place in 1978. Mid-April to mid-November.

Parc Aquazilla (Parc Jean-Drapeau)

Jean Doré Beach, Île Notre-Dame | 📍 Jean-Drapeau
514 948-6721 | aquazilla.com | From June to September



This water park is a floating island made of interlocked inflatable structures. This unique concept is composed of modules requiring different physical skills. There are suspended ladders, slides and climbing modules. Your day at the beach has never been so much fun!

Parc Jean-Drapeau ice skating rinks

Île Sainte-Hélène, 130 Du Tour-de-l'Isle Road
📍 Jean-Drapeau | 514 977-9328 | parcjeandrapeau.com
From January to March



Two rinks have been set up in Parc Jean-Drapeau for fans of the sport. Come and spend some time, skating alone or with your family in the open air as you watch the sun go down behind the city's skyscrapers.

Mount Royal, Outremont and Westmount

Beaver Lake ice skating rink

Mount Royal Park, from East, via Camillien-Houde Parkway, from West, via Remembrance Road | 📍 Mont-Royal
514 843-8240 | lemontroyal.qc.ca
From December to March



In Montréal, outdoor skating is one of winter's favourite pastimes. Enthusiasts gather at the refrigerated rink next to the Lac-aux-Castors Pavilion, nestled in the scenic beauty of Mount Royal. Admission is free, and skate rentals are available.

Plateau-Mont-Royal and Mile End

Parc La Fontaine ice skating rink

Parc La Fontaine, bordered by Sherbrooke, Papineau, Rachel and Du Parc-La Fontaine Streets | 📍 Sherbrooke
514 872-0311 | ville.montreal.qc.ca/grandsparcs
From January to March



The Parc La Fontaine ice skating rink offers charming and romantic paths and an unforgettable Montréal experience. Accessible free of charge, it offers well-maintained natural ice. There's an on-site rental shop that also offers skate sharpening services.

Olympic District

Sports Centre (Montréal Olympic Park)

3200 Viau Street | 📍 Viau | 514 252-4141
parcolympique.qc.ca



Québec's largest aquatic complex is open to all. It offers multiple pools, a diving tower, a wading pool with a play area, a gym, and a sports medicine centre. The newly renovated facilities feature equipment that meets international standards.

Hochelaga-Maisonneuve and Rosemont

Accès Escalade Montréal

2350 Dickson Street | 📍 Assomption
514 899-5000 | accesescalade.com



An innovative climbing space for all skill levels, blending community spirit with high-performance training. Featuring programs for all ages, guests connect with other climbers, and enjoy the Acro-Parc adventure and group events.

Centre Pickle

2350 Dickson Street, Suite 950 (garage door 32)
📍 Assomption | 514 360-9477 | centrepickle.com



Enjoy an array of fun game play at this vast indoor pickleball facility. With 14 cushioned courts, a pro shop, café/bar, lounge, rentals and event mezzanines, it's more than just a place to play. Join leagues, take lessons, drop in or host tournaments.

Grand Chelem — Baseball & Softball Centre

3930 Sainte-Catherine Street East | 📍 Pie-IX
514 750-2255 | grandchelem.ca



Step up the plate and take a swing at Grand Chelem, Montréal's first ball centre offering urban sports entertainment at its finest. Planning an event? Grand Chelem offers a unique and exciting way to mark any occasion, from celebrating a birthday to holding a team-building activity.

Montreal Circus Academy

2350 Dickson Street, Suite S1400 | 📍 Assomption
514 819-3151 | academiedecirque.com



Montréal's largest recreational circus centre offers a variety of classes: flying trapeze, fixed trapeze, sports poles, exotic pole, aerial tissues, hoop/lyra, straps, handstands, flexibility, dance, and much more. Classes are suitable for all levels and ages.

The Village

Rage: Axe Throwing

1436 Atateken Street | 📍 Berri-UQAM or Beaudry
514 303-7243 | rageaxethrowing.com



Blow off some steam, have a little fun and enjoy some competition in a friendly urban environment as you test and develop your patience, focus and precision.

Little Italy and Villeray

IGA Stadium

285 Gary-Carter Street | 📍 De Castelnau
514 273-1234 | 800 361-4595 | stadeiga.com



Located in Parc Jarry, the stadium hosts numerous sporting and special events, with the highlight of the year being the Rogers Cup. It has a Centre Court (nearly 12,000 seats), Court 1 (over 4,000 seats), 10 outdoor courts (hard), 16 indoor courts (hard and clay) and several other areas.

Les Quartiers du Canal

GRIFFINTOWN

Allo Vélo

141 Shannon Street | 📍 Bonaventure | 514 937-8356
velolifestyle.com



There is no better way to visit Montréal than by bicycle. This centrally located bicycle rental company proudly offers high-quality European city bikes or ebikes to get around the city in comfort and style. Families can now enjoy the experience together on unique family cargo bikes from Denmark.

LITTLE BURGUNDY

H2O Adventures

Lachine Canal, 2727 B Saint-Patrick Street
 ☎ Charlevoix | 514 842-1306 | aventuresh2o.com
 From May to September



H2O Adventures offers kayak, SUP, pedal boat, rabaska and electric boat rentals. The company also offers kayak tours during which you will cross the locks of the Lachine Canal and discover Griffintown and the Old Port.

Ma Bicyclette

2985 Saint-Patrick Street | ☎ Lionel-Groulx
 514 317-6306 | 877 815-0150 | mabicyclette.ca



Located along the Lachine Canal bike path, this outdoor shop is the ideal starting point for bike tours. Ma Bicyclette offers bicycle rental equipment, repairs, parts and accessories. While you're there, enjoy a pint on the patio after your ride or a pre-pedal coffee.

Pôle des Rapides

KSF

7770 LaSalle Blvd. | ☎ Angrignon | 514 595-7873
ksf.ca | From April to October



The mission of this nautical centre is to make the St. Lawrence River a go-to destination. KSF offers courses, equipment rental, and discovery outings via kayak, river surfing and stand-up paddleboarding at two of the city's emblematic natural sites.

Rafting Montréal

8912 LaSalle Blvd. | ☎ Angrignon | 514 767-2230
 800 324-7238 | raftingmontreal.com
 From May to September



Since 1992, Rafting Montréal has offered the opportunity to discover Montréal from a unique perspective, right in the heart of the city. Whether you're with family, friends, or a group, several packages are available. Try one of its two types of experiences: The Family or The Adventurer.

VERDUN

St. Lawrence waterfront cycling path

The shores of the St. Lawrence River, Verdun, LaSalle and Lachine
services.montreal.ca/cartes/pistes-cyclables



This linear park stretches for 21 uninterrupted kilometres (13 miles) along the banks of the majestic St. Lawrence River. The route can be travelled on foot, by bike or on rollerblades during the summer season, and on cross-country skis in winter.

East End, West Island and Montréal North

WEST ISLAND

Golf Saint-Raphaël

1111 De l'Église Hill, Île Bizard | 514 696-4653
golfstaphael.ca | From May to October



Located in the heart of the charming Île Bizard, just minutes from the city, Golf Saint-Raphaël offers you a unique experience from start to finish. On site: two prestigious courses, quality facilities, restaurants, bistro and bar. Options available for all types of events.

Around Montréal

EASTERN TOWNSHIPS

Golf Château-Bromont/Golf

95 Montmorency Road, Bromont | 450 534-1199
 1 888 276-6668 | chateaubromont.com



Certified Canadian Championship course, Golf Château-Bromont's reputation is well established. Its greens are among the finest and most demanding in the region, and its carts are ultramodern. A memorable sporting experience and breathtaking panoramic views await you.

LAURENTIANS

Station touristique Tremblant

1000 Voyageurs Road, Mont-Tremblant
888 738-1777 | tremblant.ca



A renowned four-season destination offering endless activities in the heart of its remarkable pedestrian village. Voted the number one ski resort in Eastern North America by *Ski Magazine* readers 20 times, the mountain offers 102 runs while its village boasts tons of shops, restaurants and lodging.

MONTÉRÉGIE

Oasis Surf

9520 Leduc Blvd, Suite 01, Brossard
REM Station Du Quartier | 514 372-7873 | oasisurf.com



Indoor surfing, resto-bar, shop. Unique in Canada. Surfers of all levels are invited to try Oasis Surf's wave in a safe environment or simply come and enjoy their beach menu in their 200-seat restaurant.

Ski Saint-Bruno

550 Rang des Vingt-Cinq Est, Saint-Bruno-de-Montarville
450 653-3441 | skisaintbruno.ca
From December to April



Québec's premier creator of skiers and snowboarders. The SKIGO/SNOGO progressive snow course: become a skier or snowboarder in just a few hours — four easy steps, guaranteed fun. The only resort in an urban setting, just 15 km from Montréal.





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**TOURISME /
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Sports events /

Montréal buzzes year-round with sports, from hockey and tennis to motorsports, cycling, soccer, and urban sports.



The essentials



Catch a Canadiens game

The legendary Montréal Canadiens, one of the most iconic teams in the National Hockey League, offer an experience like no other at the Bell Centre. Get ready for an electric atmosphere, charged by the passion of Montrealers for their home team. Go Habs Go!



Get up close with tennis pros

The National Bank Open is Montréal's premier tennis event, bringing top-ranked players from around the globe to compete on the world-class courts of IGA Stadium each summer. Whether you're a die-hard tennis fan or a casual observer, the competition is a spectacle not to be missed!



Cheer on Montréal's home teams

Support Montréal's beloved teams—The Alouettes (American football), CF Montréal (soccer), and the Montréal Alliance (basketball)—as well as the Montréal Roses and Montréal Victoire, who represent the city in women's soccer and hockey respectively. The atmosphere in the stadiums is electric, with a passionate crowd creating a festive and lively ambiance at every game.



Discover the thrill of urban sports

Montréal is a hotbed for urban sports events, including the thrilling Jackalope Festival. Watch extreme athletes compete in exciting and high-flying urban sports, delivering adrenaline-charged entertainment for those who crave action.

Embrace the passion of cycling

Every year, the Grand Prix Cycliste de Montréal draws thousands of spectators to witness world-class cyclists battle it out in the heart of the city. In 2026, Montréal will host the UCI Road World Championships, a landmark event that will bring this prestigious competition back to Montréal for the first time in over five decades.

Feel the thrill of F1

During the Canadian Grand Prix weekend, Montréal transforms into a high-energy celebration of speed, glamour and entertainment. Events, live music and excitement fill the streets as fans flock to witness motorsport at its finest.

MY FAVOURITES



Leisure activities, nature and relaxation



Relax and unwind in the city's green spaces or enjoy a soothing spa experience to find your bliss in Montréal.



© @JUSMARI - TOURSHEMONTREAL

The essentials



Green spaces, parks and gardens

Take advantage of Montréal's many green spaces to take a breather and recentre. The city offers a wide array of parks and gardens, all perfect havens in which to relax and enjoy the beauty of nature.



Creative pursuits

Unleash your creativity with hands-on activities and art classes. Whether it's pottery, painting or DIY projects, Montréal offers plenty of opportunities to express your talent.



Spa day

Treat yourself to a relaxing day at a spa. Bota Bota, spa-sur-l'eau, a floating day spa on the St. Lawrence River, offers a unique wellbeing experience with its floating water circuit and sublime views of the city. Likewise, Strøm Nordic Spa, with modern facilities and exceptional treatments, is another excellent option for those seeking to renew and recharge.

Beaches and pools

Take advantage of Montréal's beaches and pools to cool off and relax. Whether by the river or at municipal pools, there are plenty of spots to swim and soak up the sun.

Culinary workshops

Learn to cook like a chef with cooking classes offered in Montréal. Uncover the secrets of both local and international recipes in a friendly and educational atmosphere.

Games

Have fun at game bars, challenge yourself with escape rooms, or test your knowledge during quiz nights. These are great activities for enjoying quality time with friends and family.

MY FAVOURITES



Address book

Patin Patin

514 613-3838 | patinpatin.ca



Skate rentals, sharpening services, and a variety of other recreational equipment have been offered every winter since 1986. These services are available at Parc La Fontaine, Esplanade Tranquille, Parc Jean-Drapeau, and Parc Maisonneuve.

Downtown

DOWNTOWN

Moment Spa The Queen Elizabeth

Fairmont The Queen Elizabeth, 900 René-Lévesque Blvd. West
☎ Bonaventure | 438 387-4445 | 866 263-7477
momentspa.ca



To reflect the luxurious hotel, this spa offers a unique wellness experience in the heart of the romantic and cosmopolitan metropolis. This haven of peace will help you forget the urban hustle and bustle while you enjoy an unforgettable, relaxing and soothing moment.

Montréal Bowling

2313 Sainte-Catherine Street West, 4th Floor
☎ Atwater | 514 312-8774 | montrealbowling.ca



Montréal Bowling is the place to be for those who enjoy a few rounds of bowling, a night out among friends to watch the latest game or for those who want to sit back, relax and enjoy some great food and drink. Located in the west end of downtown Montréal.

MusiQuiz Montréal

422 Ontario Street East | ☎ Berri-UQAM
438 794-8844 | musiquiz.ca



The music quiz centre offers an immersive experience with cameras, lights and voice-overs, recreating the atmosphere of a game show. Each session is unique and customizable, with a variety of musical challenges. Ideal for families (age 10 and over), friends and colleagues.

Vortex Montréal (Quartier Latin)

422 Ontario Street East | ☎ Berri-UQAM | 514 907-2201
vortexmontreal.com



This game centre enthusiastically welcomes families, groups of friends and companies in an environment that is fun for everyone. You will have 60 minutes to complete a vital objective. You will be accompanied by game masters who will prompt you with clues but leave the victory in your hands.

GOLDEN SQUARE MILE

Laser Game Évolution (Ste-Catherine)

1226 Sainte-Catherine Street West | ☎ Peel
514 281-6464 | lasergame-evolution.ca



Come challenge your friends in three multi-level mazes featuring partitions, reflective zones and all kinds of obstacles! Their laser tag game is a fun and sporty activity, where each player is equipped with cutting-edge, 100% laser technology for extreme precision. The ultimate experience!

PLAYBOX Center

Centre Eaton de Montréal, 705 Sainte-Catherine Street West
☎ McGill | 514 316-6492 | playbox.center



Entertainment in downtown Montréal has reached new heights with the Playbox Centre. Featuring a wide selection of games, VR attractions and much more, all in a vibrant setting, there's something for everyone at any age.

Spa St. James at The Ritz-Carlton

Ritz-Carlton Montréal, 1228 Sherbrooke Street West
☎ Peel | 514 844-4590 | spastjames.com



Located in the heart of downtown, the contemporary and elegant Spa St. James at The Ritz-Carlton Montréal offers luxury treatments and attentive service. The spa includes waterfalls, a relaxation lounge with fireplaces, diverse spacious treatment rooms and suites, and a state-of-the-art salon.

QUARTIER DES SPECTACLES

Bains Ninkasi – Spa épicurien

2120 De Bleury Street | 📍 Place-des-Arts | 514 999-3641
bainsninkasi.com

Enjoy a spa experience that blends brewing culture and wellness with a social twist. Featuring a rejuvenating sauna, baths infused with hops, yeast and malt, cozy relaxation areas and optional tastings with Québec microbrews and chocolates.

Old Montréal

A/Maze Escape Game (Old Port) & Cocktail Bar Inventions

480 Saint-Jean Street | 📍 Place-d'Armes
 514 504-2139 | amazemontreal.com

🚶 P X

Enjoy a variety of escape rooms at A/Maze Escape Game located in Old Montréal. Come find clues, solve puzzles and escape the games followed by a rewarding cocktail at Cocktail Bar Inventions located on the building's first floor.

Rainspa

Hôtel Place d'Armes, 55 Saint-Jacques Street West
 📍 Place-d'Armes | 514 282-2727 | rainspa.ca



Old Montréal's favourite oasis of well-being, this spa offers refined services that combine ancient knowledge with the latest technology, in addition to its traditional hammam, with private rooms dedicated to eucalyptus steam treatments.

Scandinave Spa Vieux-Montréal

71 De La Commune Street West | 📍 Place-d'Armes
 514 288-2009 | 844 220-2009 | scandinave.com

In the heart of Old Montréal, this urban spa will provide you with an experience of deep relaxation without even leaving the city. Enjoy the benefits of thermotherapy in its fully indoor facilities, and add to the experience by choosing from various massages offered.

Spa William Gray

Hôtel William Gray, 421 Saint-Vincent Street
 📍 Champ-de-Mars | 438 387-2008 | 844 576-5600
spawilliamgray.com

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Spa William Gray offers high-end Gharieni spa beds for therapeutic warm quartz massages, an herbal sauna, a Himalayan salt room, a Finnish sauna, an eucalyptus steam room, a cold room and experiential showers. Enjoy a variety of beauty treatments enhanced by the Spa Wave sound therapy system.

Old Port

Bota Bota, spa-sur-l'eau

Entrance at the corner of De la Commune West and McGill Streets | 📍 Square-Victoria-OACI
 514 284-0333 | 855 284-0333 | botabota.ca

Formerly a ferry, this boat-spa consists of five decks that house the various spa facilities: four saunas with incredible views of the river and the Old Port, steam baths, whirlpool baths, cold showers and baths, relaxation areas, a restaurant, pools, terraces and a garden!

Clock Tower Beach at the Old Port of Montréal

Clock Tower Pier | 📍 Champ-de-Mars | 514 496-7678
oldportofmontreal.com | From June to September

🚶 Ⓢ P X 📶

Swimming is not allowed at this beach along the St. Lawrence River. Nevertheless, it offers visitors umbrellas, misting systems, a boardwalk and a refreshment stand. The Clock Tower was built in 1922 to commemorate the courage of the men of the Merchant Fleet who were lost during World War I.

Grand Quay of the Port of Montreal

Across from the Pointe-à-Callière museum complex
 📍 Place-d'Armes | 514 283-7906 | port-montreal.com

Ⓢ P 📶

The Grand Quay offers city and river views from a vast green roof with 24,000 plants. The Promenade d'Iberville and Commencement Square provide relaxing spaces to watch cruise ships or picnic by the water.

La Grande Roue de Montréal

Bassin Bonsecours, facing the Bonsecours Market, between the Jacques-Cartier and Clock Tower piers

📍 Champ-de-Mars | 514 325-7888

lagranderouedemontreal.com



This 60-metre observation wheel is the tallest in Canada and equipped with 42 luxurious, top-of-the-line, climate-controlled cabins. Hop on board and appreciate panoramic views of the city, the St. Lawrence River, and, on occasion, fireworks displays.

Mini-Golf Montreal

Quai des Convoyeurs, Old Port of Montréal,

2 De la Commune Street West | 📍 Place-d'Armes

514 664-5867 | minigolfmontreal.com/home

From May to October



Mini-Golf Montreal features two unique 18-hole courses on the Old Port's Quai des Convoyeurs. With a sunny summer vibe and colourful scenery, it's great for group outings with family or friends. Offering outdoor fun for all skill levels, all summer long.

Port of Montreal Tower

Port of Montreal's Grand Quay, 200 De la Commune West Street (at the end of the Grand Quay)

📍 Place-d'Armes | 514 370-8687 | 888 897-8687

port-montreal.com | From June to January



A must-visit attraction in Montréal's Old Port, this site offers stunning panoramic views. Explore Montréal from a fresh perspective through an immersive multimedia exhibition and interactive experiences, plus enter the glass cage at 55 m high for an unforgettable adrenaline rush.

SOS Labyrinth

Clock Tower Pier | 📍 Champ-de-Mars | 514 499-0099

soslabyrinth.com | From April to November



With your mission card in hand, seek out four new treasures in a 2-km (1.2-mile) maze. Count on staff on inline skates to help you lose your way. Discover amazing stories about the Port of Montréal, with many unexpected traps and surprises that will keep you laughing.

Parc Jean-Drapeau

ARcade, Casino de Montréal

Casino de Montréal | 📍 Jean-Drapeau | 514 392-2746

800 665-2274 | lotoquebec.com/arcade



Picture a video game projected on the floor. And you're the remote. No screens. No VR headset. ARcade is where you can go on an exciting immersive journey that's part video game, part sports, part fun night out! Add a bar and lively games, and you get an entire level dedicated to pure entertainment. Reservations recommended.

Casino de Montréal

1 Du Casino Avenue | 📍 Jean-Drapeau | 514 392-2746

800 665-2274 | casinodemontreal.ca



This Loto-Québec entertainment hub is a must-experience in Montréal. Enjoy restaurants for every appetite, bars where the action is non-stop, a stellar lineup of shows at a renowned performance hall, and try your hand at a wide variety of gaming tables and slot machines.

Jean-Doré Beach

151 Gilles-Villeneuve Circuit | 📍 Jean-Drapeau

514 872-0199 | parcjeandrapeau.com

From June to September

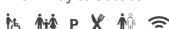


A beautiful sandy beach close to downtown, where water quality is always excellent and many services are available. Rent a boat or have fun at Aquazilla: an inflatable structure with obstacles, slides and platforms for jumping into the water!

La Ronde

Île Sainte-Hélène | 📍 Jean-Drapeau

From May to October



With more than 40 rides and attractions, this is the only true amusement park in Québec! Check out L'International des Feux Loto-Québec, the world's No. 1 fireworks competition. In October, experience Fright Fest for the whole family during the day and terrifying scares at night.

Parc Jean-Drapeau

Île Sainte-Hélène and Île Notre-Dame | 📍 Jean-Drapeau
514 872-6120 | parcjeandrapeau.com

P X

This urban park offers many outdoor activities. In addition to the Casino de Montréal, La Ronde and the Biosphère, all located on site, it hosts major events like Osheaga and Formula 1 Grand Prix du Canada. During the summer season, the park rents out electric scooters.

Mount Royal, Outremont and Westmount

Mount Royal Park

From the east, via Camillien-Houde Parkway, from the west, via Remembrance Road | 514 843-8240
lemontroyal.qc.ca

🚶 🚴 📶 P X

Designed by Frederick L. Olmsted, this park boasts a network of walking paths and stairs that will lead to you a variety of landscapes. Magnificent lookouts offer breathtaking views of the city and region. "Les amis de la montagne" offer numerous education and recreational activities.

Plateau-Mont-Royal and Mile End

Art Chaos

31 Saint-Viateur Street East | 📍 Rosemont
514 316-5208 | artchaos.ca

🚶 🚴 📶

An art studio that specializes in creating one-of-a-kind paintings on rapidly spinning canvases. Enjoy coming in to create alone or with friends, family and colleagues. The space is inclusive and inviting.

Quiz Room — Le Plateau

4203 Saint-Denis Street | 📍 Mont-Royal
514 840-5606 | quiz-room.ca

🚶 🚴 📶

Take quiz solving to the next level at Quiz Room Montréal, a space created for quiz lovers that features problem-solving at multiple levels. Fun for all ages, this is an excellent activity for groups, parties, team-building and more.

Parc La Fontaine

Bordered by Sherbrooke, Papineau, Rachel and Du Parc-La Fontaine Streets | 514 872-0311 | montreal.ca

P X 📶

People flock to this park to relax in the shade, to enjoy a picnic and sunbathe. The artificial pond allows visitors to observe a wide range of bird species throughout the summer season and, in winter, the pond is transformed into a skating rink. An outdoor theatre presents events during the summer.

Vortex Montréal (Plateau)

3841 Saint-Laurent Blvd. | 📍 Sherbrooke or Saint-Laurent
514 907-2201 | vortexmontreal.com

🚶 🚴 📶

This game centre enthusiastically welcomes families, groups of friends and companies in an environment that is fun for everyone. You will have 60 minutes to complete a vital objective. You will be accompanied by game masters who will prompt you with clues but leave the victory in your hands.

Olympic District

Biodôme — Espace pour la vie

4777 Pierre-De Coubertin Avenue | 📍 Viau
514 868-3000 | 855 518-4506 | espacepourlavie.ca

🚶 🚴 P X 📶

Summer and winter alike, it is a place to discover! With its five ecosystems of the Americas under one roof, it's like a walk in nature. A place of wonder, learning and environmental commitment for all ages, it is also one of Montréal's must-see tourist attractions.

Insectarium — Espace pour la vie

4581 Sherbrooke Street East | 📍 Pie-IX or Viau
514 868-3000 | 855 518-4506 | espacepurlavie.ca



Peek into the very small world of insects as they move around in total freedom. Wonder and curiosity await as you enjoy an immersive experience that will transform your relationship with these tiny creatures.

Jardin botanique — Espace pour la vie

4101 Sherbrooke Street East | 📍 Pie-IX | 514 868-3000
855 518-4506 | espacepurlavie.ca

From May to October



This botanical garden is recognized as one of the world's finest and largest, and is a wonderful way to explore the whole globe. Its collection of 22,000 species and cultivars, 10 exhibition greenhouses, a Tree House and some 30 thematic gardens make it one of Montréal's loveliest attractions.

Montréal Olympic Park

4545 Pierre-De Coubertin Avenue | 📍 Pie-IX or Viau
514 252-4141 | parcolympique.ca



Located just 15 minutes from downtown Montréal by metro, this complex hosts events and activities with a little something for everyone throughout the year. An urban gathering space as well as a majestic architectural masterpiece just waiting to be discovered and rediscovered!

Parc Maisonneuve

4601 Sherbrooke Street East | 📍 Pie-IX or Viau
514 872-0311 | montreal.ca

P

The parc is 63 hectares of green space with facilities for many sporting activities, including a lighted skating rink and a nine-hole municipal golf course. This large, undulating park invites you to relax and have fun. For various events, it welcomes several thousand people.

Hochelaga-Maisonneuve and Rosemont

Distillerie de Montréal

5447 Chapleau Street | 📍 Frontenac or Laurier
514 585-3576 | distilleriedemontreal.com



Visit the Distillerie de Montréal and join a friendly guided tour, discovering their unique spirits. Guests on the tours enjoy tasting each of the spirits that are created with Québec's terroir in mind. From gin and vodka to specialty rums, whisky and pastis, there's something for every taste.

Échappe-toi Montréal

2244 Larivière Street | 📍 Frontenac | 514 907-2200
echappetoi.com



This first escape game centre to open in Québec in 2014 offers nine unique immersive adventures hosted by game masters. Players take part in an original experience and discover Québec's historical and cultural heritage. For players 8 years old and over.

The Village

Find The Key

1000 Atateken Street | 📍 Beaudry | 514 907-1919
findthekey.ca



Escape room? You'll be physically trapped in a room, where your goal will be to find the key that will set you free by using logic, intelligence and teamwork. Easy enough, right? Not really! Only 3% of attempts are successful. So gather your friends and come take on the challenge!

Little Italy and Villeray

Parc Frédéric-Back

2345 Jarry Street East | 📍 Jarry | 514 376-8648
888 376-8648 | montreal.ca



Located on a former quarry and city dump site, this park represents the most ambitious environmental rehabilitation project ever undertaken in Montréal. It has been transformed into a vast green space dedicated to both the environment and culture, offering a wide range of activities.

Parc Jarry

Corner of Saint-Laurent Blvd. and Gary-Carter Street
 ☎ De Castelnau, Jarry | 514 872-0311 | montreal.ca



This park, which offers a magnificent view of Mount Royal, is known for its world-class tennis stadium. Children can swim or fly their kites, while those who enjoy a stroll can follow the trails leading to the pond and its fountain.

Zero Latency Montreal

910 Jean-Talon Street East | ☎ Jean-Talon
 514 274-9090 | zerolatencyvr.ca



At Montréal's Zero Latency VR space, experience free-roam multiplayer virtual reality where players move freely through ultra-realistic fantasy worlds. With advanced headsets, immersive sound, and stunning visuals, team up to conquer challenges. Try Axcitement axe throwing too!

Les Quartiers du Canal

GRIFFINTOWN

Musée Imaginarium

290 De la Montagne Street | 438 946-5866
museeimaginarium.com



Musée Imaginarium is a captivating, immersive playground where selfies come to life as guests explore 16+ fantastical spaces. Perfect for all ages, this hour-long adventure promises unforgettable fun.

RECESS

217 Young Street | ☎ Bonaventure | 450 809-3741
recessthermalstation.com



Enjoy a different type of spa experience where sauna and cold plunge rituals are remixed into a collective, multi-sensory experience. With a circular sauna, communal ice bath and art- and music-driven lounge, it's a space for connection, energy and reset.

LITTLE BURGUNDY

H2O Adventures

Lachine Canal, 2727 B Saint-Patrick Street
 ☎ Charlevoix | 514 842-1306 | aventureh2o.com
 From May to September



H2O Adventures offers kayak, SUP, pedal boat, rabaska and electric boat rentals. The company also offers kayak tours during which you will cross the locks of the Lachine Canal and discover Griffintown and the Old Port.

SAINT-HENRI

A/Maze Escape Game (Atwater)

3550 Saint-Jacques Street | ☎ Lionel-Groulx
 514 504-2139 | amazemontreal.com



A/Maze is a real-life escape game that offers immersive adventures, a great test of your survival and problem-solving skills. Experience a situation you will never encounter in real life. A minimum of 2 and maximum of 5 people is required to participate in the many different games.

Le Saint Motel

4000 Saint-Ambroise Street, Suite 278 | ☎ Lionel-Groulx
 514 938-4684 | lesaintmotel.com



The multisensory photography studio is ideal for capturing the perfect selfie. You can explore all 13 themed rooms that range from an interior garden to a pink pool with Montréal as the backdrop. Each room has optimal lighting for both professional cameras and smartphones.

Pôle des Rapides

Cirka Distilleries

2075 Cabot Street | 514 370-2075 | cirkadistilleries.com



This is the first Québec microdistillery to produce spirits from grain to glass, collaborating with local farmers and foragers for sourcing, as well as chefs and bartenders for product development. A tour of the facilities allows guests to see the production process and taste award-winning spirits!

Lachine Canal National Historic Site

Stretches over 14.5 km, from Lock No. 1 in Montréal's Old Port to Lock No. 5 in the Lachine borough.
514 283-6054 | 888 773-8888 | pc.gc.ca/canallachine

The Lachine Canal National Historic Site dates back to 1825 and features a 14-kilometre (8.7-mile) bicycle and pedestrian pathway. The multipurpose path is maintained from April 15 to November 15.

Parc des Rapides

Corner of LaSalle Blvd. and 7th Avenue | 514 367-1000
montreal.ca

This is an ideal spot for an up-close view of the Lachine Rapids and a refuge for migrating birds. A landscaped lookout has explanatory panels telling the story of the rapids and the former hydroelectric station. The rapids live up to the wildest expectations of white-water rafters and kayakers.

VERDUN

Parc Angrignon

Corner of Des Trinitaires and De La Vérendrye Blvds.

Angrignon | 514 872-0311
ville.montreal.qc.ca/grandsparcs

This 97-hectare park has a year-round variety of open-air activities for the family. In summer, a pond complements pedestrian tours and nature exploration. The "Fort Angrignon" trial track promises indoor excitement galore.

Strøm Nordic Spa (Nun's Island)

1001 De la Forêt Blvd. | Lasalle | 514 761-2772
stromspa.com

Explore the pools, saunas, steam baths and relaxation areas at Montréal's only nature spa. Indulge in massages or highly effective aesthetic treatments such as a body wrap, personalized face treatment, and hand or foot treatment. Enjoy a meal at Restaurant Nord, which offers refined Nordic cuisine.

Verdun Beach

4110 LaSalle Blvd. | De l'Église | 514 280-0789
montreal.ca | From June to August

Set on the shore of the St. Lawrence River, this universally-accessible urban beach offers a cool respite from the hazy days of summer. The beach has slides, a climbing wall, hammocks and sand, and the swimming area has a concrete path and ramp access.

East End, West Island and Montréal North

EAST ISLAND

BoulZeye, Pub & Attractions

3655 Du Tricentenaire Blvd. | Honoré-Beaugrand
514 498-2228 | boulzeye.ca

Discover Québec's largest entertainment centre! Featuring 16 duckpin bowling lanes with lounge seating, a multi-level laser tag arena, a microbrew pub, full kitchen service, the largest patio in the area, four escape rooms, a large virtual reality gaming zone and a function room.

iSaute (Anjou)

8700 Du Golf Blvd. | Honoré-Beaugrand
514 667-7644 | isaute.ca

This paradise of bounce and gravity welcomes guests of all ages! Jump, flip, and dive on interconnected trampolines, enjoy the foam pit, and explore the kids' zone. Perfect for parties with ninja courses, dodgeball, and more. Jump in and feel the thrill!

Parc-nature de la Pointe-aux-Prairies

Chalet d'accueil Héritage, 14905 Sherbrooke Street East
 Honoré-Beaugrand | 514 280-6778 | montreal.ca

This vast 261-hectare park invites you to reconnect with nature through a diversity of ecosystems. Nature lovers will enjoy strolling through its fields and wooded areas and discovering its marshes. They can enjoy outdoor activities in every season, with equipment rentals available in winter.

AIRPORT

Action 500

1865 Transcanadienne Road, Dorval | 📍 Côte-Vertu
514 254-4244 | 877 254-4244 | action500.com



Where the real fun is! Electric go-karting, laser tag, 3 electrifying escape games and 35 arcades await you for an unforgettable experience. Action 500 has everything to entertain people of all ages, 7 days a week. Come and have fun!

Nemesis Video Game Lounge

Plaza Pointe-Claire, 245 Saint-Jean Blvd., Pointe-Claire
514 692-4611 | nemesislan.ca



Enjoy state-of-the-art play at this all-ages gaming lounge built for shared enjoyment. From cutting-edge PCs and the latest consoles to immersive VR adventures, great food and drinks and much more, each visit is an epic adventure. Great for birthdays and other occasions.

Parc-nature du Bois-de-Liesse

Chalet d'accueil des Champs, 9432 Gouin Blvd. West
📍 Henri-Bourassa | 514 280-6778 | montreal.ca



During the hot days of summer, what could be better than going hiking or cycling? Once winter has arrived, you can observe the birds at any one of many feeding stations. Ski along the winding cross-country ski trails or toboggan down the hill.

The Rec Room

5050 De la Côte-de-Liesse Road, Mont-Royal
📍 De la Savane | therecroom.com



An all-in-one social playground at Royalmount where adults and families can spend the whole evening out under one roof. Connected to the Cineplex, it combines dining, drinks, live shows and more than 80 games, from retro arcade games to VR, plus bowling and much more.

WEST ISLAND

Ecomuseum Zoo

21125 Chemin Sainte-Marie, Highway 40 West, Exit 44,
Sainte-Anne-de-Bellevue | 514 457-9449
zoocomuseum.ca



Discover the only outdoor zoo on the island of Montréal and see what Québec's fauna has to offer in a unique natural setting! As you make your way through the trails, perhaps you'll catch the eye of a golden eagle, get a glimpse of frolicking river otters or be fascinated by the mysterious fisher!

iSaute (Kirkland)

3220 Jean-Yves Street Kirkland | 📍 Lionel-Groulx
514 842-9992 | isaute.ca



This bouncing paradise invites all ages to defy gravity! Jump, flip, and dive on interconnected trampolines, enjoy the foam pit, and a special zone for kids. Perfect for parties and events with ninja courses, dodgeball, and more. Let the fun begin!

Parc-nature de l'Anse-à-l'Orme

21135 Gouin Blvd. West | 📍 Côte-Vertu
514 280-6778 | montreal.ca



This linear park located at the western tip of the island of Montréal faces Lac des Deux-Montagnes. For those who love windsurfing and boating, this destination is the obvious choice to take full advantage of the dominant west winds. Picnic area, outdoor showers and two launching ramps are available.

Parc-nature du Bois-de-l'Île-Bizard

Welcome chalet, 2115 Bord-du-Lac Road | 514 280-6778
montreal.ca



By bicycle or on foot, explore the many paths of this large park. A stop on the footbridge allows you to observe beavers, turtles and ducks. Make the most of warm days by going canoeing or swimming. In the spring and fall, observe the migration of the Canada geese and other birds along the shore.

Parc-nature du Cap-Saint-Jacques

Welcome chalet, 20099 Gouin Blvd. West, Pierrefonds

📍 Côte-Vertu | 514 280-6778 | montreal.ca

P X 📶

Whether you are at the ecological farm, in a picnic area, on the beach or in the forest, you will appreciate this area set in the wilderness. Nature buffs can stop by the Havre-aux-tortues to learn more about this fascinating world.

Sainte-Anne-de-Bellevue Canal National Historic Site

170 Sainte-Anne Street, Sainte-Anne-de-Bellevue

📍 Angrignon | 514 283-6054 | 888 773-8888

parks.canada.ca

P

With its exceptional historic site, the Sainte-Anne-de-Bellevue Canal is a very popular destination. Visitors can stroll along the boardwalk that borders the waterway, explore historic ruins, watch the lock in operation or enjoy a family picnic in the green spaces.

West Island Heritage Bicycle Trail

Sainte-Anne Street, Sainte-Anne-de-Bellevue

📍 Angrignon | spoi.ca | From April to November

The Trail offers 70 km of paths that let you discover the architectural, historic and natural heritage of Montréal's westernmost areas. Along the way, you can read descriptive plaques on the 100 or so ancestral homes, explore the lush greenery of nature parks and admire stunning vistas.

NORTH OF THE ISLAND

Laser Game Évolution (Marché Central)

8791 De L'Acadie Blvd. | 📍 Crémazie | 514 384-4848

lasergame-evolution.ca

👤 P 📶

This is the perfect activity for all ages, whether with friends, colleagues, or family. This energetic experience uses safe laser technology in dark, zig-zagging mazes. Teams of six, in different coloured vests, have 20 minutes to tag opponents. Ideal for parties, events, and team-building.

Parc-nature de l'Île-de-la-Visitation

Maison du Meunier, 2425 Gouin Blvd. East

📍 Henri-Bourassa | 514 280-6778 | montreal.ca

👤 P X

A true historical gem! Located along the Rivière des Prairies, at the very heart of the history of Sault-au-Récollet, this park abounds in historical elements, such as the Site des Moulins ruins, the Maison du Pressoir and the Maison du Meunier.

Around Montréal

MONTÉRÉGIE

Domaine du Fleuve Winery

1164 Marie-Victorin Road, Varennes | 514 796-5056

Seasonal tastings: from June to September

P

The Domaine du Fleuve vineyard produces fine, 100% local wines, with attention to detail from harvest to bottling. Situated on the banks of the St. Lawrence River, it offers an enchanting, accessible setting that's perfect for socializing, with the option of picnicking on site.

Ohana Sailing Agency

101 Rive Road, Longueuil | 📍 Longueuil—

Université-de-Sherbrooke | 833 642-6272

ohanasailing.ca

From May to October

P

Dare to dream! Discover Montréal and its surroundings from a different perspective! Navigate the St. Lawrence River, an exceptional body of water that offers many learning opportunities. Whatever your level of knowledge, you'll take the helm with experienced instructors.

Statera – l'archipel fabuleux

127 Du Traversier Road, Sorel-Tracy | 450 846-2958
stateraexperience.com

👤 👤 🚶 📶 P

Explore a spectacular archipelago of 103 islands while enjoying narrated cruises, 360° films under a dome and immersive AR and VR experiences. The fun continues on and around the river with pedal go-kart and electric scooters, plus mini-golf and much more.

Sucrerie de la Montagne

300 Saint-Georges Road, Rigaud | 450 451-0831
sucrerie.delamontagne.com

👤 P X

Traditional maple grove open year-round, recognized as a Québec heritage site. Horse-drawn shuttle and musical entertainment with a minimum of 80 guests. Guided tour of the sugar shack, bakery and maple taffy in season. Lodging available on site with meal package.

LAURENTIANS

Labonté de la pomme – Orchard – Cider House – Apple Shack

405 De L'Annonciation Road, Oka | 450 479-1111
labontedelapomme.ca

👤 P X

Located in the Lower Laurentians, this well-loved destination offers a variety of fruits and vegetables to harvest. Enjoy tastings, gourmet delights at the famous Apple Shack, and aromatic ciders crafted on-site. Savour local flavours in a true feast for the senses.

Super Aqua Club

322 De la Baie Hill, Pointe-Calumet | 450 473-1013
 877 473-1013 | superaquaclub.com

From June to September

👤 P X 🚶

Just 30 minutes from Montréal, this all-inclusive aquatic destination offers 46 attractions, a sandy beach, a wave pool and more. Enjoy mega inflatables, soak up the sun or dive into adventure. Perfect for family fun, group activities or a getaway with friends.

EASTERN TOWNSHIPS

Zoo de Granby

1050 David-Bouchard Blvd. (Highway 10, exit 68 or 74), Granby
 450 372-9113 | 1 877 472-6299 | zoodegranby.com

👤 👤 P X 🚶 📶

Discover Québec's largest zoo! Encounter 1,500 animals from 193 species, cool off at Amazoo water park, and enjoy thrilling rides. At dusk, join a naturalist for "Zoo by Night," then unwind with an overnight stay in a cozy chalet.

LANAUDIÈRE

Bonjour Nature

Rawdon | 450 834-8088 | bonjournature.ca

Bonjour Nature offers a host of one-day excursions focusing on outdoor activities and local culture in Québec's enchanting Lanaudière region. Excursions are led by experienced, bilingual guides (French/English) and include round-trip transportation from Montréal by minibus or coach.



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NORDIC SPA
NUNS' ISLAND

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TOURISME /
MONTREAL

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